

The

SUMMIT



GROSSMONT COLLEGE'S STUDENT NEWS MEDIA | NOVEMBER 2017

A large, woven wicker basket is overflowing with a variety of autumnal produce. The basket is tilted, spilling out items like orange pumpkins, yellow and green gourds, red and green apples, clusters of dark and light grapes, and several walnuts. The background is a neutral, textured brown.

Season of Plenty

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ILLUSTRATION BY
SOFIA ADAMS

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SUMMIT STAFF

What's your
favorite food at
Thanksgiving?

I pretty much love any kind of potato dish. Mashed, scalloped or roasted. It's all good and a perfect compliment to any Thanksgiving meal. I've always looked up to potatoes for their hardiness. I myself identify as a potato.

SYMON GORO ▶



My grandmother's garlic mashed potatoes are a family-favorite and common appearance among the cornucopia of meals provided at my family's Thanksgiving. Adding extra milk, she makes them so creamy, I can't get enough! However, what really brings the meal to perfection is the special turkey gravy that she blankets the mashed spuds with.

◀ **VINNY LAVALSITI**



My favorite Thanksgiving meal, hands down, has to be honey roasted ham with Southern turkey gravy smothered on top.

A strange combination, I know, but as a child, I remember always looking forward to Thanksgiving especially for this strange dish. Whenever my parents would make the ham, I would over-stuff my plate and load it with gravy. Man, I wouldn't trade it for the world.

MATTHEW OCHOA ▶



I've been a sucker for sweet potatoes since day one. When I was little, my cousins and I used to just eat the melted marshmallows on top or we'd just plopp a bunch onto our slices of turkey. When all of the marshmallows were gone, we'd just mix the sweet potatoes up with the adults' French vanilla coffee creamer, because that was the only way we'd eat them otherwise. We were weird kids.

◀ **MORGAN RAY**



My favorite Thanksgiving meal has to be ham. As simple as that. My Nana always makes the best brown sugar-glazed ham. I'm always the person who eats the most ham (and food in general) during Thanksgiving dinner, and I have no shame. It's just so good!

BRIANNA TYSELING ▶



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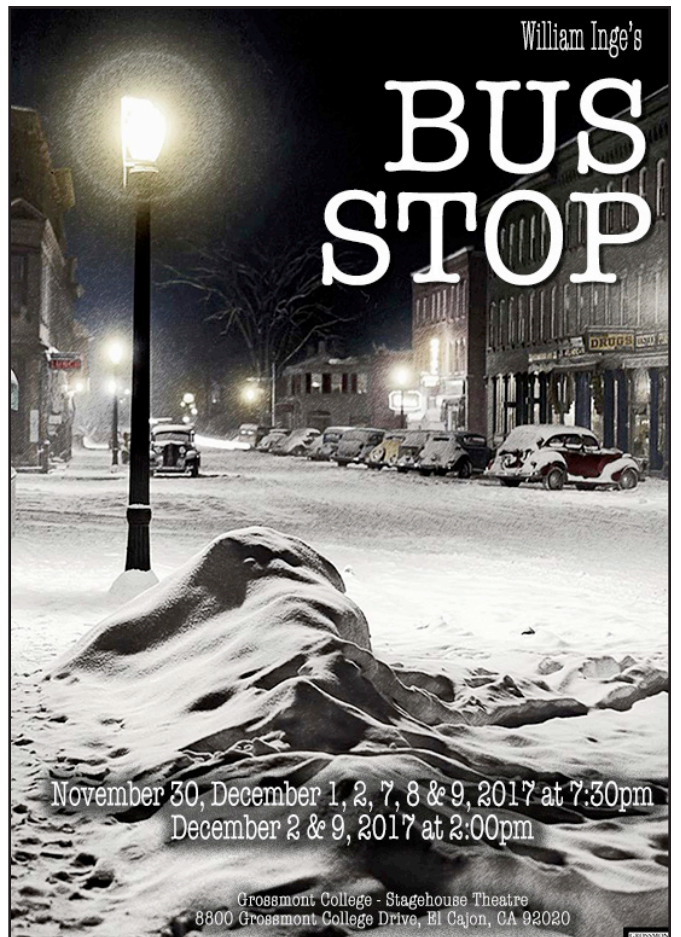
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GLOBAL TRADITIONS

Thanksgiving isn't the only autumn celebration.

BY VINNY LAVALSITI

It's Thanksgiving. The smell of potpourri along with the crowd of relatives overflow your home. There's grandma and grandpa hugging the siblings and pinching their cheeks. There's mom who stuffs the turkey, then dad who slices each piece of perfectly. Ah yes, the holidays have arrived!

Just like most of the major American holidays, Thanksgiving is glamorized with the wide array of foods. Each family member partakes in the tradition to contribute a potluck item toward the cornucopia for the evening's feast.

Tradition is a major point of emphasis on the third Thursday of November. There's football on TV with the Dallas Cowboys, and there's football in the front yard with the cousins and uncles.

On the dinner table rests the greatest

tradition of all: turkey, turkey, turkey. Accompanied by mashed potatoes, corn, stuffing, cranberry sauce, homemade gravy, and whatever special family meal there may be— it's green-bean casserole for me! Are you hungry yet?

Thanksgiving is a holiday created and adopted by the American people that has been celebrated since 1621, the first with the pilgrims and Wampanoag Indians. Of course, as more immigrants settle in the United States, they partake in Turkey Day as well.

However, not every country celebrates Thanksgiving, nor do they have an alternative celebration during the eleventh month of the year. Those countries, especially Western European ones, place great importance on the other religious holidays of Christmas and Easter.

Danilo DeCorato, a 49-year-old Grossmont College student and head chef of Cucinca Basilico, emigrated from Milan, Italy, having lived there for 33 years and arriving in the United States in 2001. DeCorato has been going to Grossmont intermittently since 2011 as a music major, studying how to play the piano.

One can deduct using logical reasoning that Italy probably doesn't celebrate Thanksgiving. Instead, Italians emphasize Christmas and Easter. DeCorato and many others in Italy have a phrase for those two holidays: "*Natale con i tuoi, Pasqua con chi vuoi*" which roughly translates to "Be with your family on Christmas, but with whoever you please on Easter."

The meals for Italian families vary. "Every



Pretty much everywhere in Italy, the lamb is used as a main dish. It has a biblical meaning of purity and symbolizes Christ.

– Danilo DeCorato

family in each region mainly has their own tradition,” DeCorato said. Instead of using turkey or ham as the mainstay meat item for the meal, Italians substitute them with an animal that has religious meaning. “Pretty much everywhere in Italy, the lamb is used as a main dish. It has a biblical meaning of purity and symbolizes Christ,” DeCorato said.

Another reason for lamb as the centerpiece of meals during Christmas and Easter is the price tag. “We only have lamb only once in a while because it is so expensive,” DeCorato explained.

Along with lamb, a side dish that you may come across in Italy are “roasted potatoes and salad,” according to DeCorato. But if you were to visit his mother’s house on Easter or Christmas, you’d be served his family’s traditional meal: “My mom mixes some eggs with parsley and some salt and spices. She uses the juices of the lamb and pours it into the egg mix and then scrambles them. A very simple dish.” Being a chef, DeCorato is always there to lend a helping-hand to his mother in cooking.

“In Italy, there are a lot of events that we don’t celebrate that are celebrated here,” said DeCorato. For example, Italians don’t celebrate St. Patrick’s Day, Thanksgiving, or the Fourth of July—perhaps because those holidays have no pertinence from them.

“To us, those days are nothing but a day off... My family doesn’t celebrate Thanksgiving,” said DeCorato, with a chuckle. It’s American tradition to

play ball in the yard before or after a Thanksgiving meal, but according to DeCorato, in Italy, “There are no games (that) we play during the holidays, not even soccer.” But the “dinner is what brings the family together,” and according to DeCorato, “Family is the best part of the holidays.”

On the contrary, there are some events that are celebrated in other countries that you would not see being celebrated in the United States. The Chinese version of Thanksgiving, the Mid-Autumn Festival, has been around much longer than Turkey Day, originating in the 11th century during the Shang Dynasty. The Mid-Autumn Festival is based on the 15th day of the eighth month on the lunar calendar, which usually coincides with the late September or early October months of the Gregorian calendar. Similar to Thanksgiving, the Mid-Autumn Festival gives thanks to a successful harvest and is celebrated with a family reunion.

Dr. Keith Chan, an anthropology professor at Grossmont, partakes in the



MOONCAKES | @CHINAHIGHLIGHTS.COM

Mid-Autumn Festival with his family every fall. The latest was just a few weeks ago, on Oct. 4.

“The Mid-Autumn Festival is in the same vein of Thanksgiving. A lot of other cultures celebrate during this time because it’s usually after their big harvest,” said Chan, who was born in Hong Kong, and moved to the states at the age of 4. “This is a very important time for people of those cultures to take stock of what they got from the harvest and get ready for the upcoming winter months.”

At the Mid-Autumn Festival, you can always guarantee on one delicacy being eaten: Mooncakes. Mooncakes are roughly the size of a hockey puck and are “orangey brown,” according to Dr. Chan. “(Mooncakes) are made of a lotus paste which is a sweet, plant-based type of filling with a dense, doughy outer

shell with a Chinese character molded on the top.” Another common filling inside are hardened egg yolks. These egg yolks serve as “the wishbone of the turkey in relation to Chinese culture,” Chan explained. “You cut up the pieces and see what section of the egg yolk you receive.” Despite the unusual ingredients, Chan promises that “mooncakes are really good,” and it’s his favorite part about the Festival.

Why “mooncake?” The Mid-Autumn Festival is celebrated during a full moon. Mooncakes are a big deal in China. “There’s a whole cottage industry of mooncake production just for this holiday in China,” Chan said.

The equivalent of football on Thanksgiving to the Mid-Autumn Festival is a lantern ceremony. “When I was little we’d decorate these lanterns and walk around with them on a stick,” Chan added.

Chan and his family celebrate the American holiday of Thanksgiving as well, although it is “not a very large production,” compared to many American households like those in the Midwest.

As you can see, every culture celebrates its own or adopts other holidays differently. Keep in mind when you gather around the table for supper on Thanksgiving that the vast majority of people around the world will not be celebrating, eating turkey or watching football.

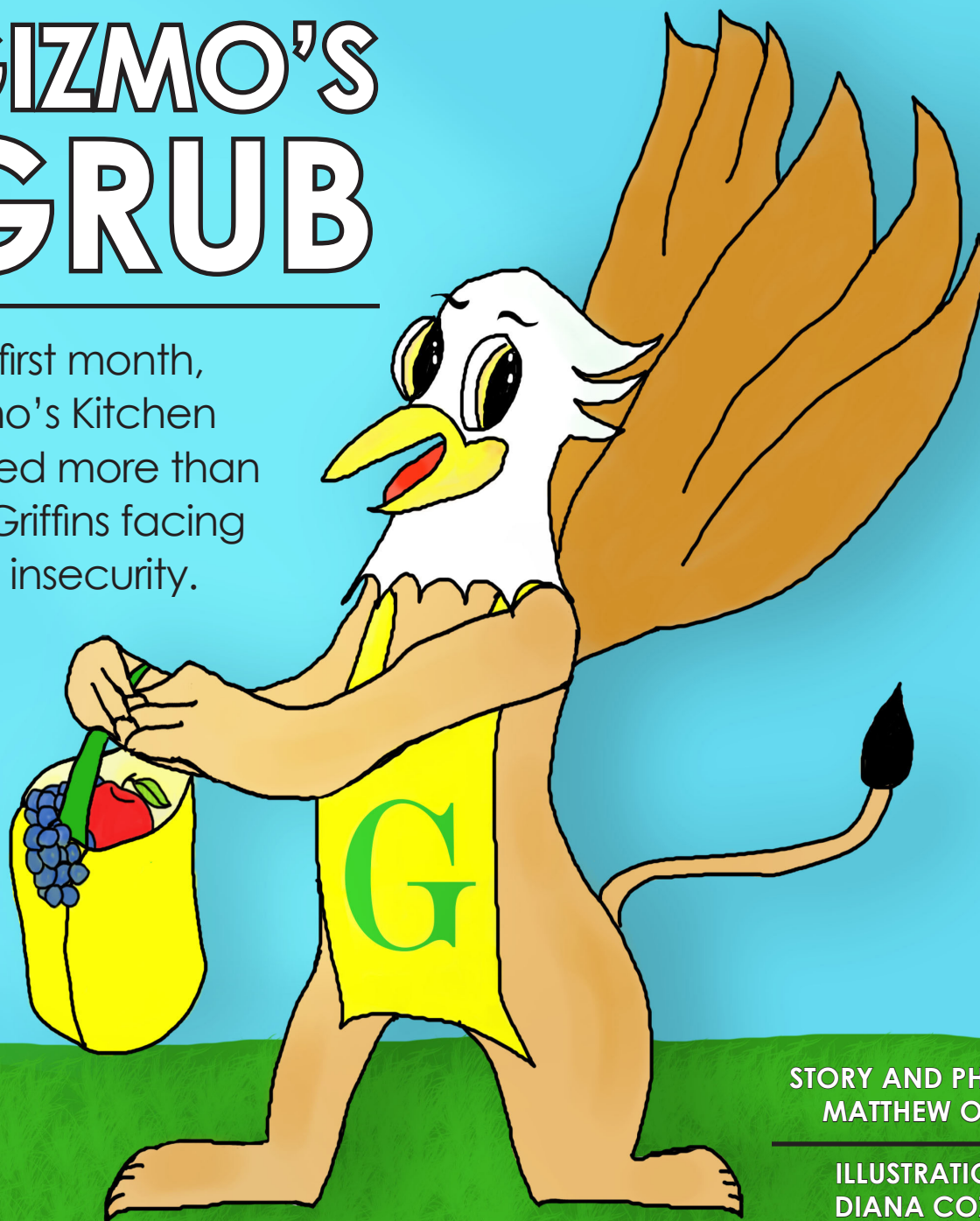
“This is a very important time for people of those cultures to take stock of what they got from the harvest and get ready for the upcoming winter months.”

– Dr. Keith Chan



GIZMO'S GRUB

In its first month, Gizmo's Kitchen helped more than 100 Griffins facing food insecurity.



STORY AND PHOTOS BY
MATTHEW OCHOA

ILLUSTRATION BY
DIANA COZZENS

Across the United States, college students everywhere seem to be having trouble supporting themselves financially, between working a job, attempting to do well in classes and maintaining a social life, even food can prove hard to acquire. Luckily, here at Grossmont, students have Gizmo's Kitchen to help.

What exactly is Gizmo's Kitchen? It's a student service provided by the administration that attempts to ease the food insecurity problem as it pertains to Grossmont students. The main focus of the program is to ensure that students

may continue to have a nutritious diet while balancing the costs of attending college. Gizmo's Kitchen also provides basic necessities such as soap, shampoo and deodorant.

The kinds of food offered by Gizmo's Kitchen is received from a combination of donations from anyone – student, faculty or otherwise – who may wish to donate, and aid from the school itself. The donations are put into the Student Food Pantry in Building 60, Room 116. The items are separated into the five basic food groups: fruits, vegetables, grains, dairy and meats. Options such

as tuna, pot roast, fruits, pasta and even sweet-tooth-satisfying snacks such as cookies or chips are packed into Gizmo's pre-packaged meals. Even the caffeinated cacophony of drinks that fuel college students, such as coffee and tea, are at available at one's leisure.

Gift cards for grocery store providers such as Vons, Albertsons and Smart & Final are also accepted for donation and distributed to those who need the extra assistance. In addition, Gizmo's Kitchen has started giving out fresh fruit items, such as fruit cups, every Friday.

Gizmo's Kitchen was first opened at



the start of this semester under the oversight of Student Engagement Coordinator Susan Berry, and it has been steadily progressing in its mission to alleviate some of the pains that come with attending community college.

As of September 2017, 130 Grossmont students have taken advantage of the services provided by Gizmo's Kitchen, and the numbers grow each day. The pantry caters to students of various backgrounds, social class, age group and gender. There is a focus on younger students who may be having difficulties getting the items provided; 80 percent of those individuals stated that they didn't have enough food to get by.

Of those 130 students, most of them are between the ages of 18-24. Seventy percent claimed status as full-time students, while 22 percent claimed part-time. Roughly 15 percent, a significant portion of the people who Gizmo's Kitchen has helped, also are those who have served America as members of the Armed Forces.

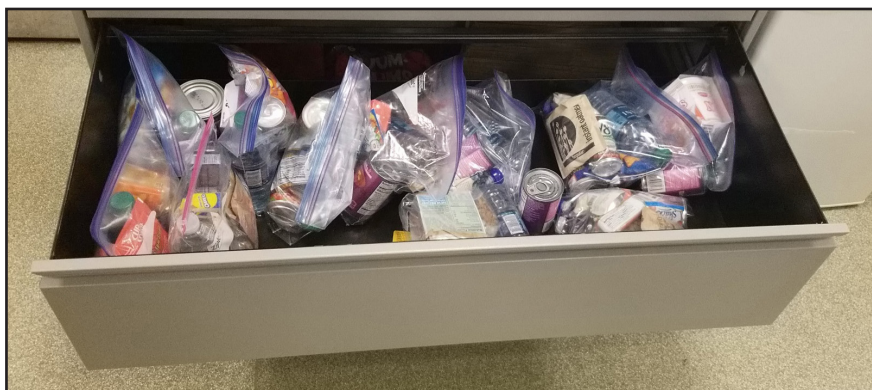
Sadly, 35 percent of those people are also homeless, with 60 percent identifying as female students, and there are many more on campus that may face complex issues such as financial strain and homelessness.

Now, how does one find Gizmo's Kitchen, let alone receive the services

or even donate to help such a cause? The answer is simple. Gizmo's Kitchen distributes food, sundries and beverages in the Griffin Center. Every actively enrolled Grossmont student facing food insecurity may utilize Gizmo's services once a week, Monday through Friday, from 9 a.m. to 4 p.m. while classes are in session.

Students who wish to seek out Gizmo's Kitchen's assistance must present a valid and current Grossmont College ID card. They will then be asked to fill out a quick survey. After all of the above requirements have been met, the student may then be given a personal hygiene bag and a prepackaged meal. Students may also contact one of Grossmont College's Homeless Liaisons or Susan Berry in order to find out more about the program. Berry may be reached contacted at her office, which is in Building 60, Room 116, or via email at susan.berry@gccd.edu.

Those who wish to donate to the program may make a tax-deductible donation through the Foundation for Grossmont and Cuyamaca Colleges under the Grossmont College Food Pantry program. A direct donation in the form of an item listed on the Gizmo's Kitchen's Shopping list, which can also be found on the Grossmont College website under "Student Services," is also accepted.



GIZMO'S PANTRY SHOPPING LIST



PROTEIN

- ☐ Tuna (packets or pop-top cans)
- ☐ Chicken (packets or pop-top cans)
- ☐ Soup (microwavable with easy open tops)
- ☐ Beef, turkey, pork Jerky
- ☐ Peanut Butter (individual/snack size cups)
- ☐ Sunflower Seed Butter (snack-size cups)

FRUIT (INDIVIDUAL CUPS/SNACK-SIZE)

- ☐ Fruit cups
- ☐ Dried fruits
- ☐ Apple sauce
- ☐ Trail mix

STARCHES (MICROWAVABLE PACKETS)

- ☐ Rice
- ☐ Pasta, ravioli, SpaghettiOs
- ☐ Macaroni and cheese

BREAKFAST

- ☐ Instant oatmeal (individual packets)
- ☐ Cereal bars
- ☐ Toaster pastries (e.g., Pop-Tarts)

ON-THE-GO/ SNACKS

- ☐ Chips (individual snack size)
- ☐ Snack-size cookies
- ☐ Granola bars
- ☐ Microwave popcorn

BASIC NECESSITIES

- ☐ Soap (travel-size), soap containers
- ☐ Soap containers
- ☐ Shampoo, conditioner (travel-size)
- ☐ Toothpaste (travel-size)
- ☐ Toothbrush, toothbrush cap
- ☐ Deodorant (men and women)
- ☐ Feminine hygiene products
- ☐ Laundry detergent (pods)

DRINKS

- ☐ Cases of bottled water
- ☐ Hot chocolate packets
- ☐ Tea packets
- ☐ Instant coffee
- ☐ Vitamin C effervescent packets
- ☐ Drink enhancer packets (e.g., Gatorade, Crystal Lite)

OTHER ITEMS

- ☐ Gallon-size plastic bags
- ☐ Plastic silverware
- ☐ Grocery store gift cards

PROFIT THROUGH MANIPULATION

Activision patents matchmaking system designed to entice purchase of microtransactions in video games.

BY SYMON GORO

Consider this sum: \$1.6 million. That's nearly the estimated daily revenue of *Candy Crush Saga* according to mobile gaming monetization company, Think Gaming, as of the time of writing this. I can't tell which is more shocking. The fact that *Candy Crush Saga* makes more in a day than the average American will earn in a lifetime or the fact that people still play it. Regardless, that's a whole lot of revenue generated from a free-to-play game that was released back in 2012.

Keen readers may recall that a couple of months ago we ran a story on loot boxes and how they're becoming more and more of a problem in the video game industry. One thing we didn't go into, however, was microtransactions.

Microtransactions are a business model that allows users to purchase virtual goods or a premium in-game currency in some cases. Ever bought lives in *Candy Crush Saga* or items in *Pokémon Go*? That's a microtransaction.

While I personally dislike microtransactions since they prey on people's addictive tendencies, much like loot boxes do, *Candy Crush Saga* is at least free. You can play it for years and never spend a penny on it.

It didn't take long for the rest of the gaming industry to notice how profitable the microtransaction business model was after *Candy Crush Saga* exploded onto the market. Microtransactions started appearing in full-price, \$60 games and, just like loot boxes, they can and have been implemented in ways that interfere with the design of the game to push users toward purchasing them.

They're about to get a whole lot worse too.

On Oct. 17, the United States Patent and Trademark Office approved U.S. Patent No. 9,789,406 filed by Activision in 2015. It is a "system and method for driving microtransactions in multiplayer video games."

The system it's referring to is designed to arrange matches to influence players into purchasing microtransactions. The patent's abstract reveals this: "For instance, the system may match a more expert/marquee player with a junior player to encourage the junior player to make game-related purchases of items possessed/used by the marquee player. A junior player may wish to emulate the marquee player by obtaining weapons or other items used by the marquee player."

The system starts by building a profile on the player. It will track data like your performance, latency, wait times, who you play with, team composition, what kind of equipment you prefer and other things like that. These variables can be adjusted whenever you're searching for a match to determine who you end up against.

Once there's enough data, the matchmaking system can determine what kind of items you

might be interested in. It can then intentionally pit less skilled under-equipped players, the "junior," against higher skilled players with the item the "junior" would be interested in, the "marquee." This is done in the hopes that the "junior" player will lose so they'll be encouraged to purchase the item to try and reach that higher level of play.

After their purchase, the "junior" player will become a "marquee" player and get a payoff. That is to say, they'll be matched against a new "junior" player that will likely get crushed. This is to make the new "marquee" player feel like they made the right decision

**As consumers,
we need
to send a
message that
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enough.**

and ensure the cycle continues.

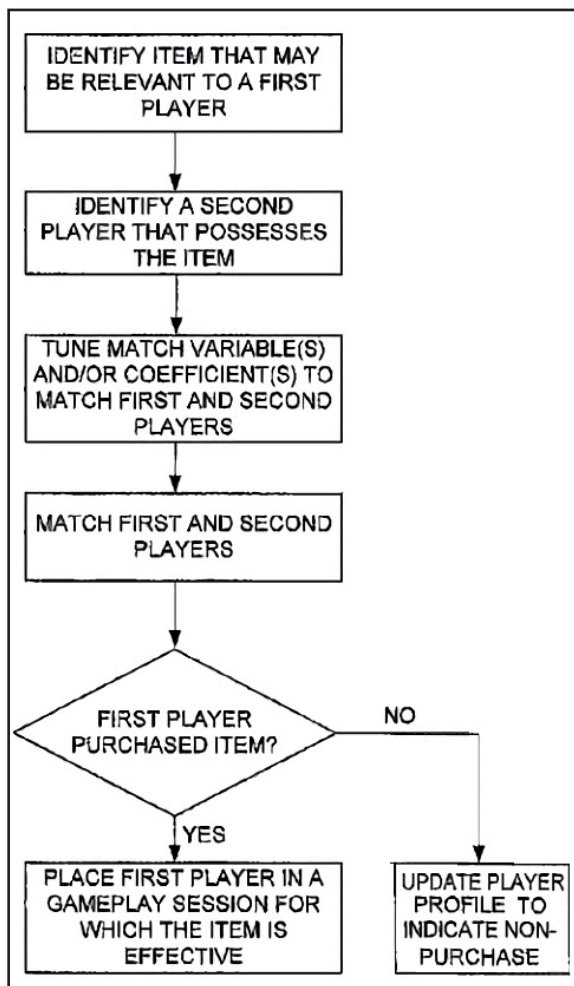
This is manipulative and way over the line for what should be acceptable in our games, let alone any product. It's a rigged system that's essentially bullying players into buying microtransactions.

This isn't some small company either. This is Activision, one of the largest third-party publishers in the world. This is the company that publishes huge franchises like *Call of Duty*, *Destiny* and the *Tony Hawk's* skateboarding games.

Activision has yet to implement the system into any of their games but this is something you need to be aware of. There's nothing stopping them from implementing it in future titles or stopping other companies from following suit with similar systems. Perhaps it's time we start to reconsider purchasing games that have business models like microtransactions or loot boxes.

It's not enough to just say, "You don't have to buy them." Even if you don't, you'll be forced to compete against players who have an advantage over you simply because they chose to spend some money to get better gear. You, on the other hand, will have to slowly crawl your way up because progression has been hampered to entice the purchase of microtransactions.

As consumers, we need to send a message that enough is enough. These practices are detrimental to the gaming experience, but worst of all, they are predatory and unethical, and they need to stop.



Can you solve these Cryptarithms?

INSTRUCTIONS: Each letter in these cryptarithms stand for a different digit (0 through 9). Solve the puzzle by determining which letter represents which digit. Each letter represents a unique digit, and numbers must not start with a zero. **ANSWERS ON PAGE 18.**

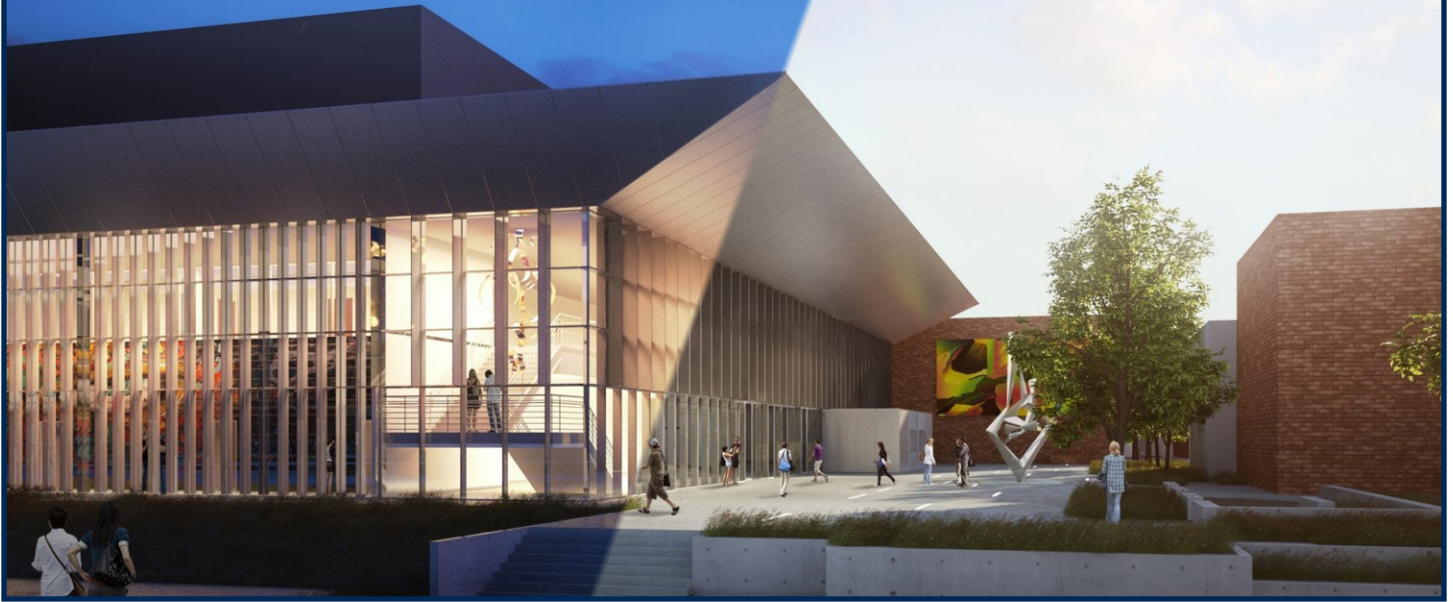
PROBLEM 1

$$\begin{array}{r} \text{TO} \\ + \text{GO} \\ \hline \text{OUT} \end{array}$$

PROBLEM 2

$$\begin{array}{r} \text{POTATO} \\ + \text{TOMATO} \\ \hline \text{PUMPKIN} \end{array}$$


NIGHT & DAY



RENDERINGS COURTESY OF GCCCD

A new Performing and Visual Arts Center is coming to Grossmont.

BREAKING NEW GROUND

BY SYMON GORO

We're finally going to get world-class facilities to match these world-class programs." These were the words of Dr. Cindy Miles, Grossmont's chancellor, regarding the school's art programs. That's because by Fall 2019, construction on a new Performing and Visual Arts Center is anticipated to be complete.

On the morning of Oct. 27, a groundbreaking ceremony was held in celebration of the new building. Dr. Nabil Abu-Ghazaleh, the school's president, Miles, Board President Bill Garrett and Dean Bill McGreevy each took the podium to give thanks to all the faculty, staff and voters who made construction of the new building possible, as well as talk about its importance and what it means for the future of Grossmont.

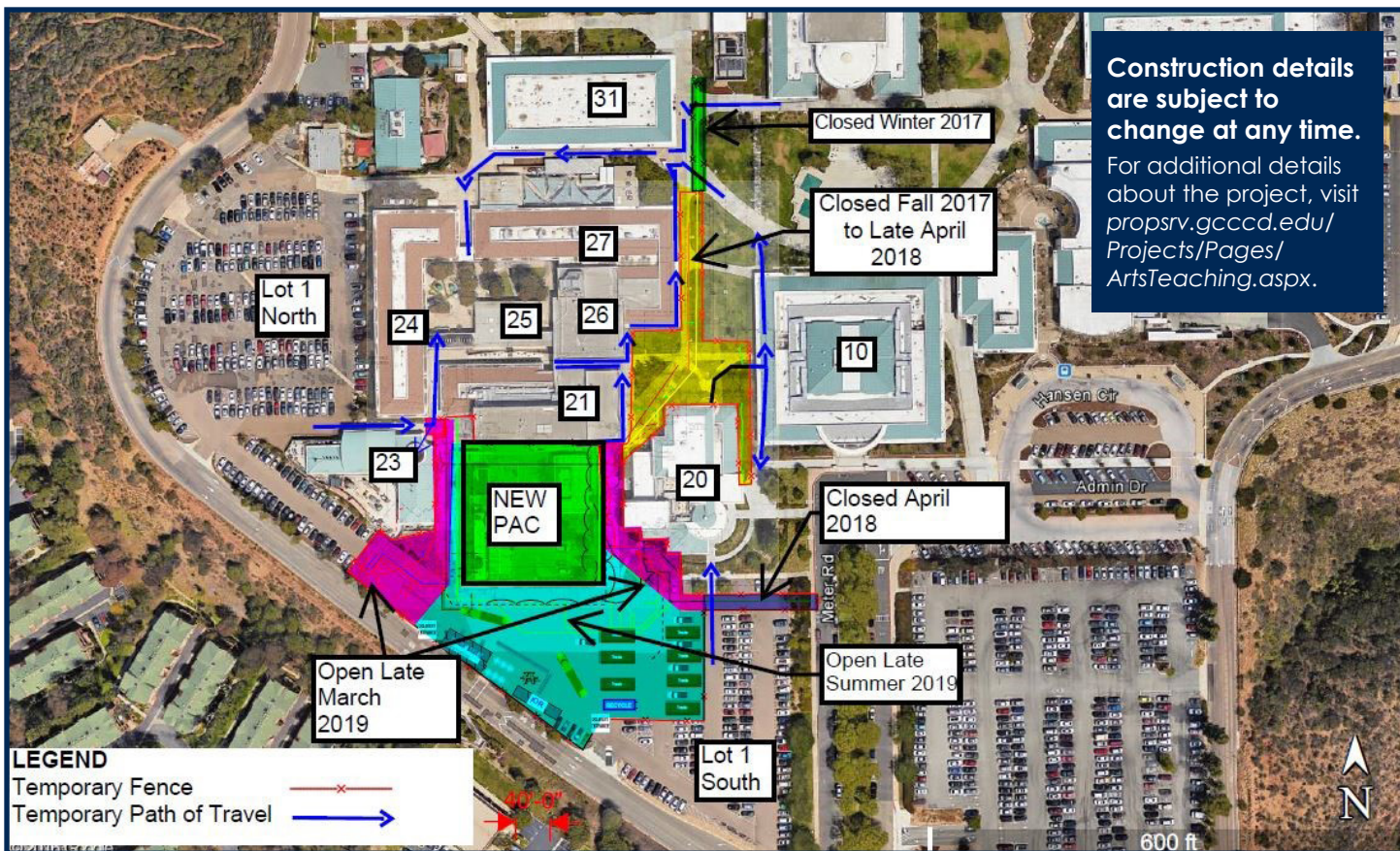
"When I became involved in community colleges, one of the things that came to me is how much it enriches the community," Garrett said. "This is going to be a great opportunity to have so much more here."

McGreevy explained that the new facility is going to provide a performance space for art, dance, speech and more— but more importantly, additional learning spaces and opportunities for students. "Performances housed off-campus before will now have a home on-campus," he added.

Measuring at 38,680 square feet, the Performing and Visual Arts Center is going to feature a new 390-seat teaching and performance theater, new orchestra pit, new Hyde Art Gallery and new theater box office and department offices.



Top (L to R): Cindy Miles, Tate Hurvitz, Sue Rearic, Nabil Abu-Ghazaleh, Lorenze Legaspi. **Middle:** Bill McGreevy, Brandon Vivero, Greg Barr, Miles, Debbie Justeson, Bill Garrett, Abu-Ghazaleh. **Bottom:** Alex DeCosta, Janet Carter, Jim Wilsterman, Francis Parker, McGreevy, Abu-Ghazaleh, Beth Duggan, Alexis Popko, Brian Rickel. | **PHOTOS BY SYMON GORO**



COURTESY OF GCCCD

THE PARKING SITUATION

BY VINNY LAVALSITI

Due to the construction of the new visual arts building, there will be a portion of Grossmont College's parking lot that will be closed for 18 months, and another that will be closed for just the upcoming Spring semester.

Lorena Ruggero, the director of College and Community Relation, said this portion "consists of 128 student parking spaces, 22 faculty spaces, and 13 spaces from building 23, the Sculpture Building, to the driveway that enters into Lot 1." These spaces also include a section of Lot 2. However, the construction around Lot 2, which is behind the Health and Sciences Complex, is not set to start until the Spring semester, which means the amount of spaces will be even less than 163.

This may seem to be a hefty amount of lost parking spots, especially on a campus in which it always seems to be an incessant adventure to find a parking space. But in the grand scheme of things, this is just a minor loss. "Across campus, we have 4,552 spaces," Ruggero added.

If you continuously park in front of the sculpture building and theater's space, you may need to show up to school a little bit earlier to find a new parking space or relocate to another lot on campus. The construction "may be inconvenient, but overall it will cause a fairly minimal impact," Ruggero said.



MURAL PHOTOS BY JEANETTE CALO

In preparation for the construction, crews removed the mural on the side of Building 21. This mural was originally painted by Victor Ochoa in 1975. At the groundbreaking ceremony, Dr. Nabil Abu-Ghazaleh, the college president, said the mural was taken down so it wouldn't be ruined during construction. It's also going to be restored in a project that will be a collaboration between the artist and students. The restored mural will be going back up once construction has ended.





APPLICATION SEASON

It's time to apply to four-years! Are you prepared? **BY BRIANNA TYSELING**

It's application season! You know what that means? Stressed students for the next couple months, anxiously waiting by their computers to see if they got into college. It's especially stressful for us students who have taken the required classes at Grossmont, and are ready to move on to a four-year university.

Not sure if you're eligible to transfer? Talk to your counselor. To transfer to San Diego State University, you need at least 60 transferable semester units, and to have completed the "Golden Four" (oral communication, written communication, critical thinking and mathematics). You also need to complete 30 units of general education and complete all major preparation courses. On top of that, you need to meet the GPA requirement of your specific major.

The window to apply to four-year universities is limited and varies. To apply for a California State (CSU) school, you have between Oct. 1 and Nov. 30, and to apply to a University of California (UC) school, you have between Nov. 1 and Nov. 30. Depending on the schools you plan on applying to, this information is subject to change. Furthermore, private and out-of-state schools have their own special deadlines, so when in doubt, visit their website and check it out.

After speaking with multiple students around campus, the response to applying to a university seemed to be the same: It's nerve-wracking. Lauren Rounds has been a student at Grossmont for two and a half years, and she plans on transferring

this year. She's planning on applying to San Diego State University, California State University San Marcos and University of California Los Angeles. Rounds is majoring in psychology and minoring in art. She described the paperwork to transfer as "time-consuming, but well worth it."

"I'm super excited to transfer into a university and get closer to my career," Rounds said. "I won't lie though, I'm

"Students have to wait for months to hear back from universities, but ultimately it's worth it when the acceptance letters start rolling in."

—Saray Escobedo

super nervous that I may get rejected... it's always a hidden fear for everyone I think."

Saray Escobedo is also a student at Grossmont looking to transfer this year. Escobedo has been at Grossmont for five and a half years. She plans on applying to San Diego State University, Chico State University and California State University San Marcos. Escobedo is majoring in social work. When describing the application process, she said it's "long and complicated."

"The transferring process is nerve-wracking," Escobedo said. "Students have to wait for months to hear back from

universities, but ultimately it's worth it when the acceptance letters start rolling in."

After volunteering to be a social worker for her class last semester, Escobedo is excited and ready to get her degree and do what she feels passionately about, which is helping others.

"I am definitely excited about finishing school, but nervous because of the obstacles and hard times to come," she added.

For any person, especially college students, the future can be scary, and even more so when you're having to put it in the hands of the board of admissions at the college you really want to go to.

When applying, it's always better to be safe rather than sorry. The more colleges that you're applying to the better. You may get rejected by the college you really want to go to, but if you apply to other colleges, odds are you're going to get in somewhere, even if it's not your first choice.

Personally, I know first hand how intimidating the transferring process is. I'm planning on applying to San Diego State University, California State University San Marcos, University of California Riverside and Fullerton. This is my fourth year at Grossmont, and I am more than ready to transfer. When I first came here, I really wasn't sure what I wanted to do. I switched majors a couple of times and then during my second year, I decided on journalism. It's been a long road talking to counselors, pulling all-nighters and crying because I was just so overwhelmed with school. But it will all be worth it when I transfer, get my degree and start doing what I love.



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ARTFUL DISPLAY

The Faculty Art Exhibit showcases the personal work of Grossmont's art instructors.

STORY AND PHOTOS BY MORGAN RAY

Thomas Merton once said, "Art enables us to find ourselves and lose ourselves at the same time."

Through Nov. 7, students and campus visitors will be able to do both amid the works of art at Grossmont's 2017 Art Faculty Exhibition. Take a walk through the gallery's halls, and you will find works that run a diverse range from painted sceneries to serene sculptures, from salt encrusted canvases to sanitary napkins.

Jennifer Bennett, artist of *Blackscape*, the aforementioned salt canvas, said her inspiration for her piece came from "investigating various natural healing modalities such as crystal power, chakra energy, and surrounding myself with pink salt lamps.

"Since I also like to surround myself with art, I thought it would be an interesting experiment to create works of art that contain these magical healing properties," Bennett explained. "I've embedded crystals in encaustic paintings in the past, and I mixed Himalayan salt into the paint of these pieces."

As for other mediums, Lisa Medlen's handmade jewelry takes its inspiration from Celtic garments and the coast of Ireland:

"I used stones of all types...that spoke about Ireland itself— mostly referring to the great natural beauty there—the stone, the grasslands and the sea," she said.

While they may be aesthetically pleasing, the wide variety of works speaks to many of the issues plaguing society today, from the blight against nature to the ongoing struggles facing women today. One such work, *Fawn Trophy* by Jeff Irwin, speaks to the former.

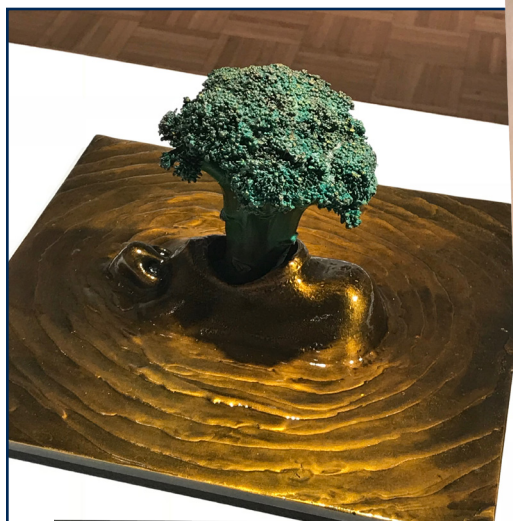
"I have created a series of white tree-like animal trophies to honor the fragile beauty of nature." Irwin said. "This body of work speaks to human manipulation of nature and our need to idealize that manipulation. White as a color or absence of color reveals the subtle contours of the forms and evokes a sense of simplicity, clarity and spirituality."

The Hyde Art Gallery is located in Building 25. It is open Monday through Thursday, from 10 a.m. to 6 p.m., and on Fridays by appointment only. Visitors are required to purchase a \$2 one-day parking permit at a vending machine located in any parking lot.

The gallery's next exhibit will be the Student Art Show, running from Nov. 20 through Dec. 8.



Fawn Trophy by Jeff Irwin



Clockwise from Top: *Ophelia While She Was Sleeping* by Jim Wilsterman, *Monster Squad* by Tom Lazzara, *Pectoral* by Lisa Medlen, *Icelandic Evening* by Bill Mosley, *Blackscape* by Jennifer Bennett, *Dragonfish* by Jeff Kahn.

SPREADING THEIR WINGS

The Griffins may still be learning to fly, but that doesn't keep them on the ground.



STORY BY VINNY LAVALSITI

GRIFFIN ERNIE GARCIA BLOCKS AN ORANGE COAST FIELD GOAL TO LEAD GROSSMONT TO VICTORY. IMAGE COURTESY OF GROSSMONT ATHLETICS.

Ah yes, it's November! Thanksgiving is just three weeks away. You know what that means? No, not turkey—it means football! Shortly, you'll be huddled around you plasma 52-inch TV screen, hollering for your favorite NFL team. But will you be doing the same for your Griffin football team this month? Let's take a look at the past few of weeks of Griffin football since *The Summit* last updated you.

WEEK 6

Fullerton (5-0) at Grossmont (2-3)

No, this is not a game of Madden. Fullerton College traveled an hour and a half to Grossmont to deliver a beating. The Griffins possessed the lead in this game for a total of five minutes thanks to a field goal from Nels Haltom. After that, it's safe to say that it was all Fullerton College Hornets. Thanks to 422 yards of rushing and eight rushing touchdowns, the Hornets soundly beat the Griffins 78-9. The Hornets had two quarterbacks who each threw for at least 100 yards and had one touchdown, completing 15 of their 21 pass attempts (71.4 percent). Two interceptions thrown by Griffin quarterback Brad Cagle didn't help their cause either. Griffin running back Jerome

Johnson III was the only piece of the Griffin offense to cross the goal line, with a four-yard touchdown run. The Griffins dropped to a record of 2-4 on the year.

WEEK 7

Grossmont (2-4) at Orange Coast (2-4)

The Griffins were able to pull out their third win of the year by the skin of their teeth.

A touchdown from Griffin quarterback Cagle to wide receiver Dustin Bruno and two field goals from Haltom left the Griffins just three points down going into halftime, 13-16. Out of the locker room came the Griffins, looking to eclipse Orange Coast for the lead.

The third quarter was one defined by turnovers. Cagle opened up the half with an interception, putting Orange Coast in prime position to score in Griffin territory. Luckily, the Griffin defense stood strong and caused a turnover on downs. All rejuvenation was shortly lost. Cagle drove down the field with three completions, just to be outdone by another interception by the Orange Coast defensive back Nicholas Ebanks with his second interception of the day. All of this excellent defensive play by Orange Coast must have left the Griffin's defense hungry, not wanting to

be out-done. Cooper Mirich of the Griffins intercepted Orange Coast quarterback Pete Mitchell, running the ball 13 yards down field, just two yards short of the "Pick-6." Johnson, owner of the lone touchdown from last week's game, bulldozed his way for a touchdown, giving the Griffins the lead for the first time in the game, 20-16.

A scoring frenzy would soon ensue.

Just two plays after the Griffin kickoff, Mitchell and Orange Coast hit the jackpot with a 63-yard touchdown pass.

Cagle on the sidelines must have muttered to himself: "Only 63 yards... Watch this!" Cagle and his offense trotted back onto the field and scored on a 75-yard deep ball to Luqman Barcoo, earning back their lead. A possession later, Cagle and Barcoo connected again for a 25-yard touchdown, extending their lead 34-22. Cagle and Barcoo, perhaps the best QB-WR combo since Montana and Rice? Don't read the press clippings, Griffins.

It's the start of the fourth quarter and Orange Coast is hungry. After a change at the quarterback position, Orange Coast trotted down field with new quarterback Ayden Auer going 4-4 on pass attempts. The last was a 17-yard touchdown, narrowing the Griffin lead to 34-29.

Cagle responded with three completions, totaling 42 yards, to put the Griffins in field goal position. Nels Haltom banged a 32-yard field goal through the uprights to make a touchdown with a two-point conversion necessary for a tie game. Haltom's field goal was the epitome of clutch and would result in being the deciding factor in the game. 37-29.

The scoreboard has been lighting up on both sides all game; A true shootout. Ayden Auer put the Griffin defense on their heels with a 33-yard pass, going into Griffin territory, poised to score. After three rushes of 22 yards from Orange Coast running back Nico Jackson, Auer said, "I'll take it from here," and dove into the end zone for a 5-yard rush.

With only four and half minutes left in the fourth quarter, Orange Coast had no other choice but to go for the two-point conversion. After a timeout called by Griffins Head Coach Michael Jordan, the defense rallied and stood tall. With their backs against the end zone and the lead on the line, the Griffins showed they were the grittiest of the bunch, stuffing the quarterback sneak. 37-35.

To put this game out of reach, Brad Cagle and the Griffin offense needed to drain the clock and put some more points on the board to protect their team of any chance of an Orange Coast comeback. Unfortunately, the Griffin fans would need to rely on their defense once again after a three-and-out. It was only a 45-second drive—exactly what the doctor ordered for Orange Coast.

Down two points, Orange Coast was determined. After the Griffin defense forced a fourth down and long, the Orange Coast offense had no other option but to "go for it" on their own 32 yard line. An inexcusable defensive holding penalty gave Orange Coast new life with a first down and a gain of 10 yards. Orange Coast gained momentum and pushed the ball all the way up to the Grossmont 19-yard line, leaving one second left on the clock.

One second left, a 36-yard field goal wins it for Orange Coast and the Griffins would have a long bus ride home. The field-goal unit lines up; the Grossmont defense is communicating where to attack the offensive line. The ball is snapped, complete and utter chaos ensues as Ernie Garcia, the 6-foot, 2-inch, 220-pound linebacker from West Hills gets a fantastic jump, leaps, and spreads his Griffin wings to block and recover the game-winning field goal. The Griffins maul Garcia and celebrate their third win of the year.

Cagle finished with 363 yards and three touchdowns. His counterpart, Barcoo, torched the Orange Coast defense with nine receptions for an astounding 179 yards. Running back Tyree Range had a solid game on the ground as well, with 73 yards on 12 rushes. Haltom had a golden-boot week seven, completing all of his field goals including a 52-yarder.

WEEK 8

Grossmont (3-4) at Saddleback (5-2)

Another ugly Saturday for the Griffin football squad along with another ugly box score. Grossmont College was handled in one of their last road games of the year, losing 24-77. Saddleback's quarterback, Cam Humphrey, had a near-perfect day going 15-19 passing, two touchdowns and 230 yards, allowing his backups to get some reps in as well. The Griffins had trouble all day trying to contain Saddleback running back Amari Demercado, who scored five touchdowns and had 160 yards on the ground as well as 58 yards receiving. Griffin quarterback Cagle's four interceptions didn't help Grossmont that much either.

Grossmont currently sit in the middle of the pack of the National Southern Conference, but the future appears bleak as first place, 8-0 Fullerton College is riding high off their undefeated record.

NEXT HOME GAME: Golden West College (4-4) and Grossmont (3-5) meet at 1 p.m. on Nov. 4 to battle for third place in the National Southern Division.

VOLLEYBALL UPDATE

BY VINNY LAVALSITI

ILLUSTRATIONS BY
VILMA FONSECA

Coach Jamie Ivers has her team rolling again. The Grossmont Griffins volleyball team is now the third team in the state, has 17-5 record and are 7-1 in conference play. Prior to losing to San Diego City College, they were on a four-game winning streak, which included a win over conference rival Mesa College. The City loss was a crucial one, being a head-to-head matchup against the other first place team in the Pacific Coast South Division, the San Diego City College Knights. The Griffins currently sit in second place in the Pacific Coast South Division, and are now one game back of San Diego City College, who are undefeated in conference (8-0) and are riding a 10-game winning streak. Will Coach Ivers and the Grossmont Griffins volleyball team be able to make up some ground in the division and extend their three-game winning streak? Come to their next home game against divisional opponent San Diego City College on Nov. 3 at 3 p.m. to cheer on your Griffins.



FALL-ING IN SAN DIEGO

HOW TO SURVIVE A SAN DIEGO FALL

BY BRIANNA TYSELING

Deciding what to wear in places that have actual seasons is easy. You dress appropriately depending on the weather— but living in San Diego is a little different. Living here all my life has led me to believe that there really are only two seasons: summer and winter.

It's either hot and everyone is wearing shorts and flip-flops, or it's cold and everyone (well, some people are still wearing flip-flops in winter... I'm guilty of it) is wearing jeans, boots and a sweater. There is no in-between, so seasons like fall are a little complicated for us San Diegans. Some of us really want to start wearing cute fall clothes and such, but it's way too hot outside. So how do you dress according for fall when it's still toasty outside? Well, I'm here to give you some ideas.



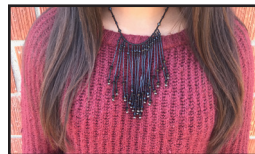
Layering is going to be a life-saver this fall due to how hot it has been recently. Wearing a short-sleeved shirt layered with a jean jacket, leather jacket or cardigan will give you the option to take off your jacket if necessary. Jean jackets have been trending for a while now, and they give most outfits a nice touch. My favorite way to wear one would be with black jeans, a cute top and a pair of boots or booties. Try to stay away from wearing jean jackets and blue jeans together because it clashes a bit.

Details: Jacket from Q, shirt from Kohl's, jeans from Hollister, handbag from Kate Spade, boots from Judy Shoes.



As November progresses and the weather starts to get cooler, long-sleeved shirts will start to come back into style. Long sleeves look cute with jeans or leggings. Wear leggings if you want to be the most comfortable—or jeggings (jean leggings) if you want to make it look like you're wearing jeans, but also want to be more comfortable. The best deal on leggings that I have found is at Forever 21 where they go for as low as \$3.90. I would suggest Forever 21 for cheaper clothing, but I have found the quality is not the best. Purses are also important when trying to complete a look. I would go for a black, brown or tan purse if you're looking for a color that will go with everything. Red purses stand out and they look good with most outfits. As for where to find cheap purses, T.J. Maxx or Ross both sell name-brand bags at really good prices; they sell the big name brands such as Michael Kors, Calvin Klein and Steve Madden. **Details:** Shirt from Forever 21, jeans from Hollister, boots from K Shoes, Steve Madden handbag from Ross.

The devil is in the details. Details are important, and the extra effort doesn't go unnoticed, especially for fashionistas like myself. Wearing rings, necklaces, scarves, bracelets and even scrunchies are sure to make you stand out. Scarf season is coming, and it's a great way to stay warm and also look cute. I've found cheap scarves at places like Forever 21, H&M and even... wait for it... Walmart. Don't count places like Walmart, Target or Ross out. You can find really nice clothing and accessories there for really cheap. If you're really balling on a budget, I would suggest Plato's Closet or Goodwill. It may take some digging to find something nice, but it's worth it when you go to checkout and see how much you are saving.



Flannels are a must this fall. They can be worn as a shirt, jacket or tied around your waist. Tying flannels around the waist is a hack that's been around forever, and it's perfect for this bipolar San Diego weather. When you go out in the middle of the day and it's hot, you can wear the flannel around your waist, and when it starts getting cooler as the day goes on you can wear the flannel as an extra piece of clothing to keep you warm. As far as flannel colors go for fall, go with burgundy, black, dark green or gray. You can find flannels pretty much anywhere clothes are sold.

Details: Flannel from Q.

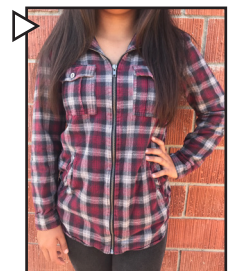


ILLUSTRATION BY KRISTINE GARCIA

MATH GAMES SOLUTION

ANSWERS FROM PAGE 9

PRESENTED BY THE GROSSMONT COLLEGE MATH DEPARTMENT

PROBLEM 1: U=0, O=1, T=2, G=8 (21+81 = 102)

PROBLEM 2: U=0, P=1, N=2, M=3, A=4, O=6, I=7, T=8, K=9 (168486 + 863486 = 1031972)

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GROSSMONT BRIEFING

TOY DRIVE

Want a surefire way to get on the Nice List? Luckily, Grossmont's Care Program is giving students the opportunity to support their fellow single-parent students through the Care Holiday Event Gift & Toy Drive. By bringing new, unwrapped toys and gift cards to the EOPS/Care office (60-125) or by donating to the Care Families Foundation account (foundation.gcccd.edu/donate), you can make Christmas easier for classmates and put smiles on their children's faces. All donations will be accepted until Dec. 13. Contact Michael Perez at 619-644-7746 or Maria de la Cruz at 619-644-7698 for more info. **-MR**

CREATIVE WRITE-A-THON

Do you enjoy writing? The English Department's creative writing program is putting on a creative write-a-thon on Saturday, Nov. 18 from 9 a.m. to 2 p.m. in Griffin Gate. This is a day-long creative writing fundraiser in an effort to raise money for the creative writing program at Grossmont. Check-in and continental breakfast will be from 8:30 to 9 a.m., raffles and writing prompts will be from 9 a.m. to 1 p.m., and lunch is from 1 to 2 p.m. There will also be an open-mic "Rock the Page" reading from 2 to 3 p.m. For more information on the event, contact Daniela Sow at daniela.sow@gcccd.edu or call 619-644-1743. **-BT**

FREE BIKE MAINTENANCE DEMO

A lot of you probably bike not just to campus, but as a primary method of transportation or exercise. Proper maintenance goes a long way toward ensuring both your safety and timeliness when biking, and Grossmont can help you out with that. The campus will be hosting a free bike maintenance demonstration on Nov. 6 from 10 a.m. to 1 p.m. in the quad. An instructor certified by the League of American Bicyclists will go over the basics of bike maintenance, including tips like checking your tires, brakes and air pressure. Afterward, participants can bring their bikes for a quick check and minor adjustment. Don't forget to bring your bike and remember, it's free. **-SG**

SUMMER IN BERLIN

Grossmont's German program offers four full scholarships for a four-week stay, internship and language school in Berlin, Germany, in June. The application deadline is Nov. 17. For more information, email Astrid Ronke at aronke12@gmail.com. **-JC**

MUSIC ON CAMPUS

Catch some tunes on campus! The Grossmont Guitar Ensemble will be performing on Nov. 8 at 2:30 p.m. The show is presented by the Grossmont College Guitar Guild. The next evening, Nov. 9 at 7:30 p.m., will be the CADENCE Vocal Jazz Fall Concert, presented by Grossmont College's Jazz Studies. For a Sunday performance, check out the Piano Performance Studies Recital featuring Grossmont piano majors on Nov. 19 at 2 p.m. All three performances will be held Grossmont's Recital Hall (Building 26, Room 221). General admission is \$10; seniors admitted for \$8 and students for \$5. **-JC**



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REEL TALK

WHAT THE FAMILY?

If life is a movie, then our families are our supporting cast. With Thanksgiving around the corner, here's a few films about families, average and oddball.

BY MORGAN RAY



KRISHA

Directed by Trey Edward Shults. ★★★★★☆

When ex-addict Krisha (Krisha Fairchild) returns to visit her estranged family for Thanksgiving, all is well and she seems to have cleaned up her act. That is, until the cracks in Krisha's facade begin to show. *Krisha* was Shults' debut film, so it's quite apparent there's some kinks that need to be worked out, especially with tone. It starts off mellow, sprinkles these small hints of dread here and there— then almost halfway through, it abruptly drops into animosity. On a more positive note, Fairchild's performance is masterful. We get to see and feel Krisha sinking into the comfort of familial support, until she begins to betray herself as she starts to realize how little of her family still believes in her. A Thanksgiving dinner sitting on a powder-keg, *Krisha* feels like the footage from a family gathering we weren't supposed to see.

AFTER THE STORM

Directed by Hirokazu Koreeda. ★★★★★☆

Washed-up writer turned private detective, Ryota (Hiroshi Abe) desperately wants to reconnect with his ex-wife (Yoko Maki) and young son (Taiyo Yoshizawa), but his gambling habits keep him from paying child support. When a typhoon forces them to stay the night at Ryota's mother's (Kirin Kiki) apartment, they must come to terms with each other. The film takes its time to get established, but the witty script and brilliant performances from the whole cast (including a few scene-stealing turns from Kiki) make it a worthwhile experience. *After The Storm* is a sensational ode to the seemingly never ending quest to be the best person we can be, not just for ourselves, but for our loved ones as well.



NATIONAL LAMPOON'S VACATION

Directed by Harold Ramis. ★★★★★☆

All-American family-man Clark Griswold (Chevy Chase) decides that what his family needs is a fun little cross-country road trip to Wally World. Well, it would be fun if the Griswolds would stop running into trouble along the way. It's easy to see why this is such a beloved film. However, it slumps in some spots. Some characters are a little one-noted and it gets repetitive at times, but there are some funny, relatable road trip moments (and the obligatory *Chariots of Fire* gag). Considering that this was written by John Hughes, his solo directing work has a wider appeal, but if you've ever been holed up in a station wagon with your family, you'll understand the Griswolds' pain.

HUNT FOR THE WILDERPEOPLE

Directed by Taika Waititi. ★★★★★☆

When Ricky's (Julian Dennison) foster aunt dies and child welfare seeks to throw him back into the system, he sets out into the bush with his cantankerous foster uncle Hector (Sam Neill), as an overzealous social worker (Rachel House) launches a manhunt to find the two. Waititi's signature mashup of absurd humor and quirky characters is fully realized in *Hunt for the Wilderpeople*; no one can drop a pop culture reference like him. Dennison and Neill make for a riotously funny duo and they play off of each other perfectly, but the film isn't afraid to dive into moments of poignancy every now and then.

