

The

SUMMIT



GROSSMONT COLLEGE'S STUDENT NEWS MEDIA | DECEMBER 2017



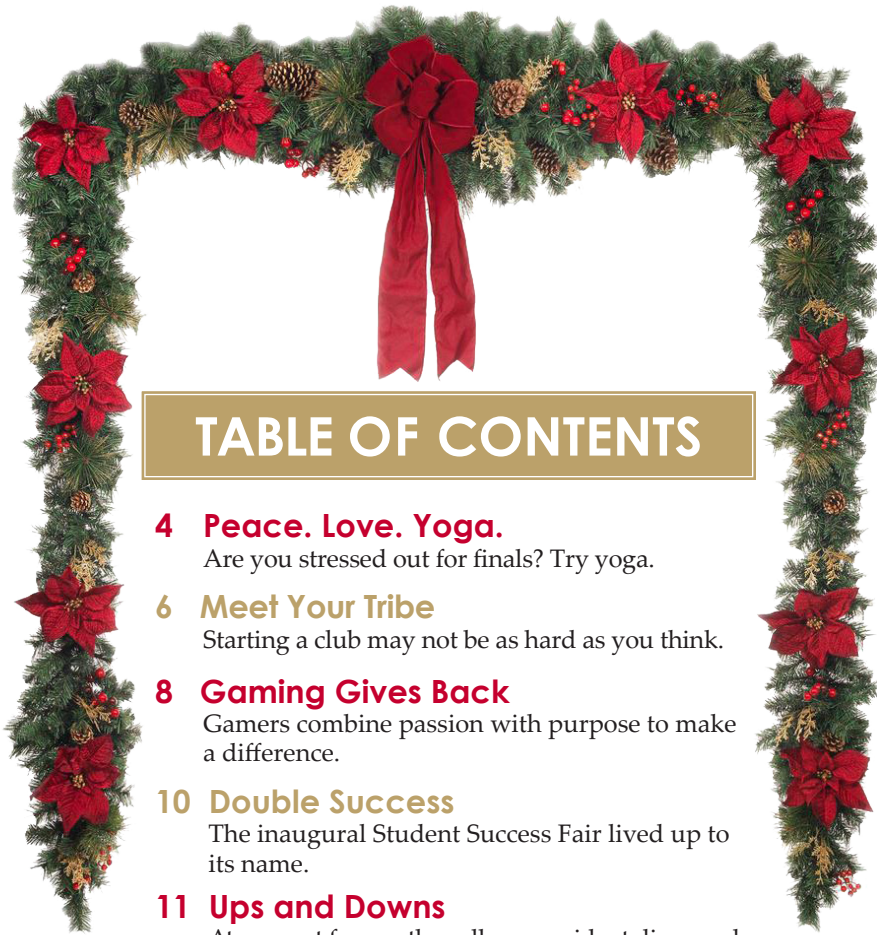


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The SUMMIT

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SUMMIT STAFF

This semester, I started learning how to not be so hard on myself. You'll never really know what people think unless you actually do something, so if you're worried about applications or final projects, make like Nike and just do it! As for the holidays, I'm going to spend some time with my family and finally get back to reading. Seriously, I miss my books.

MORGAN RAY

I learned a lot about myself this semester. I found that I really enjoy writing and want to pursue that as my career. I applied to four-year universities and I am excited for what the future holds. As far as the holidays go, I'm excited to drink hot chocolate, wear ugly Christmas sweaters and go out to look at holiday lights with my family.

BRIANNA TYSELING

This semester, I realized what I am capable of regarding my work ethic. Tackling 22 units and applying to four-years is no easy task. I'm so excited to get back home and celebrate the holidays with my grandparents and friends.

VINNY LAVALSITI

This semester has been a really interesting experience, as in between work and school, I've been run down and exhausted. However, it has been a good lesson in time management and the importance of coffee. This holiday season, I look forward to relaxing with my family and friends.

MATTHEW OCHOA

This semester, I learned the importance of flexibility in your skill set and that getting started is the first and most important step to reaching any goal. This holiday season, I'm looking forward to relaxing, spending time with the family and getting work done on some personal projects of mine.

SYMON GORO

What did
you learn this
semester?

What are you looking
forward to during
the holidays?

Join us next semester!
Take MCOM-132A

The staff of *The Summit* is enrolled in an academic media news production course. A main function of *The Summit* is to provide a professional learning experience for students of any major classification who express an interest in journalism. To serve this function, *The Summit* is entirely student-run. Student editors are responsible for all editorial decisions, content and editing. The instructor/ adviser is available for training, guidance and advice, but has no control over the content or editing of the newspaper. Prior review is not exercised. These guidelines have been established to protect the First Amendment freedoms guaranteed to the student press, as well as a guarantee of valuable learning experience in all aspects of newspaper management for the students. Please direct all inquiries, comments and letters to the editor to summit@gccc.edu.

Peace.
Love.
YOGA.



Are you stressed for finals? Try yoga.

BY BRIANNA TYSELING | DESIGN BY ANNDREA QUIROGA

namaste.

Finals are coming up. Do you know what that means? Stressed students trying to cram a semester's worth of learning into a few days. This will surely result in a few mental breakdowns throughout finals week.

If you're looking for an easy way to de-stress from finals, even if it's just for a few minutes a day, try yoga. Yoga can be used as a de-stressing method or it can be used as a physical workout. Either way, it will take your mind off the millions of things you need to do.

Megan Haber is a yoga instructor at Grossmont College, and she has been teaching it at the school, to students and staff, for five years. Haber said she believes that yoga is a personal experience and that it is different for each student.

"Yoga can be as simple as a physical workout or yoga can become a way to slow down your fast-paced life and enjoy the benefits of mindful meditation," Haber said.

Haber practices yoga three to five times a week, and her favorite type of yoga is Vinyasa Flow yoga. Yoga is perfect for students that are stressing out about finals.

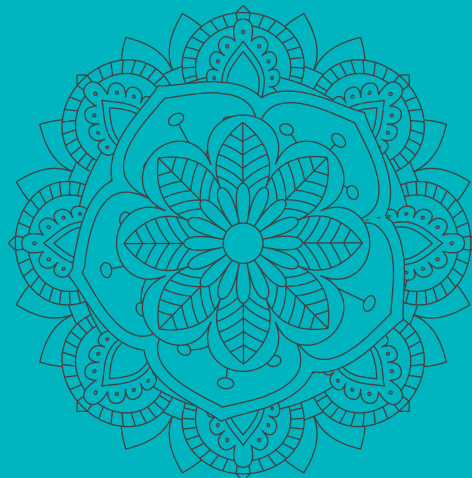
"A person's mind can become refreshed and clear while doing yoga because you are giving your body a 'time-out'," Haber said, adding that even taking five minutes out of your day to close your eyes and take a few inhales and exhales can really make a difference. Not only does it help calm you down, but it also helps to regroup your thoughts as well.

David Colera, one of Haber's students, said he believes that yoga has helped him relax. He initially started taking yoga because he was trying to recover from some injuries, but he realized it had countless benefits.

"Yoga helps you forget about all the stress that is in your life by focusing all your thoughts on different poses and breathing techniques," Colera said. He highly recommends taking yoga to relieve stress and believes that everyone should try yoga at least once.

Personally, I just started taking yoga classes this semester, and I have seen a change not only in how I feel, but also how I act. I am more mindful of other people and their opinions. It not only helps with your core, but it also helps you to be a more conscious person and

to think before acting. I would recommend all students try yoga before finals week because it can help make finals week go by with as little stress as possible.



Meet Your Tribe

Starting a club may not be as hard as you think.

BY VINNY LAVALSITI | DESIGN BY COLE RALSTON

Organizing a club may seem like a daunting task. This is intended to clarify the prerequisites you must accomplish before starting a club, as well as mention some of the problems former clubs have had.

These are the steps:

- 1. Have at least five enrolled students who are willing to take leadership positions** (president, vice president, treasurer, etc.). You also must have a faculty adviser who is willing to supervise the club.
- 2. Complete an online registration form.** It's nothing too complex, just a one-sheet piece of paper that asks for the contact information of the six individuals stated above. You also must fill out the club's mission statement which states the purpose of your club.
- 3. Submit a signed "Officer/ Principal Member Signatory Form."** Don't let the long name fool you. It's nothing more than a few signatures of the same members in step one. Also, you must read the one-page form in its

entirety to understand the legalities of starting a club.

- 4. Submit an Advisor's Agreement.** It's another one-page document requiring the signature of the club's advisor.
- 5. Complete an in-person or online orientation and submit a quiz.** Two of the five principal members must complete this. The online orientation is a 51-slide PowerPoint the student must review attentively in order to pass the quiz. The 15-question quiz must be turned into the Student Affairs Office.
- 6. Create a constitution.** This is the last step, and there is an example of the constitution given on Grossmont's website that many clubs follow to construct their constitution. Using the example from Grossmont's website as a guideline, the constitution is divided into eight articles. Articles one through three and article five are the only ones that truly need to be edited by the clubs. The rest can be copy and pasted from the example unless there

are some changes that the club may want to make. Here's what articles one through three consist of:

ARTICLE I: The club's name.

ARTICLE II: The club's mission statement.

ARTICLE III: Section 1 - List the positions and duties of those in office.

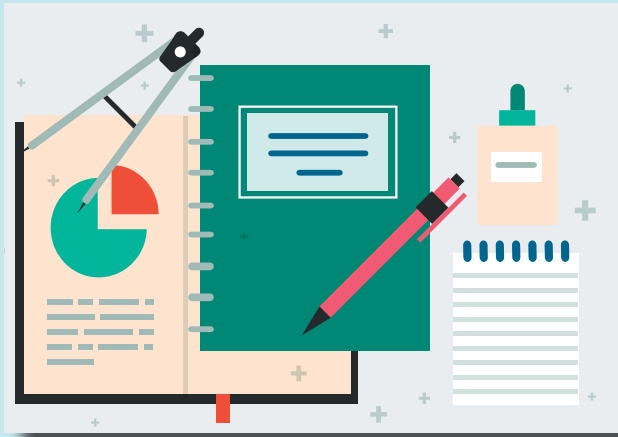
ARTICLE V: Meeting times and place of club.

The rest of the example constitution is very reasonable, and it's probable that future clubs will want to comply to it.

Barbara Gallego, the acting director of Student Activities at Grossmont, was able to shed some light on the conditions that prevent the college from having more clubs. "Our main problem with clubs is the fact that our campus doesn't have a database to support our clubs information," she said.

What that means is that besides the five members listed on the online registration form, the campus does not have any information on anyone else in the club.





However, there is a module that the campus may be able to use in the future to fix this problem.

Another problem Gallego and members of her department run into is the club's writing legibility. Yeah, it can be that simple of a problem for a club's initiation process to be delayed. It is crucial for clubs to submit their information in a way that is clear and precise because without it, Gallego and her department will not be able to read the contact information of the members, thus stalling the process. This past year, Gallego has tried a new tactic to fix this problem — she has made all the documents fillable PDFs, so that "if students can type this (the documents) up, we'll be able to read it." You would think this is a fairly easy thing to do; however, only two clubs typed up their forms using the fillable PDF documents.

A problem regarding step number two is getting the signatures of the same five people on the online registration form. "Believe it or not, sometimes club leaders get different signatures from the original five members. That's a no-no," Gallego said.

Some club's may come into a problem with step number three. "It's not because faulty isn't engaged or involved, but because they (clubs) don't know how to go about getting an advisor," Gallego said, adding that she sends out an email to faculty anytime there is a club starting up to field any new faculty advisors, and there is hardly ever a shortage. The problem isn't that faculty don't want to be club advisers. Some clubs get three advisers.

In step five, students do not put in the effort to read through the orientation. The orientation provides insight on club finances, requirements, how to run meetings and other important information. The quiz is the final step club leaders might forget to do; either they totally space out on it, or the ones that take the quiz are not listed as one of the five members on the online registration form. These quizzes are important because leaders and members should know their clubs' rights and responsibilities. For example, one of the questions on the quiz is "How many days minimum advance

[CLUBS CONT. ON NEXT PAGE 20]



The fight to take back free speech rights comes to U.S. schools.

AN OP-ED BY SYMON GORO

Free speech zones are something you may have heard about in recent years. They're small, partitioned areas in public places that are typically used for political protest. They've technically been around for decades now, but have recently been stirring controversy over the years, thanks to their implementation on college campuses across the country.

One such controversy revolves around Kevin Shaw, a student in Pierce College in Los Angeles who filed a lawsuit against the LA Community College District.

In 2016, Shaw was handing out copies of the Constitution on campus for his club when he was approached by an administrator and told he was only allowed to distribute literature within the school's free speech zone, an area about the size of three parking spaces, and only with permission beforehand. Otherwise, he'd be punished.

Since then, the Department of Justice filed a Statement of Interest in support of Shaw's lawsuit under the argument that his First Amendment rights were violated. Stating under "The Interest of the United States," the statement reads: "The right of free speech lies at the heart of a free society and is the 'only effectual guardian of every other right... State-run colleges and universities are no exception from this rule, especially since 'the campus of a public university, at least for its students, possesses many of the characteristics of a public forum.'"

The statement continues: "It is in the interest of the United States to lend its voice to enforce First Amendment rights on campuses because 'the Nation's future depends upon leaders trained through wide exposure to that robust exchange of ideas which discovers truth 'out of a multitude of tongues, (rather) than through any kind of authoritative selection.'"

Now you might be wondering why I'm bringing this up at Grossmont. Thankfully, our college doesn't employ policies that restrict our freedom of speech or expression on campus, but you might not always be at Grossmont.

The Foundation for Individual Rights in Education reported in their Spotlight on Speech Codes 2017 that of the 449 schools surveyed for their report, 39.6 percent of them maintained "red light" speech codes. Policies put in place that restrict free speech.

Something you should always keep in mind going forward now that it's the end of the year and some of you may be transferring are your rights as a student. You have every right to express yourself, engage in discussion and exchange ideas with your peers. Education should always be about developing and expanding your mind, not restricting it.

GAMING


GIVES

BACK

Gamers combine passion with purpose to make a difference.

BY **SYMON GORO** | DESIGN BY **ARISTAYA BARR**





It would not be an exaggeration to say that gaming has probably helped save lives. All across the world, gamers have come together and combined their passion with modern technology to help make a difference in our communities through charity streams.

The booming popularity of live streaming and mobile media has made it easier than ever to instantly connect and interact with a large audience at any given time. This is especially true with the gaming community. It's become so popular, in fact, that it's now a reality to make a living off streaming services, but more importantly to raise money for charities.

One such charity is the Extra Life Foundation, which is a program under the Children's Miracle Network Hospital, a non-profit organization that raises funds for children's hospitals and medical research.

How it works is you sign up to stream games for 24 hours, during which all donations will go to your chosen Children's Miracle Network Hospital and, uh, that's it. No, I'm being serious. You can play whatever you want, from wherever you want, on whatever day you want, year-round. All you really need is to know how to stream and have fun doing it.

Grossmont students have signed up to help raise money for local children's hospitals. The president of Griffin Gamers, Alfonso Acosta, and other club members have participated in Extra Life streams.

Acosta said Extra Life streams are a cool way of showcasing games while also having a good time with friends. "Honestly 24 hours straight is ridiculous, but it's fun if you just press on," he added. "Lots of funny anecdotes and things of that sort, but in the end, we do it all for charity and a good time."

Acosta also remarked on how easy it was: "You just sign up on the website and they kind of just make the page for you. You technically do not even need to livestream or play all 24 hours. They just want you to raise the money."

So how much of an impact has Extra Life had? In the nine years since its inception, Extra Life

has helped raise over \$30 million for children's hospitals. Earlier this year, Extra Life was honored at the Annual Miracle Makers Gala as the most Creative Miracle Maker of the year.

It's not just Extra Life raising money for a good cause. In 2010, Games Done Quick held its first charity stream event. Games Done Quick is a biannual speedrun marathon, called "Awesome Games Done Quick" and "Summer Games Done Quick" that raises funds for charities like the Prevent Cancer Foundation and Doctors Without Borders. They occasionally hold extra events like Houston Relief Done Quick which helped raise money to support the victims of Hurricane Harvey in Texas earlier this year.

Speedruns are playthroughs where, as the name might imply, the goal is to beat the game as fast as possible. Speedrunners draw in huge crowds as they often employ high-level strategies or exploit bugs to complete their goal. This, combined with the humor and discourse provided by the commentators and donation messages, lead to some pretty entertaining moments. Viewers are also given incentives like the chance to win

prizes, name characters or request challenges to the players.

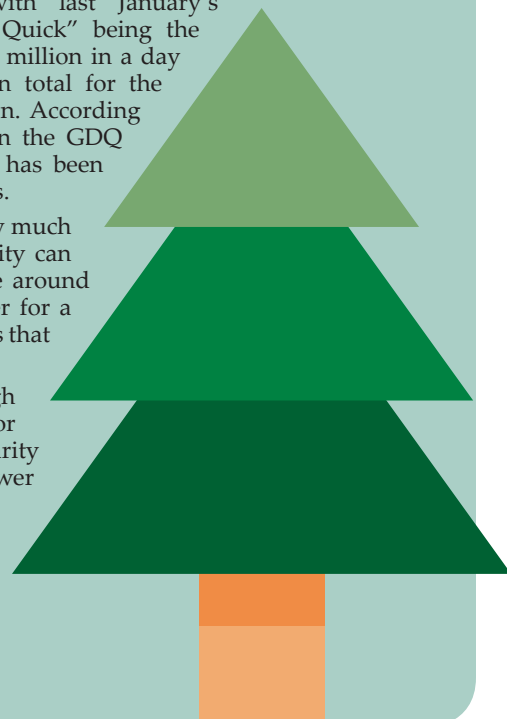
The events have been a lot of fun for everybody and a huge success with last January's "Awesome Games Done Quick" being the first to raise more than \$1 million in a day and more than \$2 million total for the Prevent Cancer Foundation. According to the donation tracker on the GDQ website, over \$12 million has been raised across all marathons.

It all just goes to show how much of a difference a community can make in the lives of those around us when we band together for a good cause. The best part is that anybody can help.

Whether it be through donating, tuning in or hosting your own charity stream, we all have the power to help make a difference.

"Honestly 24 hours straight is ridiculous, but it's fun if you just press on... in the end, we do it all for charity and a good time." —Alfonso Acosta

GAMING FOR A CAUSE





DOUBLE SUCCESS

The inaugural Student Success Fair lived up to its name.

STORY AND PHOTOS BY BRIANNA TYSELING

Grossmont held its first-ever Student Success Fair on Nov. 1 in the main quad. At the fair, students were able to find out more about what Grossmont has to offer them, and more importantly, the fair emphasized the significance of a comprehensive education plan, or CEP.

The Success Fair had a great turnout, with more than 200 students participating in the event. At the fair, there were more than 19 different programs on which students could get more information on. Many of the programs were also giving away free stuff, which gave more incentive for students to visit each and every booth.

Nearly every student was asked if they had a CEP. An education plan is a semester-by-semester outline for identifying and reaching your educational goals. Students who develop comprehensive education plans are more likely to stay on track with academics and financial aid, saving time and money by not taking unnecessary courses.

Some of the booths at the fair were hosted by Admissions and Records, Financial Aid, the Counseling Center, the Career Center and the Transfer Center.

Dr. Jocelyn Pacheco-Fonseca helped organize the fair, explaining that her role was “to integrate and carry out the ideas

and recommendations of the Student Success Fair team by ensuring that the fair had a positive impact on our college by giving students a welcoming place to learn about the resources available to them.”



Pacheco-Fonseca explained how important it was for students to be exposed to what Grossmont has to offer them, and then for students to use all of the resources possible in order for them to be successful.

Samuel Duarte, a student at Grossmont,

was originally told to go to the Student Success Fair as a homework assignment for his college and career class. “I was able to declare a major and that was easy and convenient,” Duarte said.

Duarte, who is majoring in computer science, is planning on transferring to SDSU, and said he found the fair to be very beneficial. He added that he enjoyed the pizza booth, but all the booths were very helpful, and he has a better understanding of what the college has to offer.

I also participated in the Student Success Fair and found it very helpful. I visited multiple booths at the fair, and each gave me new information. All the workers were happy to help, and many provided pamphlets and papers with detailed information. I was very pleased with the amount of effort each booth was willing to put in to answer all of my questions and concerns.

The Success Fair was made possible by Student Affairs, Student Success and Support Program (SSSP) and ASGC. Pacheco-Fonseca said the fair was a team effort, thanking several people for making it a success: Karolia Macias, Vaunette Allen, Gloria Pollard, Kathy Veizaga, Barbara Gallego, Skyler Delacruz, Danica Hutchins and Courtney Williams.

If you missed this fair, don’t worry; there will be another next semester on March 6.

UPS AND DOWNS

At a recent forum, the college president discussed construction, the budget and low enrollment.

BY VINNY LAVALSITI

On Nov. 9, Grossmont College President Dr. Nabil Abu-Ghazaleh held a forum at Griffin Gate, along with several other speakers, to discuss construction of the new visual arts building, the budget and enrollment for this academic year.

Abu-Ghazaleh discussed the physical changes that will be made to the southwest portion of campus: The visual arts building is scheduled to be completed for occupation for the Fall 2019 semester. Despite the noise and dust emitted by the construction site, Abu-Ghazaleh said it will be worth it in the long run. Students should be able to maneuver around campus by following signage boards. Despite the long renovation period, only 9 percent of parking on campus will be affected, with 7 percent of that being student parking.



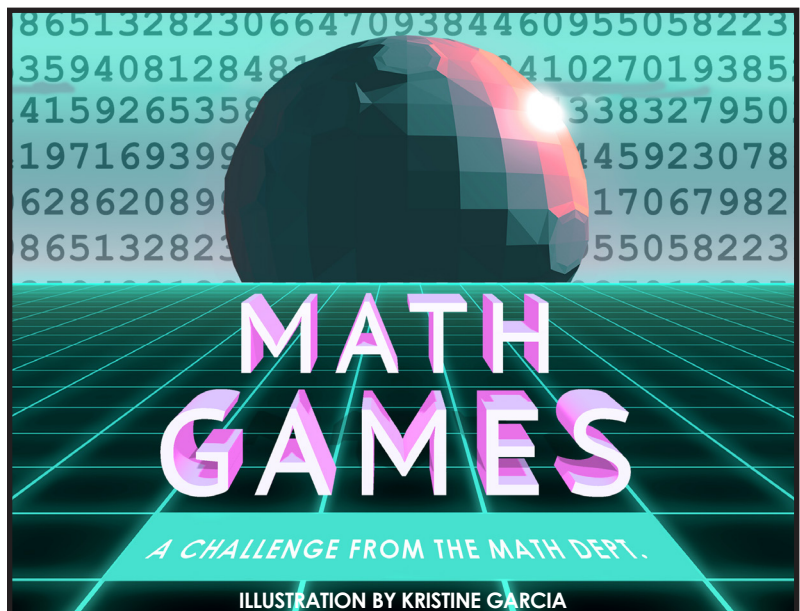
When discussing enrollment, Abu-Ghazaleh presented information stating that enrollment has decreased, as students are not returning to Grossmont after initially enrolling the semester before. As a result, the enrollment has decreased by 2,000 students over the past five semesters. Grossmont attempted to increase the number of sections offered to attract students to stay in school; however, this attempt failed. Abu-Ghazaleh stated that Grossmont is not meeting its State-required full-time student target by more

than half. To correct this, the college will be offering 184 fewer classes in the Spring 2018 semester, as opposed to this current semester.

The enrollment problem is also affecting the college's budget. The school's revenue from the State will diminished from the lack of students. Grossmont is \$1.25 million below its target of \$70 million. By the end of this academic year, Grossmont will need to return \$2.5 million to the State of California.

Enrollment and budget are intertwined with, and dependent on, each other's success. While the enrollment of international students remains constant, according to Abu-Ghazaleh, local students are not returning. A possible reason for this could be that the economy is picking up, with more people being employed.

But the question is: How can Grossmont fix this dilemma? So far, the solution is less classes with more students enrolled in those classes. Hopefully, Grossmont will learn from its past strategies to evaluate and solve its enrollment situation.



Can you solve these problems?

ANSWERS ON PAGE 21.

QUESTION 1

The sum of two numbers is 12, their product is 4.
Find the sum of their reciprocals.

QUESTION 2

Take a pad and a pencil. Draw a line from left to right, about one inch long.
How can you make it shorter without erasing, cutting or folding the paper?

HONOR PRIDE SERVICE
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NOW HIRING
NURSES, DISPATCHERS
PROFESSIONAL STAFF, DEPUTY SHERIFF'S



olitical Economy eek

DESIGN BY
DANE KANESHIRO

How can you
apply it to
everyday life?

From Oct. 30 to Nov. 3, faculty from the Political Science, Chemistry, History and Geography Departments hosted lectures for the semesterly Grossmont College Political Economy Week. These lectures covered a variety of topics ranging from foreign policy to the United States' Great Recession, and from U.S.-Mexico relations to U.S.-Russia relations, discussing current and past, political and economic issues in and out of the United States. A few lectures covered college-related topics as well.

Editor-in-Chief Vincent Lavalsiti and staff writers Morgan Ray and Matthew Ochoa attended several lectures and assessed how we can apply the information given to us from the professors to future instances to either make sure history doesn't repeat itself, or to benefit our education and career aspirations.

CRAZY WORLD? BY MORGAN RAY

We've all heard the cliché: "Those who do not learn history are doomed to repeat it."

There's a good reason why it's quoted and mentioned so often, as Geography Professor Scott Therkalsen explained in his lecture "Has The World Gone Crazy?: Using Geography to Explain North Korea, Russia, China, the Middle East and More" — because the problems that certain countries have faced in their pasts, socially and geographically, have so much to do with the issues they and many others face today.

Take Russia and its conflict with Ukraine for example. Why Ukraine in particular? The answer, said Therkalsen, lies in Russia's geography. Due to its extreme northern latitude and continentality, Russia has an equally extreme climate and is mainly comprised of a large, frigid taiga covered in pine trees. When the pine needles fall, they render the soil toxic; thus

the land is virtually unfarmable. Ukraine on the other hand, has more fertile land and was the main agricultural center for the former USSR, serving as its "bread basket," so to speak.

Let's move on to North Korea. How is the Kim regime still in power? At the core of North Korea's propaganda is a concept known as *Juche* (pronounced jooch-yay), which roughly translates to "self-reliance." This is an extreme form of Korean nationalism that stresses the need to rely on nobody but themselves.

What makes *Juche* such a potent concept to the North Korean people is the country's painful history with its neighbors. In the early 20th century, Korea was annexed by Japan and many Koreans were forced to assimilate into Japanese culture. The country finally gained independence in 1945, but the Korean War soon followed. The wounds still remain fresh, so the *Juche* concept acts as a kind of false empowerment: Since Koreans have suffered for so long, they should take the reins and rely only on the North Korean regime because

everyone else will just hurt them again, Therkalsen explained.

In actuality, North Korea relies heavily on China, their only "ally." What's China getting out of an agreement with North Korea? While China isn't a totalitarian dictatorship like North Korea, they are a One Party State. Only one party gets elected, and the media is state-controlled, so while the people aren't totally repressed, they still don't have much of a say. Add that to China's "reclaiming" of Tibet and the Xinjiang (shin-jahng) Province — mainly for oil, gas and ice for water — and you've got some major baggage.

If the American-backed South Korea were to reunite with the North, that'd mean there'd be American influence right next to them.

Unfortunately, time ran out before Professor Therkalsen could fully delve into the topic of Afghanistan, but the lecture provided a fresh perspective to an age-old question that's been all over the news. Has the world indeed gone crazy? Nope, it's been crazy.

BEYOND EARTH

BY MATTHEW OCHOA

While most of the Political Economy Week lectures focused on both national and international issues, the kickoff event was a completely different animal. The stage for this first lecture? The stars.

Guest speaker Sagi Kfir treated Grossmont students to "Space Law and the Future," a lecture that was completely and literally outside of this world. Kfir, a representative from Deep Space Industries, explained the new and growing enterprise of stellar industry and its applications to everyday society. DSI aims to be the first company to explore, mine and process material from an asteroid outside of Earth's orbit. The implications of such an achievement open a completely new door in the chronicle of human history.

Until recently, most forays into the cosmos were government-funded ventures through programs such as NASA. However, prominent figures such as Elon Musk have begun funding private enterprises for interstellar settlement and economic activities. It's a growing practice for individual companies to purchase small satellites that can last 10 to 12 years in space and gather data. However, since 2000, 80 space startup companies have sprouted up, which has proven to be a lucrative \$330 billion business venture and continues to grow.

Now, how does this pertain to college students? Well, for one, a new industry such as private space mining and exploration would open up a vast amount of jobs for those who major in the sciences of chemistry, physics and astronomy, as well as engineering students to help construct new technologies to last in deep recesses of space for long periods of time. Besides, isn't this the kind of thing people dream of doing when they're children?

WHY YOU SHOULD STUDY ABROAD: LET ME COUNT THE WAYS

BY VINNY LAVALSITI

In "Why You Should Study Abroad: Let Me Count the Ways"—one of the week's only lectures pertaining to college academia—Political Science Professor Ronald Bee gave insight to the opportunities study abroad programs offers to students.

According to Bee, studying abroad allows students to "build something in their quiver that can 'leverage them to somewhere else.'"

abroad increases your knowledge, interdependence, confidence and social awareness. By studying abroad, you learn languages and cultures through interaction with people, which is more than you will ever learn in a textbook.

"When you study abroad, you grow as a person and increase your self-esteem because you are the only person you can rely on," Bee said, adding that,

"When you study abroad, you grow as a person and increase your self esteem because you are the only person you can rely on."

– Ronald Bee

Where is this "somewhere else?" Well, it may be in graduate programs, Bee said.

"Students are two times more likely to get into their dream graduate school if they have studied abroad," Bee said. Or the "somewhere else" may be at the company you've always wanted to work at since high school: "97 percent of people who studied abroad found employment within 12 months, and 60 percent of employers seek for students who have studied abroad," Bee said.

Besides opening doors to career and educational opportunities, studying

"Studying abroad is fun."

Whether it be examining the architecture of the Vatican and Coliseum of Rome or conducting archaeological excavations in Mongolia, studying abroad sounds like an amazing time in the short-term. However, Bee encourages you to look at the big picture. Realize how much those semesters overseas or south of the Equator will help separate you from other applicants when filling out college applications or other candidates during job or internship interviews.



MEDIA CIRCUS: IN THE 2016 ELECTION AND SINCE

BY VINNY LAVALSITI

Political Science Professor Joseph Braunwarth gave his third lecture of the week on media outlets' influence on the past election.

The 2016 election was different from past elections in that facts had little traction in the media. Now, it doesn't seem to matter if people don't tell the truth in the news.

"News media isn't here to educate, but to make profit," Braunwarth said, and that was exactly what then-presidential candidate Donald Trump provided.

"Donald Trump was like crack cocaine to news outlets," Braunwarth said. "Trump is a ratings goldmine."

During every point in the primaries, through the Democratic and Republican National Conventions and during the General Election, Trump dominated the news coverage compared to other candidates. Trump turned Americans' heads, and the media gave him the megaphone, Braunwarth argued.

The problem—and this is Braunwarth's main criticism—is how the media operated the coverage of Donald Trump and other candidates. Very little coverage was based on the actual

substance of the candidates' policies, but rather it was focused on email scandals, an *Access Hollywood* tape release and the horse race, which is how each candidate is doing at primaries or caucuses.

Why weren't media outlets covering the ins and outs of each candidate's policies? Well, according to Braunwarth, it's easy for journalists to cover the horse race, and it is more entertaining for viewers to hear what news sources have to say about those scandals.

"Americans don't tune in for substance, but they tune in for drama," Braunwarth said.

How do we stop this trend for seeking drama? Braunwarth said he has hope, especially in you and me.

"Millennials can smell inauthenticity. That's part of the reason why they didn't vote," Braunwarth said.

The change starts with our generation. Whether you are watching the news, reading *The New York Times* or listening to a political podcast or radio station, keep your antennas up for real and vital political discussion, and be wary of the journalists that warp reality with their presentation of politics.

Braunwarth delivers
a lecture for Political
Economy Week.
Photo by
Vinny Lavalasiti

**"Americans
don't tune in for
substance, but
they tune in for
drama."**

– Joseph Braunwarth



BUBBLE BURST

BY MORGAN RAY

Many people remember where they were when the Great Recession began, what many don't remember is why it began. In "The U.S. Housing Bubble and Great Recession," economics professor Scott McGann broke down the contributing factors of the recession, and explained in detail how money, remodeling and a giant bubble brought the stock market to its knees.

In 2000 and 2001, home prices skyrocketed and the housing market experienced a boom period. From 2001 through 2006, the housing market bubble started to inflate, meaning the rapid rise and subsequent fall in the price of an asset, resulting from unsustainable levels of supply and demand. In other words, the price of homes started to rise and people wanted in.

According to McGann, between the years 1995 and 2005, American home prices increased by about 124 percent, while home prices in San Diego County increased by about 261 percent. One of the easiest and most popular ways to make money off houses was by flipping them, or buying a house for the sole purpose of remodeling it and reselling it for a higher price.

People wanted to take advantage of the current housing boom, but not many could make a full purchase, so as home prices went up, people refinanced and got second mortgages or took out loans. However, when the Great Recession hit and the housing bubble burst, many homeowners had to foreclose because their homes wouldn't sell for as much as they thought they would.

Major companies suffered as well. For example, AIG almost went bankrupt because it had lent out so many loans when the recession happened.

So there you have it— the Great Recession in a nutshell. If you're thinking about upgrading from an apartment anytime in the near future, or if you're planning on taking out a loan anytime soon, think about it first.



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Willkommen to

GERMANY

By Matthew Ochoa | Design by William Weaver

Destination: BERLIN.
Books, beers and brats.



Last summer's interns await their flight.
Photo courtesy of Astrid Ronke.

Germany. Home of such a vast amount of history, culture and food. Definitely a country worth being on your bucket list of places to visit, no? Well, there may be a way for you to do so.

The coordinator for German and Russian Department of World Languages, Dr. Astrid Ronke, in partnership with Checkpoint Charlie Foundation in Berlin, Germany, has started an internship program geared toward providing a rich international experience for community college students here at Grossmont.

The Checkpoint Charlie Foundation, founded as part of a piece of legislation passed by the German Senate in 1994, is an organization dedicated to maintaining goodwill and relations between Berlin and America.

Ronke, who has been an educator at Grossmont for 14 years, initially got involved with Checkpoint Charlie after spontaneously approaching the director of the Checkpoint Charlie Foundation at a national conference. "I always had in mind to find an affordable study abroad program for community college students... there aren't many scholarships... most of them are at four-year universities," Ronke said.

Taking into account her own experience as a student, having received the Fulbright Scholarship to the U.S., Ronke, who is from Berlin herself, advocated the cause and got together with the head of Checkpoint Charlie to bring the idea to fruition. The program is unique in the fact that it goes only through Checkpoint Charlie and Ronke, not Grossmont College nor the Grossmont-Cuyamaca Community College District.

The German scholarship program is open to students of all career fields who are interested in the German language and studying German at Grossmont College.

Each year, four lucky students are selected from a pool of applicants and awarded with a round-trip flight to Berlin, with accommodation in a German host family, a four-week internship at a German company or organization, a 20-hours-a-week German language course and free cultural excursions.

The scholarship provides students with the opportunity to immerse themselves in German language and culture, gain valuable international work skills, and experience German life and business firsthand.

Now, how does this entire process work, you may ask? The minimum requirements for this study abroad opportunity are as follows:

- Two semesters of German language courses at Grossmont
- Between 18-40 years old
- Minimum 3.0 GPA
- U.S. citizen or legal permanent resident
- 440 euros or roughly \$520 (partly for personal expenses)
- Strong interest in German culture

Applicants must submit an application, motivational statement and résumé. All of this must be submitted by a deadline in the fall semester, as the trip

takes place the following summer. After all these steps have been completed and reviewed, eight selected students will undergo an interview process and will promptly be informed if they have been selected to be a part of the program.

The feedback over two trips has made it a success, as the participants have raved over how much they have enjoyed it.

"On every street, there's a piece of history; it was cool to see. Our skills were elevated because of the program," said intern Bailey Uelen, who was a part of the second batch of exchange students to go to Berlin.

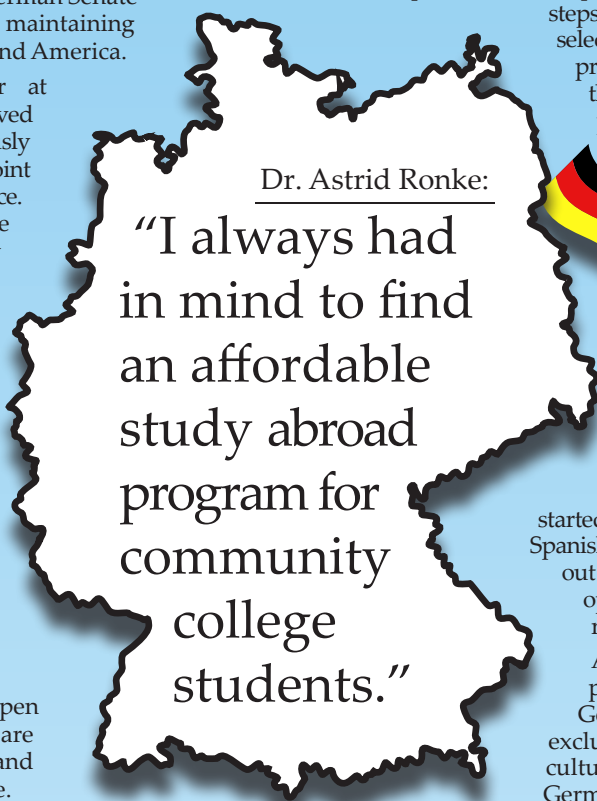
Uelen, a major in international business, started studying German as an alternative to Spanish. It was through the class that she found out about the program. Intrigued by the opportunity to add an internship to her résumé, Uelen contacted Ronke.

After the application and screening process, Bailey Uelen departed for Germany. She had to speak almost exclusively in German, and noticed a few cultural differences between America and Germany: "A lot of people don't have dryers. It's very eco-friendly... very big on recycling...

people don't even rinse off their plates before putting them in the dishwashers."

When asked for advice for those interested in the program, Uelen responded, "Apply, apply, apply. Anyone and everyone should apply, as it is the opportunity of a lifetime."

So, there it is. Break a limb, take a chance. You may never know what kind of fun you may have unless you try.



Those who meet the criteria for the program may email Astrid Ronke at aronke12@gmail.com. Applications are accepted every fall. Students must enroll in a German-120 class at Grossmont to gain language experience.

HOLIDAY HOOPS

The men's and women's basketball teams gear up for a winter and spring full of competitive basketball.

BY VINNY LAVALSITI
DESIGN BY DANE KANESHIRO



While the majority of us will be home for winter break, our men's basketball team will be staying on Grossmont's home turf hooping. This past month, the Griffins have put up solid numbers in some preseason events and tournaments. They currently sit at a 5-2 record, and will tip-off their first home game on Nov. 22 at 5 p.m. against Compton College.

Coach Doug Weber's team is led by some very strong returning players, including sophomore guards David Wheeler, Josh Moran and Bryce Parsons as well as sophomore forward Ronald Blain, all in the top four in scoring on the team.

However, the Griffins have a steep climb to the top of the Pacific Coast Athletic Conference standings as the current number-one school in California, as well as last year's CCCAA Champion San Diego, City College resides atop, looking down on everyone else. Last year, Grossmont finished in second place with a 7-3

conference record, trailing only the undefeated San Diego City College Knights.

That's not to say the Griffins expect to lose those games against City College. Instead, it'll be a statement game for them, and will allow them to gauge where their talent lies in comparison with other teams in their conference. In their first of two visits, San Diego City College will be coming to Grossmont on Jan. 17 at 7 p.m. to try to steal a win from our Griffins. We'll see what Weber and Co. have to say about that.

Currently in fifth place in the PCAC, Grossmont leads the conference in field goal (47.6) and three-point (42.3) percentages, and are second in turnovers allowed per game (11.4).

For the Griffins, conference play starts on Jan. 12 at San Diego Mesa College and will be ending Feb. 6. After that, the Griffins hope to have a long playoff run to send their sophomores off into the sunset before transferring.

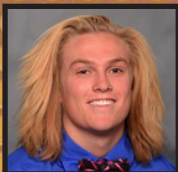
Similar to the men's team, when Coach Karen Caires and her team finished the season, there was only one team ahead of them in the standings: those pesky San Diego City Knights. Although being snakebit in out-of-conference and preseason play last year, the women's basketball team finished with an impressive 8-2 conference record, thanks to a seven-game winning streak in the latter half of the season — a streak that helped Caires earn PCAC Coach of the Year Honors in the 2016-2017 season.

The women's basketball team is in a similar spot as it was at this time last season: a below .500 record in preseason play (3-4). This isn't the first time Caires and her team has faced adversity, however. Expect sophomores (PG) Kyra Bruesewitz and (F) Brittany Gafare to help dig their team out of this skid, both leading their team in points.

The Griffins will look to continue their success against their conference starting Jan. 3 against Palomar College at 6 p.m. in their third home game of the year.



STATISTICAL LEADERS (THROUGH 7 GAMES)



POINTS/GAME: 14.9
BRYCE PARSONS (#11)



ASSISTS/GAME: 4
JOSH MORAN (#10)



REBOUNDS/GAME: 8.9
RONALD BLAIN (#10)



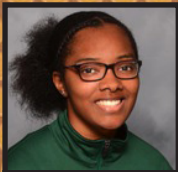
STEALS/GAME: 2.7
OSCAR LIMON (#4)



POINTS/GAME: 15.6
STEALS/GAME: 2.4
KYRA BRUESEWITZ (#1)



ASSISTS/GAME: 5.2
NATALIA DEL BENE (#3)



REBOUNDS/GAME: 6.4
COURTNEY
BRANCH (#2)

FOOTBALL UPDATE

BY VINNY LAVALSITI

Grossmont caps it off with a home win.

Week 9: Golden West College (4-4) at Grossmont College (3-5). Two middle-of-the-pack teams in the National Southern Conference faced off for a matchup that had the moral implications of "Who wants third place more?" There were only two games left in the season for these two teams, and playoffs were not in sight; however, that didn't prevent any of the effort shown on the gridiron this college football Saturday. Head Coach Michael Jordan led his squad onto the field for the final home game of the year, hoping to put on a show for the hometown fans for the last game of the year. They were not disappointed. The game started off slowly for both teams, including interceptions for both starting quarterbacks. Golden West gained an advantage going into the second quarter with a "gimme" field goal from only 26 yards out. Score: 3-0, Golden West.

To start the second quarter, Golden West quarterback Joe Pyle drove his team down field soundly with 82 passing yards until the Grossmont defense stood tall and forced a fourth down, which parlayed into another Golden West field goal. Grossmont quarterback Brad Cagle responded quickly with a string of pass completions of his own, including a 40-yard pass to Mylik Steen. After a passing interference penalty by Golden West, Grossmont was at Golden West's two-yard line, in prime position to dive over the pylons for a touchdown. However, Golden West forced a goal line stop of its own. Grossmont kicker Nels Haltom took the three points with a chip-shot field goal, closing the lead to 6-3. Golden West wasted no time their next possession, and, after just two plays, their quarterback hit the jackpot with a 64-yard pass to wide receiver Derrick Reese, who was finally tackled at the Grossmont five-yard line. Golden West running back Tevon Valdez rushed into the end zone for five yards and the touchdown. After the PAT, Golden West leads 13-3 going into the

locker room at halftime.

Golden West surmounted its lead out of the half with a slow and methodical drive. Pyle was 6-8 on completions and a rush for 23 yards, but another rush of four yards was the scoring play. Golden West lead by 17 points, 20-3. On the next drive, Grossmont entered opposing territory, but all momentum was lost after Cagle threw his second interception of the day to Golden West corner back Jason Thomas. Grossmont's defense had a pivotal three-and-out, including a crucial sack from Grossmont linebacker Logan Baker which knocked Golden West out of field goal range. After a punt that pinned Grossmont to the 11-yard line, a 28-yard pass completion by Cagle and a 33-yard rush by Jerome Johnson III led to a 89-yard touchdown drive that ended with a pass to running back Sam Stephens. The fourth quarter commenced with a score of Golden West 20, Grossmont 10.

Grossmont fans sat shaking in their boots and biting their nails, hoping their home season wouldn't end this way. Cagle summoned these hopes by 66 passing yards capped off with a 17-yard completion to the one-yard line. Johnson III barreled into the end zone for his second touchdown of the day, shrinking the Golden West lead to just three points. Not to be outdone, Golden West scored with a 24-yard touchdown pass that put them ahead two possessions, while burning six minutes off the clock. Cagle and Steen were not fazed. Cagle dropped back in the pocket and delivered a 62-yard pass right in Steen's gloves. However, a foolish, unsportsmanlike conduct penalty moved the Griffins from the one-yard line back to the 16. Stephens and Cagle connected again for Stephens' second touchdown of the day. Golden West, 27-24. It looked like Pyle and Cagle had drawn their pistols out of their holsters. It was a shootout.

Kicker Nels Haltom booted the football
[FOOTBALL CONT. ON NEXT PAGE]





WATER POLO

Griffins can swim? Apparently! Members of both the men's and women's water polo teams have received first team Pacific Coast Athletic Conference (PCAC) recognition as well as nomination to the PCAC player of the year watch list.

Freshman Ryan Blevitt was recognized as one of the top water polo players in the PCAC, helping lead his team with his 87 goals. Blevitt is tied for fifth in the state in goals as well. Despite having 13 freshmen on the men's squad and an overall 12-18 record, Head Coach Ty Lackey's team was able to win the conference championship with a 4-1 conference record. Blevitt and his teammates Cole Duffett and Travis Rosenkoetter earned first team honors.

For the women's team, Jasmine Miller finished top 25 in the state in scoring and was awarded a spot on the PCAC first team. Miller is accompanied by teammates Alex Hultman and Cami Raley who made the second team. **-VL**



SOCCER

Although the Grossmont Griffins soccer team finished in third place in the PCAC, the coaching staff and players received a myriad of trophy hardware.

In their last home conference game of the year, the Griffins took down first-place Southwestern College, altering their result in the standings at the season's end.

Four players received first team honors and Head Coach Jason Aldous was awarded PCAC South Division Coach of the Year. Goalkeeper Myiah Dickerson-James was the 2017 Goalkeeper of the Year as well.

Julia Hartman, Viviana Aguilera, Jessica Garcia and Leah Apablaza are among the recipients of the PCAC first team awards.

They finished the year with a 13-7-3 overall record and 7-2-1 conference record. **-VL**

CLUBS

[CONT. FROM PAGE 7]

notice are needed to schedule a facilities reservation?" Clubs need to know that they can't call campus Facilities last second; there needs to be a 14-day notice in advance.

If clubs use the blueprint set by the example given by the Student Affairs Office, they do not have to undergo constitution review. "Constitution review is required because it must be made sure that all members are given the opportunity, and that this is not an autocratic club that's governed by one person. Also, clubs have the opportunity to fundraise and make money. You want to make sure you have guidelines that you're going to follow when fundraising. It also needs to be made sure that the principal members have clear descriptions of their roles," Gallego said. This is the most common part that needs to be amended. For example, "The EOPS club added three positions so we just had to read through those new members' responsibilities."

This past year, five new clubs have started up as well as a few this year, including the Climbing Club and Indivisible Club. Will you create the next one? Make sure to contact the Student Affairs Office, they'll help you out.

FOOTBALL

[CONT. FROM PAGE 19]

down field for the kickoff, but Grossmont defensive back Kevin Francis punched the ball out of returner Xavier Smith's hands. It was recovered by Grossmont at the Golden West 17-yard line, putting Grossmont and Cagle in the red zone. However, Grossmont could not capitalize on this opportunity, and had to resort to a field goal.

A very important three points as Grossmont completed the 17-point comeback to knot it up at 27-27 with four minutes and 11 seconds left to play.

Pyle and Co. trotted out onto the field at the Golden West 25-yard line, looking to score on a game-winning drive. Golden West made it up to the 47-yard line, closing in on a possible win. In arguably one of the most clutch plays of the year, Grossmont freshman Lane Self intercepted Pyle and ran the ball back 62-yards for a pick-six, giving Grossmont its first lead of the game with just under three minutes left. However, Grossmont kicker Connor Erwin's clocked extra point reared its ugly head just seconds later.

Pyle, with ice in his veins, running on pure adrenaline, went a perfect 4-4 on his last drive of the game for 65 yards. Fifteen of those yards came from a touchdown reception for Derrick Deese, tying the game. Golden West kicker Emmanuel Cuevas was successful on his point after attempt, giving Golden West the lead, 34-33.

One minute and five seconds left in the fourth quarter. Grossmont fans were in disarray, praying to go home on a happy note.

Grossmont started the drive on their 26-yard line. A roughing-the-passer penalty, committed by Golden West, moved the ball up 15 yards. Cagle unloaded and threw a deep ball 30 yards and was intercepted. Whistles blew and there was a lone yellow flag on the field, signaling a pass interference penalty, which gave Cagle new life as well as 15 more yards. After two short completions, Steen rose to the occasion again for 32 yards. This put Grossmont in field goal range with eight seconds left at the six-yard line. An offside penalty by the Golden West defense inched them closer to the end zone to the three-yard line. Instead of Erwin taking the field goal, Head Coach Michael Jordan sent Nels

Haltom out for the win. Unfazed, Haltom lined up and drilled the 20-yard field goal for the win in a thriller. Grossmont 36, Golden West 34. Grossmont notched its fourth win of the year.

Cagle's stat line consisted of 369 yards, two touchdowns and two interceptions. Of those yards, 203 were thrown to Steen, and the two touchdowns were thrown to Stephens.

Unfortunately for the Griffins, their last game of the season—away at Palomar College (4-5)—didn't have any playoff implications. However, that didn't negate any effort they gave. Grossmont took a short trip up north to take on Palomar, who was sporting a mediocre record of 4-5.

After the first quarter, Palomar had an 8-0 lead thanks to a touchdown and two-point conversion. Grossmont responded with a touchdown of its own, courtesy of a three-yard run from Johnson III, to shrink the lead to one point. Palomar capitalized off a Cagle interception in opposing territory, connecting on a 31-yard touchdown pass to extend the lead. Cagle did not dwell on his mistake the drive before, heaving a touchdown pass of his own for 34-yards. A familiar face was on the receiving end: wide receiver Luqman Barcoo. The score was 14-15 going into halftime. However, 14 points was all Grossmont scored. Missed field goals, a safety and another interception plagued the team's game plan.

It was a rocky season for the Griffins, with some exhilarating high points, a couple game-winning drives (and a game-winning field goal block), and some of the lowest low points with a couple 70 point games on their defense. The team ended the year on a sour note, with a 4-6 record and missed the playoffs.

LOOKING FOR A LIFE SCIENCE CLASS AND LAB?

A MESSAGE FROM THE BIOLOGY DEPT.

Rather than spending all of your lab time in a classroom, explore our local ocean, museums, aquarium, mountains and rivers instead.

In Biology 105: Life in The Sea, take the fun way to your science transfer requirement. Instead of going to lab, you can go on a scavenger hunt for animals in tide pools; visit the best aquarium in San Diego; look for lobsters, octopus and other sea

animals in La Jolla; and learn about whales and dolphins. In class, we'll race zooplankton in the dark, play a computer simulation about crabs and snails, hold our own shark week, and more. *Four daytime sections available.*

Biology 110: Environmental Biology is taught by Grossmont's Distinguished Faculty of the Year. You will learn about the local ecology of the San Diego region: Take a short hike

to Kumeyaay sites in Mission Trails Regional Park; explore the local Tide pools for octopus, hermit crabs and other interesting creatures; view the Salton Sea and the Desert from the mountains; and receive discounted tickets to local museums—all instead of spending all of your time in the classroom. *Day and evening sections available.*

This is a great planet, so let's enjoy it!

GROSSMONT BRIEFING

MANAGE TIME AND STRESS

It's December! You know what that means? Family gatherings, hot chocolate, Hallmark Christmas movies, Rat Pack Christmas Songs, and, oh yes, FINALS. Don't worry, Grossmont College can cure any ailment you may be suffering during finals week with a couple of workshops. If you're going completely bonkers wondering how you're going to cram in 10 chapters of statistics in a time frame of 30 minutes, you may need to visit the Time Management Workshop. The Time Management Workshop is on Dec. 6 from 2 to 3:30 p.m. in Griffin Center.

Or maybe you're pulling your hair out thinking of what your possible grade may be after you take your final exam. Stroll on over to the Stress Management Workshop on Dec. 11 from 8:30 to 9:30 a.m., also located in the Griffin Center. **-VL**

LET'S GET MUSICAL

Are you looking for a nice, relaxing musical event of the jazzy persuasion? Or maybe a hot-blooded explosion of dance that will make you get off your seat? Well, head to Grossmont College on Dec. 4 to get your fix. The Jazz and Afro-Cuban Ensembles will be taking place in the Recital Hall (Building 26, Room 220). For two hours, from 6:30 to 8:30 p.m., enjoy the smooth sounds of jazz or the upbeat rhythms of an Afro-Cuban flavoring as directed by John Reynolds and Derek Cannon. Admission is \$10 for the general public, \$8 for seniors and \$5 for Grossmont students. **-MO**

HOLIDAY GIVING

Looking for a way to give back this holiday season? Grossmont has two opportunities for you. The CARE Toy Drive is a wonderful way for you to help children in need of a special holiday experience. On top of that, CalWorks is hosting an event to help children in need of some extra love for the holidays. Your donation can make a child's day, month or even year. For more information, contact Vanessa Duron at vanessa_duron@gcccd.edu or 610-410-7807. **-BT**

CARE FUNDRAISER

Help spread some holiday cheer this year on campus. Every Tuesday, from now until Dec. 12, you can find students from the CARE club selling fruit cups for \$3 in front of the bookstore to raise funds for their CARE Holiday Party. CARE is a club dedicated to providing support to anyone touched by single-parenting. All proceeds collected from the fundraiser will go toward providing items for CARE students and their children. **-SG**

RUSSIAN PARTY

On Nov. 14, Grossmont's Russian Program threw a "Russian Party" to promote Russian classes for those seeking to learn a new language. Participants brought in some delicious Russian dishes such as borscht (beef stew), pancakes with eggplant spread and a cheesecake-esque honey cake. **-MR**



MAKE MERRY

Check out these local holiday spots.

BY MORGAN RAY

Belardo Lights

A dazzling house-front computerized light show with synchronized music. It also gives back to special needs children.

5306 Belardo Drive,
San Diego
Through Dec. 27
(6 to 10 p.m.)

Port of San Diego Holiday Bowl Parade

Catch the country's largest balloon parade as it floats through San Diego Bay.

Waterfront Park
1600 Pacific Highway,
San Diego
Dec. 2, 10 a.m. to noon

Family Christmas Tree Farm

Choose and cut your own Christmas tree.

300 Pepper Drive,
San Diego
Through
Christmas Season
(9 a.m. to 8:30 p.m.)

ILLUSTRATION BY KRISTINE GARCIA

MATH GAMES SOLUTION

ANSWERS FROM PAGE 11

PRESENTED BY THE GROSSMONT COLLEGE MATH DEPARTMENT

QUESTION 1: 3 | QUESTION 2: Draw a longer line.



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sdmts.com/college





An exciting burger chain is coming to Mission Valley. Come get your grub in between classes.

It's noon on a Tuesday. You're sitting in the Griffin Center with your friends, gnawing on the same old, bland PB & J. You and your friends don't have class until 5 p.m. What do you do? Do you sit in the Griffin Center with your feet on the table as your stomach grumbles? There's no need to now! Shake Shack is opening a new location in early December, and it's just 15 minutes away from Grossmont College in Mission Valley.

Shake Shack is an award-winning burger restaurant that is brand-new to San Diego, opening its first location in La Jolla at the Westfield UTC Mall just a few weeks ago. Shake Shack diverges from the stereotypical burger place that our mind immediately races to when we hear "burgers and shakes."

According to Aaron Tunney, Shake Shack's area director of San Diego, "The ingredients are more fresh and our employees are much more inviting and welcoming." When you sit down at Shake Shack, you're not going to be wiping grease off your face after you take each bite. Instead, customers order 100 percent non-GMO Angus beef with no hormones or antibiotics.

At the La Jolla Shake Shack, the line extended 30 or so feet, and for good reason. "People don't wait in lines like this for a regular hamburger and shake. Our ingredients make our products stand out," Tunney said. There's a youthful and lively atmosphere surrounding Shake Shack and its customers.

One of the customer favorites is the "Shack Burger." The Shack Burger comes with lettuce, tomato, cheese, a beef patty, and of course, the special "Shack Sauce" which is a mildly-spicy mayo blend. What separates Shake Shack's

burgers from its competition are the fresh potato buns that they use. "When you bite into a hamburger, you never think about the bun, but rather what's



between," Tunney said. "But the potato rolls we use soak into the burger... It was the first time I bit into a hamburger and thought, 'The bun is what completes this burger.'"

Maybe you aren't feeling a burger today. Well, Shake Shack offers delicious, hand-breaded chicken sandwiches. Also on the menu are hot dogs.

There is menu item at Shake Shack that has been acclaimed by vegetarians too. The "Shroom Burger" is a deep-fried portobello mushroom filled with cheese.

Make sure to order a side of crinkle-cut fries with your burger which come with two optional toppings: with cheese or with cheese and bacon.

And what's a burger and fries without a shake? Shake Shack has a wide variety of hand-spun shakes on their menu that use custard, rather than ice cream. "My personal favorite is the salted caramel (shake)," Tunney said of the shake that has been all the rave from the Shake Shack customers.

And then there are the Concretes— blended frozen custard mixed local ingredients. Among the recipes at the La Jolla location are "Pie Oh My," which changes its flavor of pie weekly, and "S'more Peanut Butter Please" which includes vanilla custard, peanut butter sauce and a peanut butter bar from Elizabethan Desserts.

It's important to feel comfortable at any restaurant you go out to eat at. Shake Shack takes that into consideration. "Everyone has customers, but we have guests," Tunney said. "It's like having someone over to your home. We want them to feel welcome and have a different feel than when they're at some other burger chain."

Is your wallet collecting cobwebs? Make sure to show your student ID card to the cashier to get a 10 percent discount off your order.

Whether it's an early lunch between classes, a family dinner or a late night snack for an intense study session, Shake Shack is the perfect place to refill your stomach.

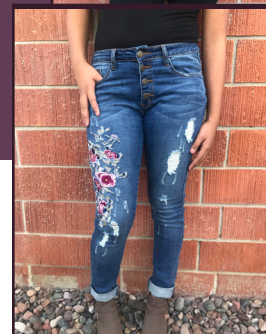
The Shake Shack in Mission Valley, located at 675 Camino De La Reina, will be open from 11 a.m. to 11 p.m. For more info, visit shakeshack.com.

It's finally starting to cool down in San Diego, and that means it's time for sweaters, boots, jackets, scarves and holiday fun.

Sweater Weather

It's time to cozy up in a cute sweater, sit by the fireplace and drink hot chocolate. Sweater weather was delayed a few months due to the fact that San Diego didn't want to let go of its heat, but it's finally back. Oversized sweaters and crop-top sweaters are both in this year. Oversized sweaters are the go-to if you plan on wearing leggings or jeans, and crop-top sweaters are perfect if you are wearing high-waisted jeans. By the way, turtlenecks are also in style this holiday season.

DETAILS. Left: H&M Sweater, \$15; Right: Forever 21 turtleneck, \$10.



Boots!

Boots are back! Long boots and short boots are equally in style; it just depends on the outfit. Every girl should have at least one pair of comfortable, plain black boots because you can make them look good with anything. Sheepskin boots are now in season as well. Authentic UGs can be quite pricey, but you can find mock-ones for as cheap as \$15.

DETAILS. Above: Bearpaw boots, \$70; Right: Judy Shoes black boots, \$20.



Jeans with designs on them are currently trending. The most popular design is floral. It's a style that looks best with a plain shirt that matches the design on the jeans, making the jeans the statement piece of the outfit.

DETAILS. Above: The Closet jeans, \$30; Judy Shoes boots, \$25.



Scarf Season

Pair your favorite scarf with any outfit for extra warmth and style. Scarves can be worn many different ways, but pictured are two ideas on how to incorporate a scarf.

DETAILS. Above: Forever 21 jacket, \$35; homemade scarf and beanie. Left: Forever 21 sweater, \$7; H&M scarf, \$5; Hollister jeans, \$30; K Shoes boots, \$40.

IT'S BEGINNING TO FEEL A LOT LIKE WINTER!

STORY AND PHOTOS BY
BRIANNA TYSELING
DESIGN BY SOFIA ADAMS

REEL TALK

HOLIDAY WHODUNITS

There's a chill in the air, and suspicion runs rampant. No one will tell you where they've been, odd boxes keep appearing and a mysterious man knows your every move... It's beginning to look a lot like Christmas! **BY MORGAN RAY**



MURDER ON THE ORIENT EXPRESS

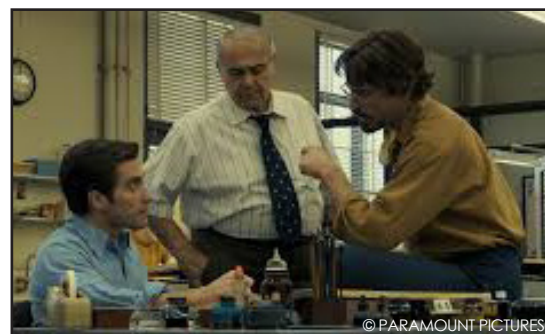
Directed by Kenneth Branagh. ★★★★★

An American businessman (Johnny Depp) is found dead in his train cabin. The door is locked and the windows are shut. The train has stopped in the middle of nowhere, and everyone is a suspect, but luckily, one of those passengers happens to be detective Hercule Poirot (Branagh). If you've read the book, you know how it all goes down. If you haven't, then *Orient Express* is a lush throwback mystery that occasionally loses steam, but makes up for it with a murderer's row of a cast. It doesn't come close to the 1974 version, but it's a pleasure to see such an old-fashioned approach in today's times. Just try not to get distracted by Branagh's glorious 'stache.

ZODIAC

Directed by David Fincher. ★★★★★

The *San Francisco Chronicle* receives a note from someone claiming to be the culprit in two Bay Area murders with a code they say must be published, or else. So begins the notorious hunt for the Zodiac Killer, as it consumes the lives of a police inspector (Mark Ruffalo), a journalist (Robert Downey Jr.) and the cartoonist who continued the search on his own (Jake Gyllenhaal). *Zodiac* is based on actual case files from the hunt, so be prepared to take in a long stream of information for a long amount of time (almost three hours!), but don't let the runtime scare you off. It's a brilliant true crime chronicle and a certain, brief scene will wreck your nerves; you'll know it when you see it. To say any more would spoil the ride, but this is by far one of Fincher's most underrated films.



KISS THE GIRLS

Directed by Gary Fleder. ★★☆☆☆

When his niece goes missing, forensic psychologist Alex Cross (Morgan Freeman) gets drawn into the hunt for "Casanova," a killer with a preference for smart and gifted women. As the search deepens, Cross teams up with Kate (Ashley Judd), the only woman to have escaped "Casanova." As the two follow lead after lead, they discover that there may be two killers. It sounds like an intriguing, twisty thriller, but *Kiss the Girls* is a film that can't keep its own secrets. The identity of "Casanova" is telegraphed to the audience from the very beginning (rendering the final reveal absolutely useless) and the inclusion of various sub-plots is incredibly distracting, which is a real letdown considering that the script could have gone more into how people fetishize intelligence, especially in women. Some partial redemption comes in the form of Freeman's presence and Judd's marvelous portrayal of post-abduction trauma, but even they can't save *Kiss the Girls* from being *Silence of the Lambs*-Lite.

BLUEBEARD

Directed by Lee Sooyeon. ★★★★★

Dr. Byun Seunghoon (Cho Jin-woong) has heard some odd things while his patients are under sedation, but he never expected to hear a murder confession, from his landlord's father nonetheless. When body parts start turning up, Seunghoon's suspicions lead him down a deadly rabbit hole. Again, another slow-paced film, but unlike *Zodiac*, *Bluebeard* only slightly delivers. It severely lacks subtlety and originality, but what saves the film is how it plays with the viewer's suspicions by showing only Seunghoon's perspective, leaving you to question his reliability up until the slightly infuriating end. Other than that, *Bluebeard* is a film you've probably seen before, even if you've never seen it.

