

The

SUMMIT



GROSSMONT COLLEGE'S STUDENT NEWS MEDIA | MAY 2018



GRIFFINS GO OFF

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SPECIAL THANKS TO THE STUDENTS OF ART-171: INTRO TO DIGITAL ARTS, TAUGHT BY CARMINA CABALLES, FOR LENDING THEIR CONSIDERABLE ARTISTIC TALENTS TO THIS ISSUE.



The staff of *The Summit* is enrolled in an academic media news production course. A main function of *The Summit* is to provide a professional learning experience for students of any major classification who express an interest in journalism. To serve this function, *The Summit* is entirely student-run. Student editors are responsible for all editorial decisions, content and editing. The instructor/ adviser is available for training, guidance and advice, but has no control over the content or editing of the newspaper. Prior review is not exercised. These guidelines have been established to protect the First Amendment freedoms guaranteed to the student press, as well as a guarantee of valuable learning experience in all aspects of newspaper management for the students. Please direct all inquiries, comments and letters to the editor to summit@gcccd.edu.

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SUMMIT STAFF

Editor-in-Chief: Brianna Tyseling

Deputy Editor: Fowsia Shariff

Senior Writer: Morgan Ray

Staff Writers

Paloma Abarca, Kayla Johnson, Lea Kolb,
Morgan Peyre, Jordan Thibodeaux

Adviser: Jeanette Calo

GROSSMONT-CUYAMACA COMMUNITY COLLEGE DISTRICT

8800 Grossmont College Drive
El Cajon, CA 92020
619-644-7454 | grossmont.edu

Governing Board Members

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Kyrie Macogay, Brandon Vivero

Chancellor : Cindy Miles, Ph.D.

President: Nabil Abu-Ghazaleh, Ed.D.

Contact us at

summit@gcccd.edu



@GrossmontSummit



/thesummit.gc



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gcs Summit.com

SUMMIT STAFF

What did you learn this semester?

Oh, man! I sure did learn two grand lessons this semester: to take care of my mental and physical well-being, and to set my priorities straight. It only took more than a couple mental breakdowns, sleepless nights and a screwed up eating schedule for me to come to this realization. I realized that I was draining myself bouncing back and forth from a full-time job, being a full-time student and other responsibilities. This may sound a little crazy, but I came to the realization that I had to quit my job so I could achieve my goals. Let me tell you, the simple thought of quitting my job made me really anxious, but it ended up being the best thing I could have done. My dream of working in the music industry, my wellbeing and school are my top priorities, and I won't let anything get in the way of that. We are all capable of achieving our dreams, but we must remember to take care of ourselves in order to reach our full potential. **-PA**

This semester has been challenging, yet rewarding. I unexpectedly took on the title of editor-in-chief for *The Summit*, which has pushed me out of my comfort zone. I've been able to make many connections through interviewing fellow Griffins. The main thing I'm taking away from this semester is that everything happens for a reason. Cliché, I know. Last year I was denied entry into SDSU, and I was discouraged and thinking about dropping out of school. I ended up staying at Grossmont another year, joining *The Summit*, becoming editor-in-chief, and getting accepted into SDSU for Fall 2018. I'm a first-generation college student, and I couldn't be more excited to make my family proud. Never stop chasing after your dreams. You can do anything you put your mind to. **-BT**

This semester, I learned a little something about time management... It's important. There's a reason why they're called deadlines; your butt is on the line, and you're dead if you don't finish in time. The best thing to do is to start with whatever assignment is either due first or requires the most time and effort. Don't forget to congratulate yourself after you finish each task, it'll make you feel like you've really accomplished something and it'll keep your spirits up! Also, don't try to play video games and work at the same time. Don't ask me how I know that. **-MR**

This semester, I learned about the importance of having multiple avenues of getting things done. There will always be challenges, but I think if you plan ahead, those challenges will be easier to face. That being said, I also learned that I can do a lot more than I thought I could; I think multitasking is something a lot of people are afraid of, but if they put their mind to it they would actually be really good at it. So just putting myself out there and actually doing things instead of sticking to what I knew helped me this semester. I still have a ways to go, but things are moving along rather nicely. **-JT**

This semester I learned how to work as team but also how to manage my time wisely. Managing my time as a writer for *The Summit* and my others two classes was not an easy task but I came to understand that things often take longer than expected. So, allowing yourself a little extra time in case you spend longer on a task is key in time management. Constantly reviewing and reassessing your schedule can help you recognize whether you need to make change in your schedule in order to complete any tasks. To not procrastinate was the key of my success in this class, I learned how to work in groups, which helps me increase my motivation and avoid procrastination. **-MP**

As an international student, each day is a challenge. Not only I challenge myself to get better and better in English, but also to fit myself into a completely different culture and to learn to live far from my family - all of these on top of managing school. Of course spending a semester from the comforts of my home was a little overwhelming; there are times I get waves of homesickness and feel the heaviness of not having family close. But trust me, even though the difficulties I encounter, studying overseas has been the greatest life-enriching experiences. As summer is approaches, I want students to consider to study abroad. It will be different. It will be challenging. But after all, it will be so worth it. You will come back able to tackle any challenge thrown on your way. **-LK**

This semester taught me the importance of moving forward and finding balance. Between working full-time, taking six classes, plus volunteering to become a contributor for a few different sites, it was tough to manage it all with the constant stress it brought along. It was difficult trying to pull through and not give up. However, finding the balance is key in getting things done. Step back. Breathe. Write down a list of chores. Do them. Remember, the stress won't last forever. Even though it's tough to remember everything happens for a reason, I learned it's important to not let a setback affect your future. You will get through it. Just keep moving forward. **-FS**

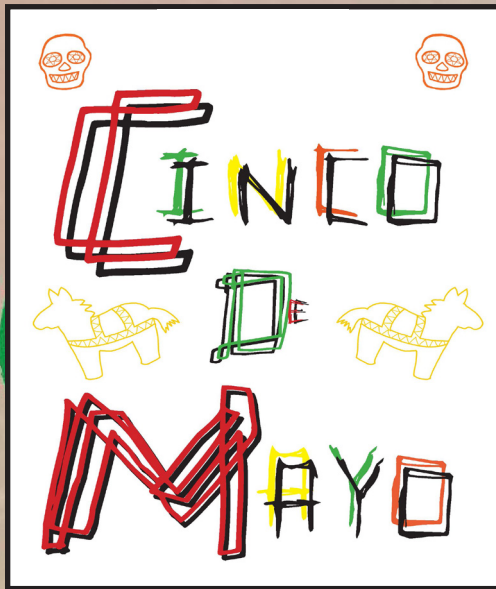
This semester allowed me to understand the importance of prioritizing your life. By taking on a full class schedule, an apprenticeship and working 20 to 30 hours a week, I faced a pressing need for immaculate time management skills. Balancing five articles a week for my apprenticeship with the articles and interviews for *The Summit* allowed me to get a taste of what being a modern-day journalist is like, and I am eternally grateful to have been given these opportunities of experience at 19. Learning to grow with life rather than trying to force your way through has been a huge outtake from this semester, and I encourage every student to work hard and gain experience in whatever it is they want to do while still given the time to do so. **-KJ**



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Media News Practicum

SPRING 2018 SUMMIT STAFF (CLOCKWISE FROM BACK LEFT): Paloma Abarca, Jordan Thibodeaux, Morgan Peyre, Lea Kolb, Fowsia Shariff, Kayla Johnson, Morgan Ray and Brianna Tyseling.



STORY BY PALOMA ABARCA ILLUSTRATIONS BY CANDACE GUERRERO

Treat yourself to some history
rather than a drink.

May has arrived and everyone is preparing for the annual celebration of Cinco de Mayo. Restaurants are stocking up on alcohol and promoting their best Mexican-style dishes. Meanwhile, Americans are walking around with sombreros trying to score the best happy-hour deals. The historic meaning behind this day is blurred out through this indulgence of alcohol and delicious food, which makes it one of the most misconceived Mexican holidays.

"[People] want something to party about," said Angelica Rodriguez, current student at Grossmont College. "Even though they don't know anything about the culture or what it's actually about. It's degrading for me since I come from there and it's [more than just partying]."

Highly celebrated in the United States – more than in Mexico – many Americans believe that Cinco de Mayo is a day to celebrate Mexico's independence, but let's put that idea to rest. Mexico's Independence Day is actually honored on Sept. 16, which came 50 years before Cinco de Mayo. The fifth of May is the day the Mexican Army surprisingly won victory over the French forces of Napoleon III during the Battle of Puebla on May 5, 1862.

It wasn't until the early 1860s that Mexico had fallen into a grand amount of debt with several European countries, including France. Napoleon III, French emperor at the time, ceased the opportunity to not only attack and collect debt, but to establish a monarchy in the Western Hemisphere. Under the command of Gen. Ignacio Zaragoza, the less-equipped Mexican Army went to battle against the French,

showing heavy resistance. Spending nearly all-day at battle, the French forces surrendered after losing a massive amount of men, giving Mexico the victory.

It is well-known throughout history that at the time the French attacked, Mexico had a poorly equipped army, but that didn't stop them from striking back. The French lost nearly 500 soldiers, and Mexico lost fewer than 100 soldiers from the battle. Although this was a grand achievement and a huge morale boost for the Army and Mexican people all

Even though the roots of Cinco de Mayo are tied back to Mexican heritage, many don't realize that it has slowly become an American holiday – more people celebrate it in the U.S. than south of the border.

"Recent Mexican immigrants are often surprised at what a huge thing Cinco de Mayo has become here," said Margarita Sánchez, professor at Wagner College. "They do celebrate the holiday in Mexico, but it is only a big deal in Puebla."

Mexicans are proud of this memorable time in history, but Americans and brand companies seem to use the popularity of this day for partying and advertisement. According to the measurement company Nielsen, "During the week of Cinco de Mayo last year, Americans bought more

Many Americans believe that Cinco de Mayo is a day to celebrate Mexico's Independence, but let's put that idea to rest.

around, its well-earned victory was short-lived.

According to Ashley Ross, author of "The Surprising True History of Cinco de Mayo," "The French army returned the following year and won, but it was the initial Mexican victory [that] was still impressive."

Despite the return of the French, the city of Puebla gratefully honors the fifth day of May as a success.

than \$735 million worth of beer and malt-related beverages."

One of Mexico's best-selling brands in the U.S., Corona, will spend roughly about \$2 million for a spot on national TV during the week leading up to May 5 to advertise its product. It's safe to say that the Mexican beer sector can thank Cinco de Mayo, also referred to as "cinco de drinko," for its thriving business.

So the next time you're getting ready to celebrate Cinco de Mayo, remember that it is more than margaritas and tacos; it's a tribute to Puebla and the nation's stance against foreign domination.



FYI, It's DIY

Busy with finals, out of ideas or just flat out forgot about Mother's Day? Trust us, we've all been there and we've got a few ideas for you.

Baked French Toast Muffins

If you can't decide between French toast or muffins, bake a bunch of these and level up your breakfast game! (Serves 12)

Ingredients

For Muffins

- 1 loaf French bread, cut or torn into ½-inch cubes (12 cups)
- 2 ½ cups milk
- 6 large eggs
- ½ cup granulated sugar
- 1 tsp. vanilla
- 1 tsp. ground cinnamon



For Streusel Topping

- ¼ cup cold butter
- ¼ light brown sugar
- ¼ cup all-purpose flour
- ⅛ tsp. ground cinnamon
- Pinch of salt

Directions

Whisk together milk, eggs, sugar, vanilla and cinnamon.

Add bread cubes to mixture and slowly pour into greased muffin tin.

Cover muffin tin with plastic wrap and leave in fridge for two hours or overnight. When ready to bake, preheat oven to 350 degrees F.

For Streusel Topping: Combine butter, brown sugar, sugar, flour, cinnamon and salt in bowl and mix with your hands. Mixture should be crumbly.

Sprinkle topping over muffins, bake for 25 min. or until golden brown.

Let cool for 5 minutes. Serve with butter and/or maple syrup.

Source: twopeasandtheirpod

Katharine Hepburn's Brownies

Headstrong Hollywood icon Katharine Hepburn turned out some amazing performances and some equally legendary brownies. (Serves 12)

Ingredients

- ½ cup cocoa
- 1 stick of butter
- 2 eggs
- 1 cup sugar
- ¼ cup flour
- 1 cup chopped walnuts, pecans and/or chocolate chips
- 1 tsp. vanilla
- Pinch of salt



Directions

Preheat oven to 325 degrees F. Melt butter in saucepan with cocoa and stir until smooth. Remove from heat and let cool for a few minutes. Mix in eggs, one at a time.

Combine sugar, flour, nuts, salt and vanilla in separate bowl, add to egg/cocoa mixture.

Pour into greased pan; bake for 35 minutes. Consistency should be gooey.

Let cool, cut and serve.

Source: thetakeout.com

Coffee Sugar Scrub

As any student would tell you, you can't go wrong with coffee, and this quick scrub covers all sorts of bases: It exfoliates, moisturizes, reduces the look of stretch marks and works as an anti-inflammatory.

Ingredients

- 1 cup ground coffee
- ½ cup brown sugar
- ¼ cup almond oil (½ cup for thinner, oilier scrub)
- ¼ tsp. Vitamin E oil
- 10 drops orange essential oil (optional)



Directions

Combine all ingredients in a bowl and store in airtight container. Best if used within 2 to 4 weeks.

Source: apumpkinandaprincess.com

Compiled By *Morgan Ray*
Design by *Hoang Long*



Spice up Mom's shoes in just a few seconds!

What You'll Need

- Sandals with a toe strap
- Super glue
- Gems (any kind from a craft store)

Directions: Glue gems onto toe strap and let dry for an hour.

Source: katemaree.com/diy-jeweled-sandals



STORY
AND
PHOTOS
BY
MORGAN
RAY

L TO R. FRONT ROW: ELIZABETH FELIX, CHRISTOPHER WILKINSON AS "GERARD," YARITZA CARRILLO, ERIN NICHOLS, JOHN HENGESBAUGH AS "TINA WONDER," LONG NGUYEN AND JASZ KUYATÉ. **BACK ROW:** AARON KIZZIER AS "MISTY SKYES," FINLEY CAZZORLA AND TASHA COURTNEY.

SOGI Club turns it out for a celebration of talent and individuality.

Trust and believe that when the SOGI Club says there'll be a show, there will be a show. On April 13, Grossmont's own Sexual Orientation and Gender Identity Club threw its third annual Drag and Talent Show to make the campus feel a little more empowered: "Only for a day or as quick as a hour" in the words of hosts Jasz Kuyaté and Erin Nichols.

John David Hengesbaugh kicked things off as Ms. Dawn Jinnae Maya Chang, bringing down the house with a fierce lip-sync of Cher's "Believe."

"I feel like (drag is) like a second part, a second person...that two worlds kind of thing," said Hengesbaugh, who returned for the show's second half to introduce the yin to Dawn's yang, Tina Wonder. "[Dawn] always focuses on herself. Tina Wonder...likes adventure, she loves to travel, she wants to do something for her life...She's like Belle (from *Beauty and the Beast*)."

**"I want to teach the world this:
Just be yourself." —John Hengesbaugh**

After Ms. Chang came dance numbers from Christopher Wilkinson, a.k.a. "Gerard" and Yaritza "Yari" Carrillo, who proved that they did not come to play, they came to slay. Andy Felix made his drag debut as Ms. Valor Amor (covering Kesha's "Praying," no less), and along came a special appearance from Palm Springs queen Misty Skyes, whose lip-sync of Meghan Trainor's "No" had the crowd screaming, "Yaaas!"

Intermission came and went, but of course, the show must go on. Co-host Jasz Kuyaté began round two with a reading of "Them," a powerful spoken word piece about identifying as "they, them, theirs" in a world that only acknowledges "he" and "she."

"It's something I've wanted to do, something specific I've wanted to say to specific people in my life," Kuyaté said.

Regarding non-binary identity, Kuyaté said: "It's been there for a while, but I didn't have the language to really pinpoint it, because, as with other transgender people, they'll be like 'I'm definitely on the

binary...I'm definitely male or I'm definitely female... There wasn't really a middle ground, and I didn't really learn about that at all until a few years ago...I think I was around 22 when

I was super-solid about it, but it had been (there) since I was 17 or 18."

Carrillo returned to perform a touching K-pop ballad, Tina Wonder made her aforementioned appearance, and Misty Skyes returned to close out the show with Madonna's "Material Girl," in an outfit made out of IKEA bags.

So concluded a spectacular show with some wonderful material, but the club's message certainly will not end here. Although this is only the third time the SOGI Club has done this show, its members left their equally enthusiastic audience's jaws on the ground and opened hearts and minds to a variety of perspectives.

"Nobody is perfect, trust me on that," Hengesbaugh said. "I want to teach the world this: Just be yourself. Life is too short; look at yourself first. Look at your friends, look at your family; they (will) always love you for being you."



**LOCAL QUEEN MISTY SKYES
LIP-SYNCS MEGHAN TRAINOR.**

SOGI PRESENTS: THE SECOND ANNUAL PRIDE GRADUATION

Grossmont College and the Sexual Orientation and Gender Identity club (SOGI) presents a ceremony of inclusion and personal freedom at Pride Graduation. On May 25, from 2 to 4 p.m., graduates will be awarded for their accomplishments in an open and accepting environment. Guest speakers will include the club advisor Dr. Sue Gonda, Grossmont President Nabil Abu-Ghazaleh and communications professor Joel Castellaw. The ceremony will incorporate personal speeches from each graduate and end with a mixer provided with drinks, food and fun for recipients and guests.

This will be the second annual Pride Graduation at Grossmont College and is open to all members of Grossmont, regardless of participation in SOGI. Pride Graduation is a ceremony that promotes the individual for their true authentic self. "We host this event in the hopes that we can provide a space and environment to students where they can be proud of their academic achievements in a place while feeling comfortable," SOGI President Finely Cazzorla said.

The concept of Pride Graduation is credited to Dr. Sue Gonda, who proposed the idea "after having been involved in San Diego State University Lavender Graduation, a graduation event of similar purpose," Cazzorla explained. The idea was presented in 2016, and by Spring 2017, with Cazzorla's presidency, the idea became reality. The purpose of this event is to include those who are often excluded and create an environment that is safe for them to feel proud of their accomplishments. The celebration welcomes those who have been shamed and put down by family, friends and peers, and allows them to feel accepted as they express self-worth and gratitude. Each graduate will be respected and honored at this ceremony by being recognized with their preferred name and pronouns when announced and displayed on their certificates.

Organizers of the SOGI club can't stress enough how important Pride Graduation is, and they are more than happy to be able to put on such a powerful ceremony for everyone involved. The club's mission statement pushes for a support system based off inclusion and acceptance, no matter who it may be that enters the room during a club meeting.

"The focal point of our group is community unity within club meetings and ensuring that every time a member (old or new) steps into our space they feel like they are coming home to loving friends and family," Cazzorla said. The club acknowledges that people who fall into the minorities of sexual and gender identities are often shut out by family and friends prior to coming out, and that SOGI is here for those people and welcomes them with open minds, hearts and arms.

With the presence of SOGI on campus, all who feel alone, ashamed and invisible due to their sexual or gender identities are given reassurance by the representation and visibility on campus. Representation is one of the strongest ways to instill confidence and a feeling of safety into the minds of those who have been doubted by the public for so long. Pride Graduation is an important form of representation as SOGI strides toward the acceptance of all Grossmont students for their true and authentic selves.

BY KAYLA JOHNSON | IMAGES FROM SOGI CLUB



STUDY ABROAD

IT'S A LIFE-CHANGING
EXPERIENCE.



BY THE NUMBERS

97% OF THOSE WHO
STUDY ABROAD FELT
IT HELPED THEIR
MATURITY.



EMBRACE THE OPPORTUNITY

TIP
LIVE WITH A
HOME-STAY
FAMILY.

BY THE NUMBERS

96% CLAIMED AN
INCREASE IN SELF-
CONFIDENCE.

For millions of students around the world, studying abroad can brighten their college careers. However, according to the Institute of International Education's Open Doors report, fewer than 10 percent of American students take the opportunity to study in a foreign country.

That's a concern, according to Ronald Bee, professor of political sciences at Grossmont College, San Diego State University and Miramar College. He said he strongly believes studying abroad remains a civic duty for becoming an informed citizen and asserts that international experience is a key component for personal, academic and professional growth.

During Grossmont College's political economic week, Bee offered a lecture entitled "Why You Should Study Abroad: Let Me Count the Ways," to share his own experiences of studying abroad, as well as its benefits. The writer of numerous books and articles, Bee has an extensive foreign policy and diplomatic experience including nuclear weapons and international relations between U.S. and Europe, as well as the Middle East. He has been a guest speaker at the NATO headquarters in Brussels and is fluent in French, German and Italian.

Bee began his career by studying abroad when he first went to France, where he studied for one year at the University of Grenoble through the UC education abroad program. After that experience, Bee said he had become "addicted to traveling and needed to go back." The following year, he went to Worcester College in Oxford University on the UC Berkeley-Oxford Program for one year. He

GAIN NEW PERSPECTIVE



GOOD TO KNOW

MANY UNIVERSITIES REQUIRE STUDYING ABROAD. SDSU DOES IN 32 DIFFERENT MAJORS.

understanding of the culture by actually living like the locals. You will be able to learn about the different customs and traditions as well as to try new foods and activities— how exciting!

If possible, live with a home-stay family before going out on your own. It can completely engage yourself within the culture and you can address any of your questions or concerns.

Your experience will be enriched as you witness a completely new culture and learn about it. Along the way, studying abroad will grant you the chance to discover and learn through a new lens, and a result, learn that there are different views, ideas and opinions. In others word, it helps with developing new perspectives and becoming a more open-minded person.

LEARN A NEW LANGUAGE: If you're interested in learning a new language, study abroad is the best way to do it.

As Bee said in his lecture, "If you learn a new language, you should go where it is spoken." You'll be constantly surrounded by native speakers, and you will have no choice but to use the spoken language of the country to communicate with those around you.

We all know that learning a foreign language can be challenging and time-consuming. For example, you might have studied Spanish or French since high school, yet you feel like you're not fluent in speaking it. According to Bee, certain aspects of the language can be better acquired through experience, especially the living spoken language. Native speakers, especially teenagers, often use slang

[CONT. ON NEXT PAGE]

EXPAND YOUR HORIZONS

then went to a graduate school at Johns Hopkins University, School of Advanced International Studies (SAIS), in Italy.

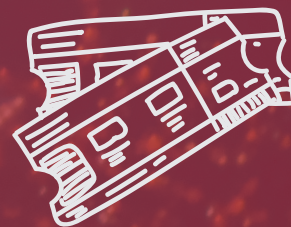
Those experiences lead him to work at the International Atomic Energy Agency in Vienna, Austria, for six months. A few years later, Bee was solicited to travel to Europe in order to interview leaders during the Presidential Commission on Chemical Warfare in 1985. He then moved to Germany for a year in the Robert Bosch Foundation Fellowship program that allows him to work in the German parliament.

Because of the connection he made while studying at Johns Hopkins University, Bee was then hired to work on the US Freedom Support Act in Moscow, Russia. He also directed a track-two diplomacy for the UC Institute on Global Conflict and Cooperation, and he co-chaired a track-two military-to-military dialogue, Arms Control and Security Improvement in the Middle East for the U.S. Congress. He currently serves as the managing director of the Hansen Summer Institute on Leadership and International Cooperation at the University of San Diego and as coordinator of the Oxford Study Abroad Program.

Bee said he believes that studying abroad has helped him to get all of these opportunities and to build a resume that lead him to many places. "I wouldn't have a career if I hadn't gone to France," Bee said. His lecture gave insight to the opportunities study abroad offers to students.

SEE THE WORLD: This is probably the number-one reason for many students who choose to study abroad. Studying abroad grants students the privilege to travel the world and widens their perspective of it. You will have an opportunity to explore new places, as well as immerse yourself in the culture of the country you will live in. Bee asserted that traveling and learning abroad are keys to understanding our current world situation, as well as becoming informed citizens. By immersing yourself into a different community and culture from your own, you'll gain a better understanding of the world.

While studying abroad, you will be immersed in a totally different environment. You will have the opportunity to gain a better



GOOD TO KNOW

90% OF STUDY ABROAD ALUMNI GOT INTO THEIR FIRST OR SECOND CHOICE OF GRAD SCHOOL.

[CONT. FROM PREVIOUS PAGE]

when speaking. As a result, there is a considerable difference between the academic learning of a language – what you learn in class – and real-life experience when you learn by chatting with native speakers.

In addition, when learning a new language, you become more perceptive. In others words, you'll become better at observing your surroundings, as well as becoming a better decision maker.

Learning a new language even helps you become better in your own native language, since it helps you focus on the mechanics of language. You will become more aware of language and how it is structured.

BUILD RESUME CAPITAL: Studying abroad can set you apart. In his lecture, Bee pointed out the benefit of studying abroad, especially how it can boost your resume and make you more appealing to international companies. Today, more and more companies expand and build businesses across oceans. Needless to say, foreign language fluency will give you the opportunity to distinguish yourself from other job candidates and make you more valuable in the global marketplace. "You're twice as likely to get hired if you have studied abroad," Bee said.

Having that experience on your resume can make a huge difference. Not only does it showcase your travels, it also means that you're an open-minded person who is comfortable to explore new environments and take risks, which is "what all jobs want you to do: challenge yourself and figure it out," Bee explained. Studying abroad is an opportunity for students to learn cross-cultural skills and, as a result, gain valuable credentials in today's globalized business environment.

By stepping out of their comfort zone, students can experience academic growth. Bee said he believes students are becoming much more engaged and focused on their studies when studying abroad because they now have "a new set of 'brain cells' that have developed in a different culture."

DEVELOP YOURSELF: Beyond affecting career or educational direction, one of the most significant impacts of studying abroad is personal growth. Studying is a life-experience that will change you. Of course, there will be frustrating things out of your comfort zone, but it will help you become more tolerant. Traveling abroad requires patience and flexibility, especially when you have to rely on yourself. Bee said he believes in order to grow you have to push yourself outside of comfort zone. Through this experience, you will gain self-confidence and maturity, as well as improve your problem-solving and communication skills.

Additionally, students who study abroad acquire a unique set of leadership skills. According to Bee, studying abroad strengthens "your independence, resourcefulness, adaptability and problem-solving skills—all leadership traits everyone wants to succeed in life in general, the marketplace, government or non-governmental worlds."

MAKE LIFELONG FRIENDS: Studying abroad offers the chance to meet new people who were raised in a different culture and form friendships that may last a lifetime. There is nothing like visiting a country with a local; they will show you what it's really like to live there. Not only you will meet locals, but you will also get to know people like you who come to study abroad.

DO IT NOW: Studying abroad is one of the most significant and rewarding experiences that students can gain while in college. According to Bee, there is no better time to travel than during high school or universities. "It's when you're supposed to explore and learn what is important to you," Bee said. More importantly, it's when you can "effectively build your resume capital that will affect the rest of your life."

He added: "To study abroad means that the world will become your oyster."



Q&A
WITH AN
INTERNATIONAL
STUDENT

AMBRA BARON, 21,
FROM ITALY

PHOTO BY LEA KOLB

WHAT IS IT LIKE TO STUDY ABROAD?

During your experience, what has been the most rewarding?

This experience gave me a taste of independency. For the first time, I was a 100 percent in charge of the decisions regarding my future. I was able to get a legal job where I had to pay taxes! My English improved exponentially, and overall, I feel more confident about myself and much more open minded than what I was before.

What has been most challenging?

Communication was never a problem for me. My English was pretty good since the beginning of this experience. However, the first year, I had some difficulties in writing essays. It used to take me forever to write down a page

simply because I was not used to do it. Now, after having written down probably more than 50 essays, I can say that this is something that does not concern me anymore. Making friends was not easy at all. I felt pretty depressed the first year because I was only going to school, and I had a lot of free time, but not many friends to spend time with.

Would you recommend it?

Of course, I would not just recommend it, I think it is a must. It is worth to do it because, even though it might seem challenging at the beginning, it finally pays you off. It pushes you to understand new cultures and new systems, and consequently, makes you wiser and braver.

WHAT ABOUT GROSSMONT? CAN I STUDY ABROAD THROUGH HERE?

The college used to offer opportunities to study in countries such as France or Italy during a semester. However, in 2010, Grossmont lost its programs due to difficulty of obtaining specific funds to set up an institutional study abroad program.

"The issue is to integrate it within the university, which takes money," Grossmont political science instructor Ronald Bee said.

Dr. Marion De Koning, chair of the Visual Arts and Humanities department and ex-coordinator of the Grossmont College study abroad program, said she received emails almost every day from students interested in studying abroad, and hopes to see that program again.

"We don't want them to go through others' schools. We want them to go through us," De Koning said. The hope is to have an office for studying abroad on campus, offering variety of programs in order to meet students' wishes.

Bee also pointed out the difficulty of finding faculty to volunteer. "If you're teaching five or six classes, it is hard to find times," he said.

De Koning, who coordinated the program on a volunteer basis, said she doesn't have the time to run it anymore. She explained the two different possibilities to offer resources for studying abroad are whether having someone who just focuses on the program or offering "release time" to teachers, which consists of getting a little bit of extra time in their schedule. Having that extra time could be an opportunity to do the work regarding the program such as advertising it and attending meetings.

Because of all the benefits she has been able to witness while running the studying abroad program, De Koning said she

[ABROAD CONT. ON PAGE 22]



THINKING ABOUT A CAREER IN

Information TECHNOLOGY?

Earn your B.A. without leaving Grossmont College

Point Loma Nazarene University has partnered with Grossmont College to offer you a B.A. in Computer Information Technology.

Find out more at our free info event!

Thursday, May 10, 2018

5 – 6:30 p.m.

Cuyamaca College Campus

Student Center, Room I-207

RSVP at pointloma.edu/CIT-event

POINT ¹⁹ LOMA
NAZARENE UNIVERSITY

GROSSMONT
COLLEGE



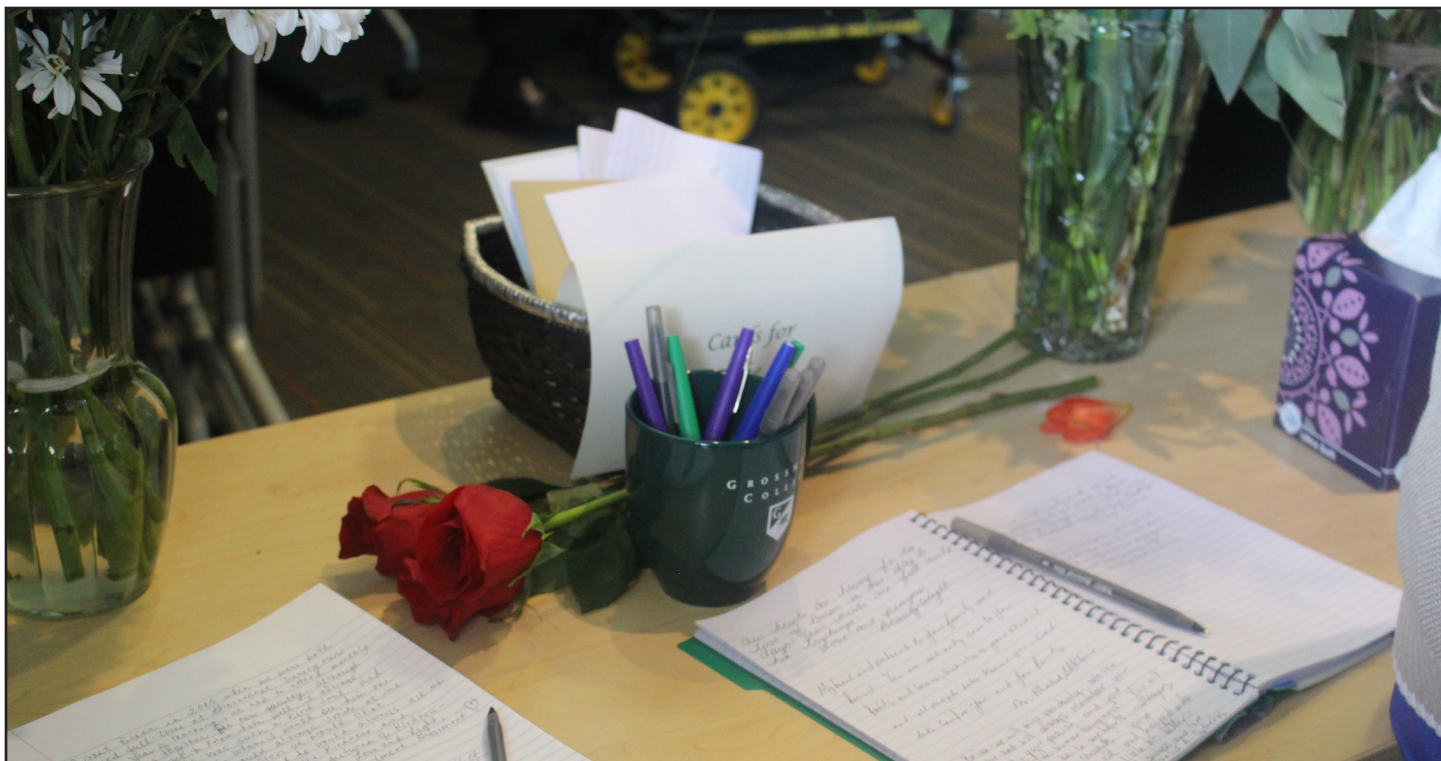


PHOTO BY LEA MORGAN PEYRE

A PROFESSOR TO REMEMBER

Grossmont mourns the loss of an iconic professor. **BY MORGAN PEYRE**

Family, friends and colleagues were present April 24 to remember a Grossmont College professor who was killed in a tragic bicycle accident.

Brian Jennings, 58, worked as a political science professor at Grossmont for over a decade. Jennings earned bachelor's and master's degrees in political science, with an emphasis on comparative politics and U.S. government. Jennings was a supporter of the LGBTQ community, an inspiring musician and an avid cyclist who enjoyed riding through the highest peaks of California, Arizona and Nevada.

On April 17, Jennings was riding mountain bike on a path alongside Olde Highway 80, when he was struck and killed by a minivan. The driver had fallen asleep at the wheel and veered out of her lane.

At Grossmont's memorial for Jennings, Augustin Albarran, a fellow cyclist and the college's dean of English, Social and Behavioral Sciences, had a few things to say about his friend Jennings.

"Brian and I spent countless hours on spectacular rides, rain and freezing snow or under the hit of the desert laughing, sharing and enjoying life at the most," he recalled. "What I learned the most about Brian was his unquestionable love for his family and for his students."

People from Grossmont and Cuyamaca Colleges, as well as district services, current and former students, attended the tribute

for professor Jennings, which was held in Griffin Gate.

"The district has lost an inspirational educator who made tremendous impact or impression on students who have past through his class," said Dr. Cindy Miles, chancellor of the Grossmont-Cuyamaca Community College District.

Rafael Navarrete, currently studying at San Diego State University, took two political science classes with Jennings at Grossmont in 2013. Navarrete said that looking at the people attending the tribute truly demonstrated how many people Jennings impacted throughout his life.

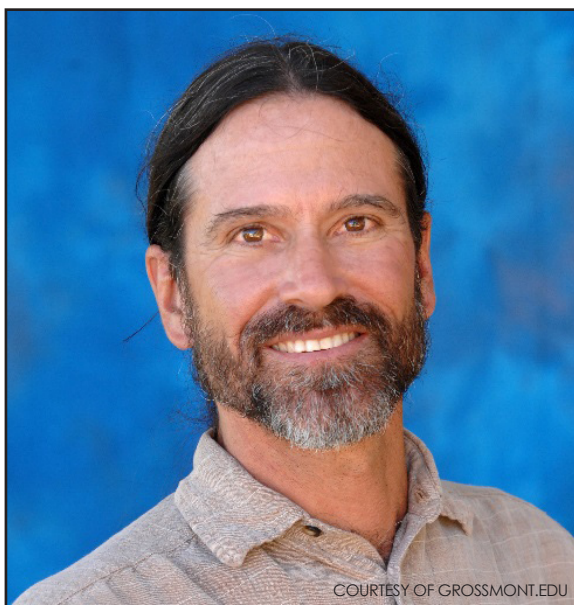
"When I found out about this tragic news, I had to come out here and show all my respect for this professor," Navarrete said.

Tate Hurvitz, faculty member at the English department at Grossmont College, started working with Jennings almost 13 years ago. Hurvitz said that every single time he was with Jennings, he could see a smile that was real and carrying.

"Losing someone like Brian leaves such a hole in our lives, but also in

our community," said Joe Braunwarth, political science professor and colleague of Jennings.

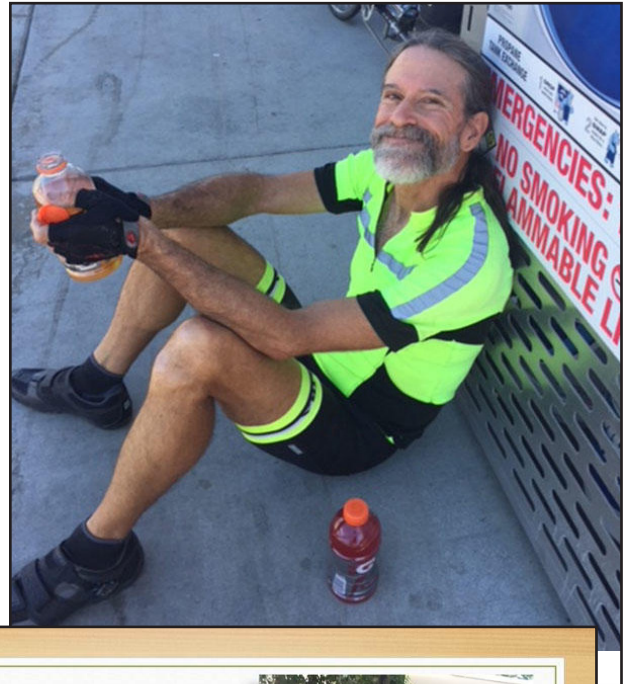
Christopher Enders, 27, was also a student of Jennings. Enders identifies as LGBTQ, and said that Jennings' classroom was a safe, respectful and validating environment where people could express freely themselves without feeling judged.



COURTESY OF GROSSMONT.EDU

“What I learned the most about Brian was his unquestionable love for his family and for his students.” –Augustin Albarran

CLOCKWISE FROM TOP LEFT: COURTESY OF AUGUSTIN ALBARRAN, NBCSANDIEGO.COM, CUYAMACA COLLEGE, NBCSANDIEGO.COM



Celebration Of Life

A Celebration of Life in honor of
Brian Jennings
will be held on

Saturday, May 12, 2018
4:00-8:00 p.m.

The Water Conservation Garden
at Cuyamaca College



“Losing someone like Brian leaves such a hole in our lives, but also in our community.” –Joe Braunwarth

“During a political class, a lot of sensitive subjects can be touched, but Professor Jennings had the talent to make things fun and enjoyable for everyone so that people could be who they are and said what they feel about their beliefs but still be validated,” Enders said.

Albarran said exemplifying some of what Jennings modeled in caring for individuals and how we can interact with each other is the best action we can take forward. “He was always an individual who gave up his time, not only the material gifts he would buy for students such as books and food. In my mind, this is the biggest lesson we can remember from Brian,” Albarran said.

Nancy Jennings, Brian Jennings’ wife and speech instructor at Cuyamaca College, gave a powerful and very emotional speech to tribute of her husband.

“Brian has been an true inspiration to me, and to many other people,” she said. “We wanted to live our lives and love the people as much we could, and we did that. I want to thank you everyone for the tremendous love, support and positive energy you are offering me,” she said.

The Summit staff sends its condolences to the Jennings family during this difficult time.

REPRESENTATIONS OF BLACK WOMEN IN TV AND FILM

How these harmful stereotypes have infiltrated fiction.

AN EDITORIAL BY FOWSIA SHARIFF | LAYOUT AND DESIGN BY RILEY STROTHERS

In 1967, noted poet Audre Lorde, in the article “The Uses of Anger,” discusses the moment she was out shopping at the supermarket. Her 2-year-old daughter was along for the ride, sitting in the shopping cart, like many other children with their parents. A young white girl in her mother’s shopping cart passed Lorde and her daughter and said, “Oh look, mommy, a baby maid.” The idea that black women are maids was so ingrained that on first sighting, the white young child assumed that the black child was a servant.

Since this incident took place in 1967, one would assume that notions of this kind were prevalent then, but do not occur in this day and age. Still, portrayals of black women as servants and maids continue to be widespread, as well as many other stereotypes. Deriving from slavery, black women have longed been stereotyped in American society. Despite their cruel origins, slowly those stereotypes have found their way through illustrations of black women in the media, particularly in television and film. My goal is to examine the inaccurate portrayals of black women in television and film through the use of stereotypical tropes and why these stereotypes are detrimental to black women in real life.

The representation of black women

is a “single story” comprised of many stereotypes, typically narrowly depicted, as noted by activist Chimamanda Adichie. One of the most common tropes attributed to black women characters is the “Mammy” archetype— a desexualized, typically middle-aged black women who spends all of her time slaving over her master’s family. Her duties included preparing meals, cleaning homes, nursing and rearing the owner’s children. One of the earliest fictionalized versions of the mammy figure was Aunt Chloe in Harriet Beecher Stowe’s *Uncle Tom’s Cabin*, which was first published in 1852. In the book, Stowe described the standard Mammy as, “a round shiny black face of hers, so glossy as to suggest the idea that she might have been washed over with whites of eggs, like one of her own tea rusk.” Unfortunately, this stereotype continued after emancipation— like the traditional Mammy, the modern-day Mammy is always large, asexual and wise.

This version of the traditional mammy can be in the 2011 film *The Help*, a ‘60s-set, Mississippi-based drama about a bunch of servants who help a white journalist write a book and then go on to share in the royalties. Actress Octavia Spencer’s character

in the film is supposed to be the best cook in the Mississippi-set county, as she defaults into the standard movie image of an African American domestic. Along with *The Help*, Tyler Perry’s Madea is one of the most infamous portrayals of the modern-day Mammy. Her role as a Mammy is even more solidified in the most recent film featuring Madea, *Madea’s Witness Protection*, where she takes care of and gives advice to a white family. The problem with this trope is that not only is it erroneous, it re-establishes the idea that black women were only fit to be domestic workers and are undesirable to white men. Consequently, it is difficult to appreciate the diversity of black women in media when they are imposed by identities based on negatives stereotypes.

In addition, the strong black woman trope never reveals the vulnerabilities of a black woman by not straying away from strong-willed black womanhood, appearing time and time again in modern-day mediums. “The Strong Black Woman” trope is a cultural narrative that puts black women in a position where they are taught to keep all emotional misgivings inside, rather than seeking help and talking about said misgivings. Annalise Keating from ABC’s hit drama *How To Get Away*



©WALT DISNEY STUDIOS

IT IS TIME TO START WRITING BLACK WOMEN AS COMPLEX AND LAYERED, BECAUSE THAT IS WHO THEY ARE.



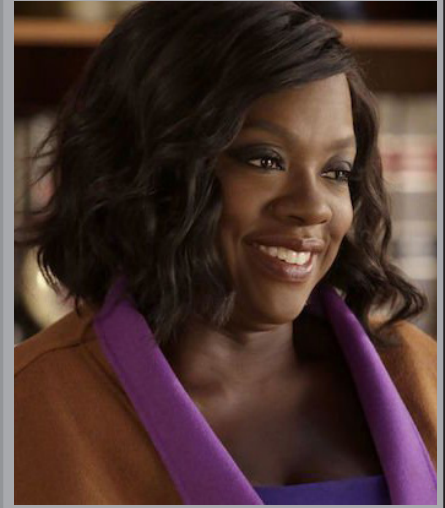
©LIONSGATE

With Murder is a perfect example of this. Because of her icy, impenetrable personality, Keating (played by Viola Davis) is able to not let the challenges and adversities she has endured affect her demeanor. When she cries, she immediately pulls herself together. When she is in trouble, she does everything in her power to maintain the situation. While this may feel like a positive stereotype, or a quality that everyone should strive for, in actuality it is damaging to a black woman's worthiness. Despite a black woman's well-being, they are taught to be self-sacrificial in fiction, usually for a white character—thus bringing about why this trope is problematic.

In addition to Keating's determined tendencies, actress Kat Graham's character Bonnie Bennett on the CW's sci-fi show *The Vampire Diaries* is infamous for having to keep it together in dire times. Bonnie Bennett is a feisty, yet empathetic witch who discovered her powers just in time to help out her friends and family. She is repeatedly ready to sacrifice herself for her friends without any hesitation. During the course of the show, Bonnie has died and came back to life approximately six times, with most of her loved ones dying around her. Time and time again, she stepped up to the plate to sacrifice herself for her friends, all whom are white, seldom getting the time to rest or take care of her own mental and physical health. Instead of being able to express their discontent or issues, black women often feel obligated to maintain themselves to carry on a false facade. If black women are mostly characterized as "strong" and "resilient," they are left to be treated in deplorable ways.

While the representation of black women in media has increased, it is the accuracy of the portrayals that is substantial. If the representation of black women does not stray far from the harsh stigmas that they cannot escape, that form of representation is not progressive nor different from portraying black women as the "Mammy," "The Jezebel" and "The Strong Black Woman."

These stereotypes, which evolved during slavery, continue to exist and contribute to the unique harassment experienced by black women today.






©DISNEY-ABC DOMESTIC TELEVISION




The media is infamous for depicting black women in a certain light, to the point where these false narratives have found their way into fiction in the form of television and film, thus compelling the never-ending cycle of seeing black women as nothing more than these tropes in real-life. Because of that influence, it is the time to be progressive in representing black women in TV and film as accurately as possible. It is time to stop writing black women as self-sacrificial, as prostitutes or as strong-willed all the time. It is time to start writing black women as complex and layered, because that is who they are—because that is who *I am*.



©WARNER BROS



Zero-Cost Textbooks



Join the textbook revolution and save some money!



STORY BY BRIANNA TYSELING
DESIGN BY RIVEL JHAYSON



The cost of textbooks has risen 800 percent in the last 30 years and according to the College Board, students try and budget about \$1,200 a year for textbooks and school-related supplies.

Grossmont College is in the process of putting together an associate degree where students do not need to purchase textbooks— they will be completely free.

Yes, you read that correctly. There are already courses offered at Grossmont that do not require you to purchase a textbook out of pocket. The program is called Zero Textbook Cost (ZTC) and many of these offerings use Open Educational Resources (OER).

“Zero Textbook Cost” is just like it sounds, meaning that students that decide to take classes that offer ZTC will not have to purchase a textbook. These classes may recommend books, but they will not be required. “Open Educational Resources” refer to resources that are openly licensed, free textbooks for students to use. A course section labeled “ZTC” means that you will not need to spend any money on a textbook.

ZTC classes will be run just like any other class; the only difference will be that you will save money on purchasing a textbook. ZTC sections using OER offer a free digital link for students to access their textbook. Many OER have print textbook options for the low cost of only the paper and the printing.

Furthermore, Creative Commons is the web source that many instructors use to choose a textbook for their classes. The material comes in many different copyright options, but it’s not difficult to find quality work that is openly licensed, meaning the work is free to use and edit.

Many instructors are finding high-quality, peer-reviewed OER, allowing textbooks to be more affordable for students. If the teacher feels the need to edit a document found on Creative Commons to better gear it for their class,

they are free to do so. When OER has been implemented at other colleges, the result has been that students are more successful, and are graduating more quickly with less debt.

Dave Dillon, professor and counselor, said he has gone completely free of cost for textbooks in his counseling classes. Dillon has been

working at Grossmont since 2004 and has helped initiate ZTC at Grossmont. “I’ve known that textbook affordability has been an issue for students for a long period of time,” Dillon said. “It’s affecting a student’s ability to become successful,” he added.

Dillon has seen first-hand how much more successful students are when they don’t need to purchase a textbook. Not only does every single person have a digital copy of the textbook on the first day of class, but students are





stress-free when it comes to wondering how to come up with the money to purchase an over-priced textbook.

Nadra Farina-Hess, the college's OER Coordinator, explained that not every class at Grossmont will be able to go textbook-free because some classes require current or specific information that may not be available on Creative Commons.

"We respect and acknowledge every professor's decision in choosing whether to go ZTC or not," Farina-Hess said. "We're simply here to help any teachers that are interested in how ZTC works and helping them create this resource for their students if they would like."

Rebecca Nowicki, OER librarian, agreed.

"We want faculty to choose the best resource for their students," she said.

Currently, ZTC is being funded through the state and many other organizations. Here at Grossmont, the OER/ZTC work group is trying to fast track a completely textbook-free pathway for students. By Spring 2019 (at the latest), Grossmont will have a pathway students can take that is completely textbook-free to complete an associate degree in geography. The work group hopes more degree paths will follow.

Of course, not every class will include ZTC, but a class from every section needed to graduate from Grossmont will have a ZTC option; therefore, in theory, you could graduate from Grossmont without spending any money on textbooks.

Don't spend unnecessary money— check "ZTC" before picking classes for the upcoming semester. Join the textbook revolution!

Full Disclosure: Summit adviser Jeanette Calo is a member of the ZTC work group.



"I've known that textbook affordability has been an issue for students for a long period of time. It's affecting a student's ability to become successful."

— Dave Dillon

Look for this symbol when applying for classes. It means there's no cost for the course's textbook (ZTC).



Musica Maestra!

Add these top eight songs to your Latin music playlist.

BY PALOMA ABARCA
DESIGN BY CRUZ CASTILLO

May is well-known for honoring the Mexican culture on the fifth day of the month, which is better known as “Cinco de Mayo,” or the day Mexico won victory over France in the 1860s. In honor of this day, Latin music recommendations just seemed like the perfect fit— am I right? Let’s dive straight into these top eight songs widely known within the culture and worldwide. Add these eight tracks to your playlist, bust it out at your next Latin American gathering, and watch everyone freak out— in a good way, of course.

SELENA AMOR PROHIBIDO

Selena Quintanilla, also known as the “Queen of Tejano music,” was a Mexican-American singer from Texas, who gained popularity through Tex-Mex music and her lively dance moves. Tex-Mex music incorporates various sounds from Mexico and other Latin American countries, as well as American sounds, to master its unique tone. “*Amor Prohibido*” (“Forbidden Love”), is a golden track! Don’t believe it? Ask your local Latino/a about this one.

AVENTURA OBSESION

Aventura is a popular Bachata group composed of four soulful men from Bronx, N.Y. For those who aren’t aware, Bachata is a very well-known genre of Latin music originating in the Dominican Republic, consisting of a very, and I mean VERY, passionate energy. Want to attract a Latin lover? Play some Aventura, stand in the middle of the dance floor, and watch them appear right before your eyes. Seriously, us Latinos love to dance, especially to music that requires a partner. “*Obsesion*” (“Obsession”) received a large amount of recognition and blew up many international charts.

MANA OYE MI AMOR

You know those songs that make you want to dance, although you just heard it for the first time or the eighth time

in a row? No? Well, you should listen to “*Oye Mi Amor*” (“Hey My Love”), by the Mexican Rock band Mana, and try not to move a single bone. Those who have already heard this track know exactly what I mean. Mana has been part of the game since the 1990s and have been making Latinos rock out on the dance floor, regardless if they like rock *en Español* or not.

ELVIS CRESPO SUAVEMENTE

“*Suavemente*, be-sa-me. Que yo quiero sentir tus labios, besandome otra vez.” Sound familiar? I guess you can only answer that If you understood what I just said. “*Suavemente*” (“Gently”), by the Puerto Rican artist Elvis Crespo is widely known throughout the culture and is most likely in every Latino’s playlist. Keep your ears open for this one at the next Latin party you attend. The single reached No. 1 on the *Billboard* Hot Latin Tracks in the 1990s and has been making Latinos strut their stuff ever since.

HOMBRES G DEVUELVE A MI CHICA

Imagine hearing a song that talks about someone stealing your chick, and if she doesn’t return that person will suffer from the uncomfortable feeling of itchiness though itchy powders? Well, no need to imagine it because the Spanish rock band, Hombres G, made it reality. “*Devuelveme a Mi Chica*” (“Give Me Back My Girl”) continues to be a big hit since its release in the 1980s. Play this around Latinos (especially if they’re going through a break-up), and watch them yell “*SUFRE, MAMON, DEVUELVE A MI CHICA*” (“Suffer, jerk, give me back my girl”), with fieriness.

CELIA CRUZ LA VIDA ES UN CARNAVAL

Celia Cruz, and her fans, sing loud and proud that life is nothing but a carnival; the Cuban artist’s “*La Vida Es Un Carnaval*” (“Life Is A Carnival”) is a popular song within the Latin culture. It’s like an anthem that shouts positivity. Not only are the lyrics of this song so full of life, but the rhythm is beyond that, and you know Latinos love themselves a good rhythm to dance to. If you haven’t heard this song at a Latin American wedding, quinceañera or small family gathering, something must not be right.

MARGARITA LA DIOSA DE LA CUMBIA QUE BELLO

The weekends are meant for sleeping in and not having to worry about setting an alarm, right? Not for Latinos. An alarm didn’t have to be set the night before because “*Que Bello*” (“How Beautiful”), by Margarita La Diosa De La Cumbia, was your alarm clock... and the rude awakening to get up and clean. Whether this song takes you back to your childhood or to the dance floor, it sure doesn’t fail to make you want to groove, even with a broom in your hand. For those of you who haven’t heard this song, what are you waiting for? Go listen to it, and get your groove on.

SHAKIRA ESTOY AQUI

How could Shakira not be on this list? Having hips that don’t lie isn’t her only gift. The iconic Colombian artist has been blessing us with music in both English and Spanish since the 1990s. “*Estoy Aqui*” (“I Am Here”), reached No.1 on the *Billboard* Latin Pop Songs and gained a plethora of commercial success. Have you ever heard a song that talks about a heartbreak, but also makes you want to dance due to its vibrant sound? No? Listen to this track when you’re ready for that experience. I’m sure your Latino friends would be proud you have some Shakira on your playlist.



BEHIND THE MIC

PHOTO BY PALOMA ABARCA



Students share their experiences working for the campus radio station.

STORY AND PHOTOS BY PALOMA ABARCA



Radio is dead — who said that lie? Because Griffin Radio is live. Okay, maybe not at this very moment, but you can catch students reporting live news and hosting live shows throughout the week. Did you know that they also stream music 24-hours a day? Well, now you do!

Griffin Radio, the award-winning and nationally-recognized station, is home to the Future Broadcasters of America and part of the Media Communications Department on Grossmont's campus. The student-operated station consists of a three-semester program and welcomes anyone interested in getting a taste of what it's like to work in the field of broadcasting.

"I'm fairly new to the radio station — I love it," said Jesse Barrios, 23, current student and a part of the radio program. "You get a lot of hands-on experience so it'll be easier to transition into the radio industry."

The goal of public service broadcasting is to inform, educate and entertain listeners; the goal of Griffin Radio is to teach its future professional broadcasters to do just that. Not only is the station affiliated with CNN news and The Broadcast Education Association (BEA), but it also provides students with a plethora of opportunities, equipment and hands-on experience.

"Talking on-air is probably the best thing — getting to talk with people about our weekend or having a specific topic [is] super-fun," said Remus Booriakin, 21, another current student at Griffin radio.

The students at Griffin radio work hard to bring you the latest news reports, music and entertainment.

Full Disclosure: Paloma Abarca is the music director for Griffin Radio.



ALAN PERALES, STATION MANAGER

"I have gained a great deal of experience in audio, engineering and production. If you are not afraid to slip up and fail, you are more than welcome to join this program and try to better yourself any way that you can. This program is open to anyone who is willing to learn and put in the work to succeed."



MONICA MARRUFO, NEWS DIRECTOR

"It's been a great experience. It's fun. If you're interested, don't hesitate — this is the beginning to something bigger if you're interested in anything media. We have a great support system and on top of that, we have the best equipment out there. It's real hands on training to help you get to where you need to be."



LUKE WILLIAMS, PROMOTIONS DIRECTOR

"I love it. Finding a real mode and direction of where I'm going in life. It's really helped me out. This is where my career path is: radio, broadcasting, voice acting, anywhere in that field. Be prepared to have a very fun time — we get to see these kids grow up and learn the way we learned... We love it, absolutely love it!"



BRANDEN MILLS, PROGRAM DIRECTOR

"It's honestly the funnest time I've had at Grossmont. The people here are super-excited about it. There are so many productions and creative ideas that go out. The creativity is incredible. The ideas that I'm seeing coming out of some people is unreal."

SERVING UP SOME HEAT

Grossmont's beach volleyball team is on a roll.

The women of Grossmont's Beach Volleyball team are on a great run. After capping off conference play with a record of 10-0, the team currently sits with a record of 22-4 and the second-ranked team in the state is poised for a major postseason push.

The team finished conference play with four of their duos making 1st Team All-Conference, which was the most of any team within the Pacific Coast Athletic Conference. To top it all off, the team's coach, Jamie Ivers, was awarded Coach of the Year within the conference.

In addition to all their accolades within the conference, the team secured its third conference championship within the last four years, with the previous two coming in 2015 and 2016.

On May 1 and 4, Irvine Valley Community College hosted the California Community College Athletic Association regional playoffs for Southern California. After a long 10 hours of competition the first day, the Griffins have two duos that have successfully advanced to the State Tournament. After entering the tournament as the No. 7 seed overall, the pair of Khalia Jordan and Felicia Marshall defeated numerous opponents to secure the No.1 overall Southern California seed heading into the State Tournament. The duo of Christina Barremeda and Aofiaolela Faa'agi have advanced to the State Tournament as the No. 9 seed overall.

In addition to help garnering the No.1 seed for her duo with Felicia Marshall, Khalia Jordan just recently signed her National Letter of Intent to sign with Tennessee State University and attend the school this

upcoming fall. The 5-feet, 8-inch sophomore transferred from Cal State Dominguez Hills and has been an absolute all-star for her team as she has scored more than 200 points while averaging just over two kills and two digs per set.

Jordan's duo partner, Felicia Marshall, also signed her NLI as she will be attending Cal State Fullerton in the fall. Their teammate, Kiersten Kerch, signed hers with the Academy of Art University in San Francisco, and she too will be attending this college this fall.

There is still work to do for the team before they get to state, as the CCCAA finals for teams and pairs conclude on May 11.

Volleyball

STORY BY JORDAN THIBODEAUX
DESIGN BY EVAN QUON

Beach



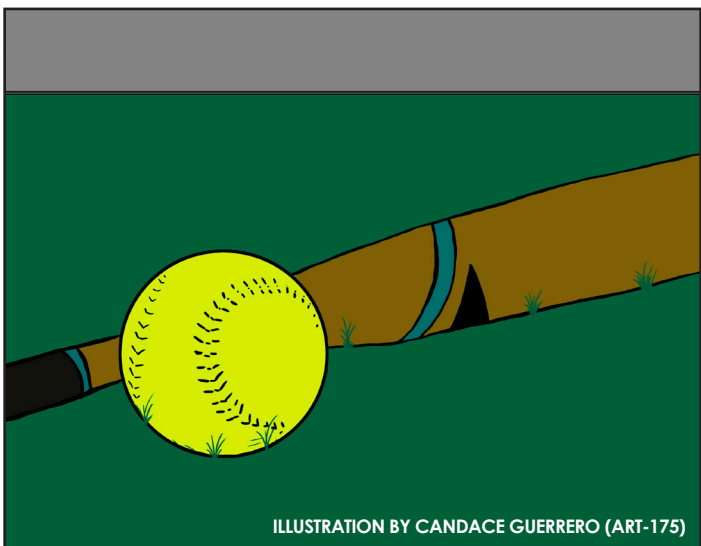


After clinching a postseason berth in their 2016-2017 campaign, the women of Grossmont Griffin's softball team were looking to do the same this season.

Although they had high hopes, they knew it would be an uphill climb with only three returning sophomores this season, compared to eight sophomores the previous year. This year did not start off how the team had hoped as they dropped eight of their first 10 games en route to a season record of 12-27-1.

The year may not have finished how they wanted, but the team will possibly have several freshman returning, and also had Sydney Vates, a freshman shortstop, receive 1st Team All-Conference Honors. Teammates Alizah Jamison and Azaria Wilson were also recognized, receiving 2nd Team All-Conference Honors.

—JORDAN THIBODEAUX



ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH

Join Grossmont College in the celebration of AAPI Heritage Month and experience the rich culture and influence that the generations of Asian Pacific Islanders have brought to America.

Events began on May 1 in the Common Ground area with a student, faculty and staff mixer to kick off the exciting month. From May 1 to 4, students could indulge in the essence of Asian foods provided by an Asian food truck at Griffin Grill. Activities – including interactive lectures, DJ performances and a documentary screening – took place May 10.

The final two days of celebration before finals will take place on May 15 and 16 with a demonstration of Filipino folk dancing, an intriguing discussion by Sociology Professor Julio Soto on the microaggressions faced by AAPI students, a kimono fashion show and a special performance by the Halau'O Heali'i Polynesian Revue.

Make sure to take a break from all the last-minute cramming and stop by any of the impressive events.

—KAYLA JOHNSON

ABROAD

[CONT. FROM PAGE 10]

hopes Grossmont will be able to offer a convenient and safe way for students to enjoy this valuable experience.

"Everyone who has been on the study abroad program always talk about how it has changed their lives," she said.

The program offered by Grossmont was in the field of humanities or history with a language component. Students had to take 12 units that counted toward their credits and then had the opportunities to complete these courses overseas. Grossmont students were taught by certified language teachers, as well as faculty from Grossmont.

"It would be wonderful to start that program again," De Koning said.

Still interested in the experience of studying abroad? The Oxford

Study Abroad applications are now open.

The Oxford Study Abroad Program is now accepting applications for the three-week intersession program in International Relations. The program will take place from Dec. 18 to Jan. 19. For more information and details, you can contact Corey Gustafson at corey.gustafson@sdsuoxford.com. You can also find general information on the website: osapabroad.com.

If you're transferring to San Diego State University, these credits will count as it is part of its study abroad program. When transferring to another university, you just have to petition in order to get these credits. Bee, who is the co-coordinator of the program, will be teaching three lectures at Oxford on subjects such as foreign policy, international relations and nuclear weapons.

Student dancers enter audience hearts.

REVIEW BY
LEA KOLB

PHOTOS BY
STEPHEN
HARVEY

ENTRANCES AND EXITS

Powerful, interesting, beautiful, impressive and compelling— these are only a few words to describe the Grossmont Dance department's annual "Entrances and Exits."

Students, parents, friends and faculty came to enjoy the annual faculty-choreographed and student-performed spring dance concert held at the Joan B. Kroc Theatre April 19 to 21.

Presented by the Grossmont College Dance Department, the concert featured 11 dances and 60 performers, with pieces ranging from smaller to larger groups. The pieces highlighted original works by faculty choreographers in an array of dance styles including hip-hop, modern, ballet and jazz. Student dance groups of any type spotlighted their hard work, talent and enthusiastic energy in front of the audience.

The variety of dance styles present throughout the concert successfully showcase the physicality and the artistry of Grossmont dancers. The show's musical selections, ranging from upbeat to serene and smooth melodies, was well-chosen for each piece. In addition, costumes and lighting added colors, conveyed nuances of emotion and created a harmonious atmosphere on stage.

Department Chair Kathy Meyer and Instructor David Mullen opened the night show with the announcement of the two recipients of the department's Excellence in Dance scholarships: Amanda Alvarez and Jeze Fabijanic.

As the night continued, the show successfully took the audience on a journey showcasing performers' abilities to become an art as well as an entertainment on stage. "Entrances & Exits" is a remarkable dance concert featuring original and charming acts that keep you amazed from beginning to end.

Congratulations to Grossmont College dance faculty: Melissa Adao, Nancy Boskin-Mullen, Lesa Green, Kathy Meyer, David Mullen, Angela Moran, Colleen Shipkowski, Gina Bolles Sorensen, Kyle Sorensen and Debi Toth-Ward for choreographing stunning pieces, and to the 60 current student dancers for their astonishing performances.



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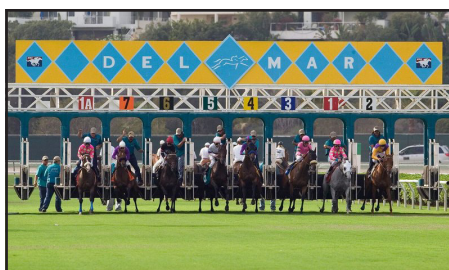


With the spring semester coming to an end, summer is just around the corner. After another long battle with early mornings, late nights and last-minute cramming, a two-month break is just what the doctor ordered! Make every day of these hot summer weeks memorable by indulging in some of the exciting, student budget-friendly activities that San Diego has to offer.

BY KAYLA JOHNSON

FREE FUN

- Grab an adventure buddy and take on the challenge of **visiting every beach in San Diego** from Imperial to Del Mar.
- Experience “**Twilight in the Park**”—free concerts starting at 6:30 p.m. every Tuesday, Wednesday and Thursday in Balboa Park.
- Celebrate the talent of local San Diegans at **Art Around Adams**, held June 2 from noon to 8 p.m. on Adams Avenue.
- Enjoy a full day of entertainment at **RB Alive! Street Fair** on June 3 from 10 a.m. to 4 p.m. The 30th annual event will showcase more than 300 booths, tons of food and entertainment.
- Stuff your face at the 39th Annual **OB Street Fair & Chili Cook-Off Festival** on June 23, from 10 a.m. to 8 p.m.
- Visit **San Diego Pride SHE-FEST** and experience a woman-centered event with music, workshops and games. It will be held at North Park Community Park on July 7.
- Join the **Pride of Hillcrest Block Party** to kick off Pride Weekend on July 14.
- Meet up with some of the top professional, female surfers in Oceanside for **Supergirl Surf Pro** from July 27 to 29.
- Attend the 13th Annual **Fine Art Festival** for an alchemy of visual arts, music and interactive fun. It’s held at Liberty Station on Aug. 11, from 10 a.m. to 6 p.m., and Aug. 12, from 10 a.m. to 5 p.m.



AFFORDABLE ACTIVITIES

- **The Cado, Pop up Avocado Experience:** Held at Liberty Station in June. Hours and days vary; general admission is \$27.
- **San Diego Festival of the Arts:** Held at Waterfront Park on June 9, from 10 a.m. to 6 p.m., and June 10, from 10 a.m. to 5 p.m. General admission is \$12; weekend admission is \$16.
- **San Diego County Fair:** Held at the Del Mar Fairgrounds, from June 1 to July 4. Hours and days vary. Admission is \$19 for adults; the season pass gives you 26 days for \$28.
- **San Diego International Boat Show:** Held June 7 and 8, from noon to 7 p.m.; June 9, from 10 a.m. to 7 p.m.; and June 10, from 10 a.m. to 5 p.m. Admission is \$15 for Thursday and Friday and \$20 for Saturday and Sunday.
- **San Diego LGBT Film Festival:** Held at The Observatory in North Park from June 7 to 10. Times vary; general admission is \$10.
- **Taste of Little Italy:** Held in Little Italy on June 13 from 5 to 9 p.m. Admission is \$40.
- **24th Annual Taste of Gaslamp:** Held in Gaslamp Quarter on June 16, from 1 to 4 p.m. General admission is \$35.
- **San Diego Pride Parade:** Held in Hillcrest on July 14 at 11 a.m. Pricing varies.
- **Del Mar Racing Season:** Held at the Del Mar Fairgrounds from July 18 - Sept. 3. Stretch admission \$6; clubhouse, \$10.

GROSSMONT BRIEFING

LATINX GRADUATION BY KAYLA JOHNSON

Come by and celebrate the LatinX students of Grossmont College as they are recognized for their accomplishments with awards, food and music at the LatinX Graduation. This bilingual ceremony has a celebration of its own by focusing on the recognition of cultural diversity of the LatinX students. LatinX Graduation will take place in the main quad on May 24, from 6 to 9 p.m. For more information, email latinxgraduationgc@gmail.com.

SPEECH AND DEBATE BY MORGAN PEYRE

Congratulations to our two Grossmont college students who took on two National Awards in Speech and Debate at the Phi Rho Pi National tournament. For this 2018 edition, the tournament was held in Daytona Beach, Florida, from April 9 to 14.

Theo Hayes received the Gold Award in dramatic interpretation, and Amanda Afentakis earned a bronze award in international public debate (IPDA).

With an incredible service for three decades to the organization as a director, coach and judge, Professor Roxanne Tuscany was honored with a Service Award.

Professors and students are welcome to attend the Speech/Debate Showcase on May 23 at 6:30 p.m. in 26-220. Most of the award-winning selections deal with controversial issues surrounding race, ethnicity and diversity issues. Admission is \$3.

HYDE GALLERY UPDATE BY MORGAN RAY

The Hyde Gallery's Spring Student Art Show will be on display from May 7 to 25 with a variety of works ranging from paintings, sculptures and photography.

An opening reception will be held on May 15 from 4 to 7 p.m., with an awards ceremony starting at 5:30 p.m. The best part? Most of the pieces will also be for sale!

Gallery hours are Monday to Thursday, from 10 a.m. to 6 p.m., and Fridays by appointment. For more information, visit hydeartgallery.com.

MARTHIS RETIREMENT BY MORGAN PEYRE

Come recognize the retirement of Donivan Marthis after 32 years of service as co-head athletic trainer at Grossmont College. The recognition will be May 16 from 1 to 2:30 p.m. in Griffin Gate.

LET'S GET LIVE BY PALOMA ABARCA

Grossmont's music department never fails to provide live performances. Check out these upcoming concerts:

- Spring Concert, May 15 at 7:30 p.m. (Cuyamaca College, Performing Arts Theater)
- Cadence Vocal Jazz Spring Concert, May 17 at 7:30 p.m.
- Piano Performance Majors Concert, May 18, at 7 p.m.
- Piano Faculty Ensemble Concert, May 20, at 2 p.m.
- Afro-Cuban Ensemble (dir. by Derek Canon) and Jazz Ensemble (dir. by John Reynolds), May 21 at 7:30 p.m.

All events will take place in the Grossmont College Recital Hall unless otherwise noted. For more info, call 619-644-7254 or visit grossmont.edu/music.

SUPPORT LOCAL TALENT BY PALOMA ABARCA

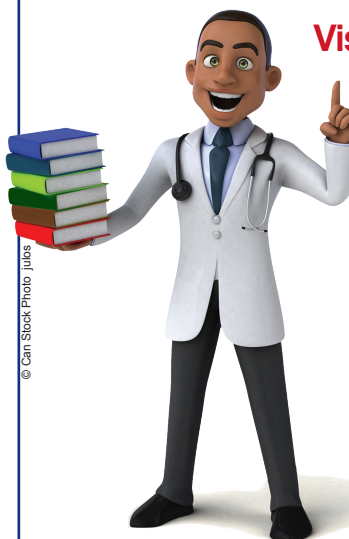
Current student Charles Harrington, also known as "Mr. Mined," will be hosting a 21-and-up show at The Merrow on June 28 at 6:30 p.m. Tickets available at aftonshows.com/checkthatbs.



Nursing Students! In need of a quiet study space?

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summer fashion trends

**Warm weather
is finally here!
Check out these
hot trends for
Summer 2018.**

**BY BRIANNA TYSELING
MODELED BY JULIA TYSELING
PAGE DESIGN BY DAISY GUERRERO**



dress to impress

This fashionable vertical-striped yellow and white dress is perfect for summer time. It is the ideal length, not too short and not too long. Surprisingly, it isn't transparent, but I would suggest wearing lighter undergarments when wearing lighter colored fabrics, just to be safe. Typically, with lighter colors, it's also best to wear a lighter colored shoe—a nude shoe looks best with these colors. The type of shoe depends on the outfit and occasion.



'chella vibes

Feeling boho? Find comfortable, flowy pants and pair them with a cute top. Add statement jewelry and there you have it: You look "boho." Boho basically translates to comfortable, but cute. Under the white top there's a mustard bralette, which looks faultless and adds character to any outfit—especially plain shirts where a bralette can be seen.



shorts season

It's finally shorts season in SoCal! With temperatures sure to start reaching into the 90s, you will need to find yourself some cute, but comfortable, shorts. High-waisted shorts are trendy and in high demand. High-waisted shorts – well, shorts in general – are beginning to be made with holes, studs and many other designs on them. It seems that shorts with some sort of design on them are becoming more popular than plain shorts.

denim dresses are a thing

Not only is this denim dress modern, but it's also eye-catching. Denim dresses have been especially popular this year. Most of these dresses go pretty low and look best paired with a high-neck shirt. Either a plain or striped top typically looks the best. Forever 21 has a wide variety of denim dresses for a reasonable price.



REEL TALK

CALL ME MOTHER

Love her or hate her, **she's the woman who birthed 'ya.** | BY MORGAN RAY



MOTHER

Directed by Bong Joonho. ★★★★★

When a shopkeeper's (Kim Hyeja) mentally handicapped son (Won Bin) is accused of murdering a local school girl, she sets out to piece together the crime and clear his name, but the truth may be closer than she expected. It's a bit difficult to talk about *Mother* without spoiling the plot – and oh, what a plot it is – but Kim Hyeja's unforgettable performance walks a fine line between dedication and righteous anger, making her nameless character essentially a haunting personification of motherly devotion. No mere small-town caper, *Mother* will make you wonder just how far Mom herself *wouldn't* go.

MOMMIE DEAREST

Directed by Frank Perry. ★☆☆☆☆

Hollywood legend Joan Crawford (Faye Dunaway) has it all: she's a star and a loving mother to her adopted daughter Christina (Mara Hobel, Diana Scarwig). But behind the scenes, her motherly love is just like her image, an illusion. Based on Christina Crawford's controversial memoir, *Mommie Dearest* is a doozy. Dunaway snarls and brow-raises her way through one of the most painfully over-the-top performances of the 20th century ("No... wire... hangers... EVER!"), and it's not clear at all whose side the audience is supposed to be on, despite this being Christina's tale of survival. The film's flaws are numerous (aging makeup inconsistencies, choppy transitions) and it's a grand case study in unintentional hilarity, but its camp value has endured for decades and the lines are so deliciously quotable ("TINA!... Bring me the ax," "Barbara PLEASE!"). Is *Mommie Dearest* junk? Yes, but when it comes to guilty pleasure films, it's one of the crown jewels.



3 BEAUTIES

Directed by Carlos Caridad Montero. ★★★★★

Former beauty pageant queen Perla's (Diana Peñalver) time in the spotlight is over, but luckily, she's trained her daughters (Fabiola Arace and Josette Vidal) to carry on the family legacy, whether they want to or not. Can they snatch the crown that Perla - ahem - *they* deserve? A rhinestone-encrusted middle finger to stage parents and toxic beauty standards, *3 Beauties* has some serious bite to it, but it only goes skin deep. Plot holes, one-noted characters and a lack of subtlety rear their ugly heads at times, but director Montero shows a real flair for dark comedy and Peñalver's Perla is a batty delight. Sure, *3 Beauties* may only be runner-up material, but it could spell future winners to come for its director.

MOMMY

Directed by Xavier Dolan. ★★★★★

Diane's (Anne Dorval) son Steve (Antoine-Olivier Pilon) is finally back in her care, but his ADHD reminds her why she sent him away. With the help of a generous neighbor (Suzanne Clément), she sets out to save her son from himself, but can the two get it right this time around? With a powerful script penned by director Dolan and equally potent performances from all, especially Dorval and Pilon, *Mommy* seems like a film designed to knock the wind out of you, like many of Dolan's works. Fortunately, it doesn't take itself too seriously. It's as wry as it is dreary, and it does some very clever things with aspect ratio, although when it comes to song choices, they're not as imaginative (great as they are). Dolan's English-language debut film is just around the corner, and if you want to get ahead of the critical hype, or if you just want a (really) good cry, give *Mommy* a call.

