

The SUMMIT



GROSSMONT COLLEGE'S STUDENT NEWS MEDIA | OCTOBER 2022



ILLUSTRATION BY ERIC JENSEN

TABLE OF CONTENTS

4 The Front Stuff

Editor's letter, safety update, campus calendar and Brain Boost.

6 Local Haunts

With Halloween right around the corner, why not look for ghosts in a nearby spot?

8 Last-Minute Looks

Smash Halloween with these easy costume and makeup ideas if you're short on time.

9 Trick or Treat: Stay Safe

Whether it's a trick or a treat, be responsible.

10 Pumpkin Patches

Fall in love with these local pumpkin patches.

11 Beer, Brats and Shops

La Mesa and Liberty Station hold their annual Oktoberfest celebrations.

12 Election Spotlight: Ballot Initiatives

With proposition campaign ads battering the airwaves, election season is in full swing.

13 Governing Board Election

The district has races in Area 1 and Area 2.

14 Can't Be Touched, Can't Be Stopped

Grossmont women's volleyball team is on fire and has no intention other than being the best in the state.

15 Pink Vibes Only

October marks Breast Cancer Awareness Month.

16 Reel Talk: Halloween Movies

Get in the spooky spirit with one of these new releases.



ILLUSTRATION BY HAYLEE SANCHEZ

Special thanks to
ART-175: Intro to
Digital Art, taught by
Carmina Caballes,
for lending their
design skills to
this issue.

The SUMMIT

A publication of Grossmont College's
Media Communications Department.

Vol. 48 | Issue 2 | October 2022

SUMMIT STAFF

Editor-in-Chief: Joseph Salcido

Deputy Editor: Gideon Fogt

Senior Writer: Jacqueline Colombo

Staff Writers

Liam Klingensmith, Mark Lee

Adviser: Jeanette Calo

GROSSMONT-CUYAMACA COMMUNITY COLLEGE DISTRICT

8800 Grossmont College Drive
El Cajon, CA 92020

619-644-7454 | grossmont.edu

Governing Board Members

Elena Adams, Linda Cartwright,
Debbie Justeson, Brad Monroe, Julie Schorr

Student Members

Sasha Reva, Courtney Etnyre

Chancellor

Lynn Ceresino Neault, Ed.D.

President

Denise Whisenhunt, J.D.

Contact us at

summit@gcccd.edu



VISIT US ONLINE
gcs Summit.com

Follow
Us!



/THE SUMMIT.GC



@GROSSMONTSUMMIT



My most memorable Halloween is from two or three years back when I had a bonfire at my home with a group of my closest friends. It was one of the last few times I have been able to have my friends all together like that, and we had a great time for hours into the night. The photo is unrelated, I just think it has fantastic energy.

GIDEON
FOGT



My most memorable Halloween was in high school when my friends dragged me to my first-ever haunted house- but not just any haunted house: a rated-R one where the actors are allowed to touch you. We were under the age of 18, so this man dressed as rapper Lil Wayne said we were with him. I was so scared the entire time and have never been in one since. That and getting my first kiss on Halloween night in 8th grade are tied for my most memorable Halloween.

JACQUELINE
COLOMBO



Back when I was in middle school, my dad had an incredible sound system with a ton of Halloween-style songs going on through the night. I - along with my little brother, Jake, little sister, Lily, and my mother - all went out into the neighborhood down the hill and stocked up on candy. The people were out in the community that night. So many awesome houses fully decorated and a slew of haunted houses with prizes at the end. It felt like the neighborhood had transformed for the night!

MARK
LEE



LIAM
KLINGENSMITH

The most memorable Halloween for me was probably when me and my friend ditched Halloween festivities altogether and went to the beach instead. This was during the time when Bird scooters were newer to San Diego and went faster, so we rode all around the beach area and annoyed drunk people since we weren't old enough to drink at the time.



JOSEPH SALCIDO

The most memorable Halloween has to be the one in this photo as it was one of the rare moments my mom dressed

up with my brother and me. I remember going out with all my cousins and ending up with four full-sized candy bars. Halloween was always a special time for me as a kid, and wish I could relive those moments.

IMAGE © PIXABAY

The staff of *The Summit* is enrolled in an academic media news production course. A main function of *The Summit* is to provide a professional learning experience for students of any major classification who express an interest in journalism and have completed an introductory news writing course. To serve this function, *The Summit* is entirely student-run. Student editors are responsible for all editorial decisions, content and editing. The instructor/ adviser is available for training, guidance and advice, but has no control over the content or editing of the newspaper. Prior review is not exercised. These guidelines have been established to protect the First Amendment freedoms guaranteed to the student press, as well as a guarantee of valuable learning experience in all aspects of newspaper management for the students. Please direct all inquiries, comments and letters to the editor to summit@gcccd.edu.

LOOKING BACK



We have made it to the halfway point, Griffins, and with autumn officially here we can revel in the fact that we have made it through the first eight weeks.

According to Author Bonaro Wilkinson Overstreet, "October is a symphony of permanence and change." As the season is changing, so are we, and with each passing week, we find ourselves growing as students and building our lives for the better.

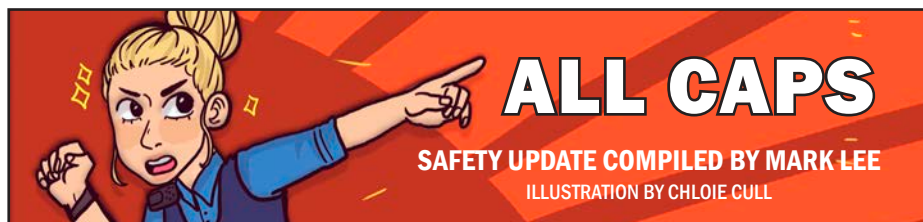
This month is something different for everyone, whether that is dressing up or decorating your homes, it is something we all take part in together as a community. In this issue, *The Summit* staff has chosen a picture of our favorite Halloween moment, and looking back on my old photos, I was reminded of what it was like to be a kid and enjoy the simplicity of it all.

Whatever way you choose to celebrate this month, remember that even though we're changing as people, we can always be who we once were and enjoy the little things that made us so happy as kids.

CORRECTIONS & CLARIFICATIONS

At *The Summit*, we are very concerned with the quality of our journalism. If you spot a factual error, please contact us at summit@gcccd.edu.


Joseph Salcido,
Editor-in-Chief



Grossmont's Campus and Parking Services team, a.k.a. CAPS, handle campus safety concerns along with a sheriff's deputy from the San Diego County Sheriff's Office.

Grossmont's Campus and Parking Services team, also known as CAPS, is dedicated to ensuring safety among all students and faculty at the college. These events on campus were among those noted on the crime log* in September.

- **Sept. 16:** Grossmont deputies investigated the theft of a utility cart belonging to the custodial crew. The perpetrators were a group of five young people who were still on campus during the investigation. They were arrested for stealing the cart. The investigation is still ongoing.
- **Sept. 22:** A deputy investigated a battery near Building 10. Soon after, a faculty member reported overhearing students discussing a fight that had taken place earlier in the day. The suspicious person in question was looked into, but more information is still needed.
- **Sept. 28:** A deputy assisted CAPS with contacting a student who continues to smoke on Cuyamaca campus after being warned and shown the GCCCD Board Policy. The dean of Student Affairs is looking into this ongoing violation.

* *The Clery Act is a federal statute requiring colleges participating in federal financial aid programs to maintain and disclose campus crime statistics and security information. A daily crime log is kept allowing the public to view the most recent information.*

CAMPUS CALENDAR

COMPILED BY GIDEON FOGT

OCT. 14: Empathy and Self-Awareness Workshop, 3 to 4 p.m. (Career Center)
| *James and the Giant Peach*, 2 p.m. and 7:30 p.m. (Stagehouse Theatre)

OCT. 14 – NOV. 10: *The Living Hand* Exhibition (Hyde Gallery)

OCT. 15: *James and the Giant Peach*, 2 and 7:30 p.m. (Stagehouse Theatre)

OCT. 18: Reception: *The Living Hand*, 5 to 7 p.m. (Hyde Art Gallery)

OCT. 21: Financial Literacy & Budgeting 101 Workshop, 10 to 11 a.m. (Career Center)
| In-Demand Jobs & Resilient Careers Workshop, 11 a.m. to noon (Career Center)
| *Winged Wonders*, 7:30 p.m. (Stagehouse Theatre)

OCT. 22: *Winged Wonders*, 2 and 7:30 p.m. (Stagehouse Theatre)

OCT. 26: 44th Annual Job Fair, 10 a.m. to 1 p.m. (Main Quad)

OCT. 28: Entrepreneurial Mindset Workshop, 10 to 11 a.m. (Career Center)
| Business Trends, Creativity & Your Career Workshop, 11 a.m. to noon (Career Center)

NOV. 4: Resume Writing Workshop, 10 to 11 a.m. (Career Center)
| Creating an Elevator Pitch Workshop, 11 a.m. to noon (Career Center)

NOV. 10: Lester Bangs Memorial Faculty Reading, 12:30 to 1:45 p.m. (Griffin Gate)

NOV. 10: Next issue of *The Summit* hits newsstands

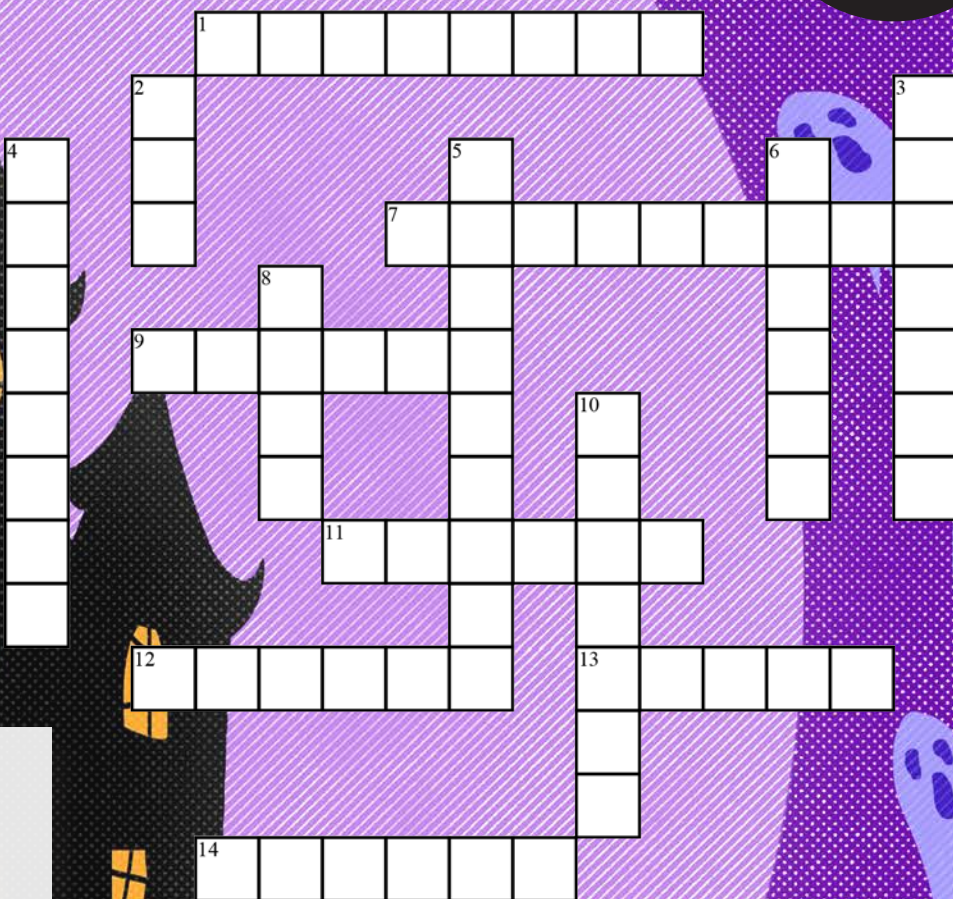
NOV. 11: Veterans Day

*Events subject to change; visit grossmont.edu for online meeting login and latest info.

Spook your senses with this puzzle.

BY JOSEPH SALCIDO

**SOLUTION
ON
PAGE 15**



ACROSS

1. People carve _____ at Halloween.
7. This puzzle is about _____?
9. When you see ghosts, zombies, or a skeleton you feel _____.
11. People are mostly afraid of being haunted by _____ during Halloween.
12. Another name people use for fall?
13. People and skeletons have what in common in their body?
14. What was the ancient culture that created pumpkin carving and decorations for Halloween?

DOWN

2. People enjoy baking pumpkin _____ during fall.
3. What is needed to light a pumpkin at night time?
4. On Halloween, children and adults enjoy dressing up in _____.
5. This popular candy is often found during the fall season and is shaped like a triangle.
6. In fall, the leaves change to orange, red, and _____.
8. What time of year do the leaves change colors?
10. Halloween is in the month of _____.

ILLUSTRATION BY RICKY PEREZ



STORY BY LIAM KLINGENSMITH

ILLUSTRATIONS BY JORDAN HEINER

LOCAL HAUNTS

With Halloween right around the corner, why not look for ghosts in a nearby spot?



OLD POINT LOMA LIGHTHOUSE

While not advertised as such, the Old Point Loma Lighthouse is said to be as extremely haunted. Even though it is not in service anymore, the lighthouse is a museum that can be explored, and more paranormal activity can possibly be heard or seen. Visitors say heavy footsteps come from the lower rooms, and extreme cold is also reported. Demonic moaning is reported by people from certain bedrooms if you stand inside them. When it comes to ghosts, the most common theory is that multiple old caretakers of the lighthouse still hang around, and have been seen wandering and watching.

visit

LOCATION: Cabrillo National Monument
1800 Cabrillo Memorial Drive, San Diego
HOURS: Daily, 9 a.m. to 5 p.m.
FEE: \$20 per car
MORE INFO: Visit [nps.gov/cabr](https://www.nps.gov/cabr)



visit

LOCATION: The Whaley House Museum
2476 San Diego Ave., San Diego
HOURS: Daily, 10 a.m. to 4:30 p.m.
TICKETS: From \$13.30
MORE INFO: whaleyhousesandiego.com

THE WHALEY HOUSE

The Whaley House in Old Town, is regarded by many as the most haunted house in America. Filled with a rich history, it's quickly apparent why the house could be occupied by ghosts. When the land was bought back in 1855 by Thomas Whaley, he built his family home on a well-known site of a public execution. The first death inside the home happened in 1858 when their son Thomas passed away from scarlet fever at just 18 months old. In 1885, one of the daughters, Violet, took her own life inside the house because of she was heartbroken from her divorce. Nearly the whole family ended up dying from natural causes inside of the home, who are believed to still occupy the house today as ghosts.

The most well-known ghost to be seen by visitors and workers throughout the years is Yankee Jim Robinson, who was hung right on top of where the house was built. Another common occurrence is reports of Baby Thomas, with small footsteps, giggles and crying coming from inside. Various other ghosts are said to be inside the house, such as Violet who stays on the second floor, or Thomas who stands at the top of the stairs in his full suit.

EL CAMPO SANTO CEMETERY

Another area claiming to be haunted in San Diego is also located in Old Town. With at least 477 bodies buried in El Campo Santo Cemetery, it's easy to see why this spot would be so haunted. The same ghost from the Whaley House, Yankee Jim Robinson, is said to be seen roaming around the cemetery as well as the house. Some paranormal activities commonly seen are car alarms randomly going off or cars having trouble starting. People have also said that they have experienced freezing cold spots and have seen shadowy figures, flashes of light and floating orbs while inside or around the cemetery. 🦇



visit

LOCATION: 2410 San Diego Ave.,
San Diego
HOURS: Daily, 24 Hours
COST: Free
MORE INFO: hiddensandiego.com

WHALEY HOUSE IMAGE COURTESY WHALEYHOUSESANDIEGO.COM
EL CAMPO SANTO CEMETERY IMAGE COURTESY SDGHOSTS.COM
OLD POINT LOMA LIGHTHOUSE IMAGE COURTESY ACCIDENTALLYWESANDERSON.COM



Last-Minute Looks

Smash Halloween with these easy costume and makeup ideas if you're short on time.

STORY BY JACQUELINE COLOMBO
ILLUSTRATION BY WENDY FIGUEROA

A lot of people have found themselves in the dilemma where they wait until the day before Halloween to find a costume, only to be out of luck and find everything sold out. Here are some easy costumes and makeup ideas in case you find yourself stuck in that unlucky situation.

1. Let's start with a popular one: A **bunny**. For your outfit, you just need a white top, white bottoms and bunny ears. Don't forget the tail. For the makeup, you will need black or white eyeliner for the face to draw on the nose, little dots and whiskers.
2. **Alice Chambers** in the ending scene of "Don't Worry Darling." This look is by far one of the easiest to do at the last minute. All you need is a white dress, black hair bow and black ballet flats. If you have seen the movie or the scene you could also add a splash of red paint on the front of the dress. That part is optional.

For makeup, Alice wears very simple neutral/nude colors in the film. You will need foundation, a nude/light blush eyeshadow, mascara (small false lashes are optional since her lashes do have a little bit of volume), a small amount of light pink blush, a tiny bit of highlight on the tip of your nose and pink lipstick.

3. If you or someone you know has any sporting jerseys, you can be an **athlete**. This is an easy one because you can wear this costume in many ways: with shorts, pants, leggings or, if it is big on you, a dress and high knee socks with tennis shoes. If you happen to have any add-



ons such as any balls or equipment those can act as a finishing touch.

The makeup can vary on this one depending on how you plan to style it. You can however add cute little touches like writing in eyeliner on your cheekbone either a player's number or whatever sports association it applies to.

4. This one has not been as popular as it once was, and that is a nerd. **Nerd** costumes used to be everywhere years ago. People would punch out the frames of their 3D glasses they sneaked out from the theaters and use them for nerd costumes and just for fashion at that time. Hopefully you hung onto a pair because that is a big part of the costume as well as overall straps.
5. A **person from the 80s** era. Grunge-like clothing is back and accessible to get your hands on. You can also head to YouTube or TikTok to find how to do an 80s style hair tutorial.
6. A **fairy** costume is also super simple and easy to recreate. You just need a dress of your choice, wings and glitter. Fairies typically have some sparkle to them, so adding highlighter to your nose and cheeks will be a big step for the makeup, as well as applying some winged eyeliner on your eyes.
7. A **cowboy/cowgirl**. For this outfit you just need a flannel, any type of jean bottoms and some cowboy boots. You can style this flannel in multiple ways; tucked in, first few buttons undone, buttoned up or tucked out. You can even add a hat for an additional piece. ✨

TRICK OR TREAT

Whether it's a trick or a treat, be responsible.



STORY BY MARK LEE | LAYOUT AND DESIGN BY JOSEPH SALCIDO

Hallow safety – and safety and awareness in general – is imperative to have a fun, memorable and pleasantly-scary experience.

Facilitating a safe environment for Halloween enthusiasts begins with you. Looking out for one another and taking the necessary precautions when out on the town makes everyone's Halloween the best it can be.

Responsible Drinking

Stay aware, keep an eye on your drink, and be considerate for anyone who may need assistance even though they may not necessarily ask for it. In this situation it's better to be safe than sorry.

NightCap drink cover is a great investment for all future events. Not an end all be all as you still must be aware of your drink at all times, but this handy device will help in keeping you safe from any malicious acts where someone may try to spike your drink.

Watch out for anyone who may seem too inebriated. Stumbling, slurring words and being a bit too touchy can all be signs of someone who has had too many drinks.

Grab drinks that aren't too over the top and offer an enjoyable time instead of a forgetful one. Better yet, practice bringing your own beverage of choice for the night.

Responsible Driving

You should always have a designated driver or a driving service such as Uber on standby and ready if you ever feel even the slightest bit unsure of whether or not you can operate a vehicle.

Be the one! If you see someone who is risking it or trying to be defiant in your calls for them to not drive, be the one who gets involved– for not just their safety, but all the drivers on the roadways.

And don't forget your guardians. It's OK to give your parents, grandparents or responsible adults a call when you need help getting home safely.

Responsible Partyg

Know who's invited. Be vigilant but sincere in asking someone to leave the event if things get too rowdy. Setting up guidelines and positive notes for those attending helps set the tone for the party vibe and acceptable behavior. Be courteous when commenting on the costumes of others; women especially need to be treated with respect in this instance.

Remember to trick people how you would like to be treated.

Responsible Traveling

When on foot enjoying Halloween with the community, the night can be a bit dangerous. Lily Lee, a Grossmont student, offered this advice: "Wearing bright colors, using a flashlight and wearing glow sticks will keep you visible when in dark spots if you're walking to and from houses on Halloween night."

If you're driving at night, be extra cautious of children who may dart into the roadway. Always assume they will; drive slower than normal, and keep your foot on the brake at all times. 🦇



Fall time is a time for cozy sweaters, boots, Halloween and, of course, pumpkins. Pumpkin patches get pretty busy this time of year, and while some only offer the pumpkins themselves, others have activities to enjoy such as food, bounce houses, hay rides and face paintings. Here are a couple local pumpkin patches you can attend in this autumnal weather.

STORY BY JACQUELINE COLOMBO | ILLUSTRATION BY RYLEE PALUMBO

GOFF FAMILY PUMPKIN PATCH

Located in Liberty Station, Goff Family Pumpkin Patch is open from 9 a.m. to 8 p.m. every day, until officially closing for the season Oct. 31. Here is some helpful information:

- Free entry
- Pet-friendly
- Outside food allowed
- Tap Truck serving beer and wine every Friday through Sunday

If you plan on having an event there, call ahead of time at 619-708-5905 and they can help you out.

Location: 2830 Perry Road, San Diego
(park in Crushing Road parking lot near Sea Hive)

More Info: gofffamilypumpkinpatch.com

PUMPKIN STATION

Another popular pumpkin patch is Pumpkin Station, with one of its locations at Westfield Mission Valley outside of Macy's. It's open every day from 11 a.m. to 9 p.m. and will close until next fall on Oct. 31. Here are some facts about this location:

- Free admission and parking
- Five different rides Free ride coupon available online
- Petting zoo
- Boat and train rides
- Parties can be booked online
- Group tours
- Tickets available online

Location: 1750 Camino Del Rio North, San Diego

More Info: pumpkinstation.com

BEER, BRATS AND SHOPS

La Mesa and Liberty Station hold their annual Oktoberfest celebrations, with La Mesa continuing to prove why it draws so many visitors.



Oktoberfest 2022

— STORY, PHOTOS AND LAYOUT BY JOSEPH SALCIDO —

Beer, brats and shops are everything Oktoberfest represents. I recently attended the Liberty Station and La Mesa Oktoberfest— both with their own vibe and theme, but there is no question La Mesa puts out one of the best experiences anyone can ask for. While there are tons of Oktoberfest events all over San Diego, La Mesa has been a go-to for locals for over a decade.

Liberty Station was much different from the hustle and bustle I am used to with La Mesa. It is a much more chill environment, and I was surprised they did not utilize more of the space the location offers. It was mostly confined to the indoor area, and it just seemed like they threw up some themed decorations, had some live music and some German-inspired beer on tap and called it Oktoberfest. After leaving the event, I did not feel like I had done anything different than any other time I had been to Liberty Station. It is a great place to enjoy the themes and beers Oktoberfest offers, but without the hustle and bustle La Mesa offers.

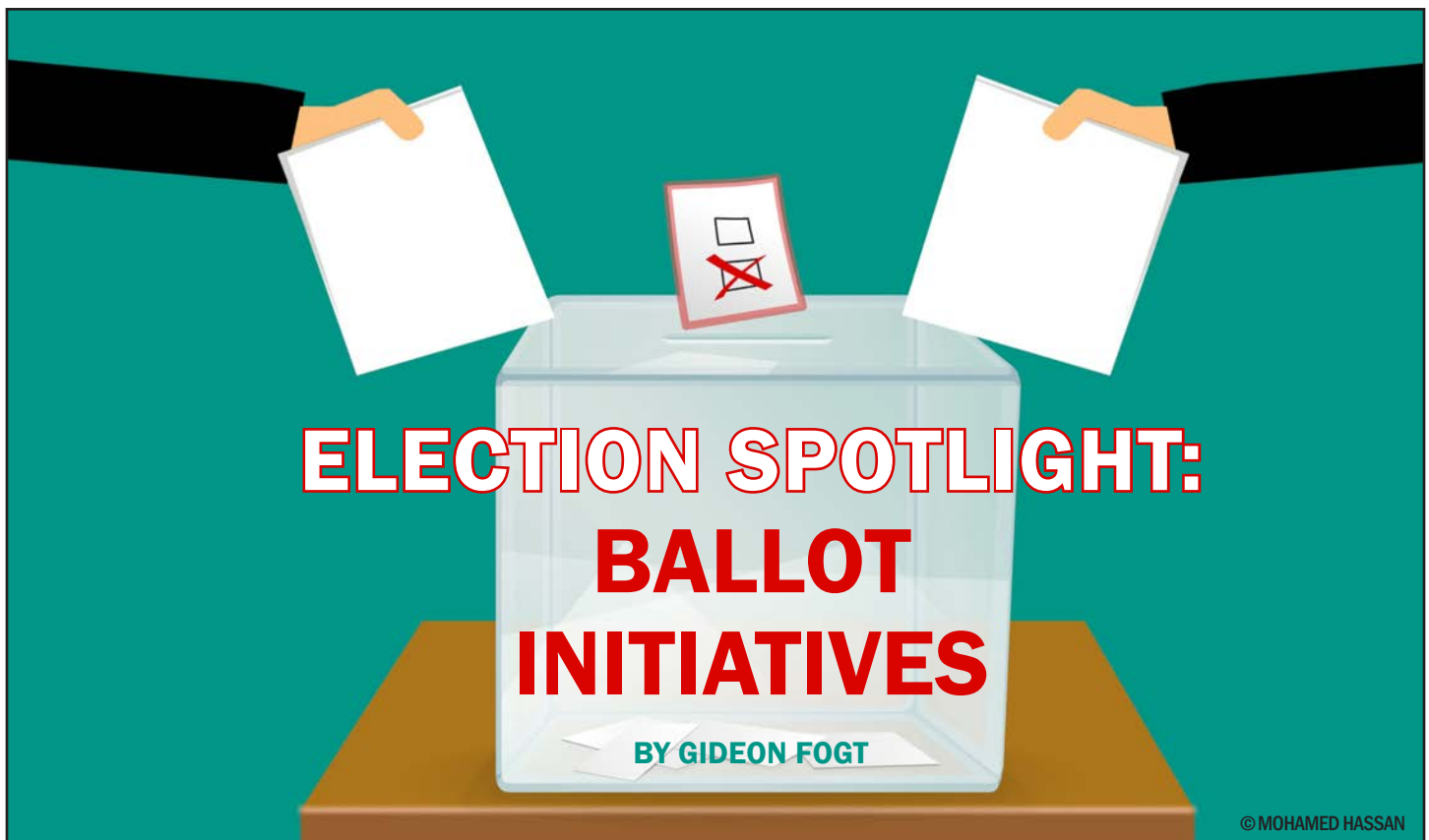
And La Mesa's event did not disappoint. After attending it the year before, this was a much bigger crowd, and almost looked as if everyone in East County was there to

celebrate and indulge in the festivities.

The beer garden is always the staple of Oktoberfest for the adults, holding plenty of live performances throughout the day into the late night. The garden was packed beyond belief, but I could still manage to navigate through the crowds without spilling my beer, and I had a great time meeting new people.

With such a massive crowd milling about, the beer ran out rather quickly. I was there for about an hour and a half before almost nine of the beers were sold-out, leaving just two choices. One of the great parts of the event was the amount of food available, which, of course, means many bratwursts, and they hit the nail on the head when they came bacon-wrapped.

The most enjoyable part about Oktoberfest here is there is plenty to do for everyone, whether you want to drink, dance, shop, or play some games and win prizes like at a carnival. I enjoyed every minute. If you did not get to attend this year, I highly recommend you mark your calendars and make sure to catch this lively event next October. 🍷



With proposition campaign ads battering the airwaves, election season is in full swing.

Nov. 8 is fast approaching, so for the next month, students and staff at Grossmont Community College can expect to be increasingly bombarded with commercials and text messages from political campaigns of all stripes.

Ballot propositions especially seem to dominate the media airwaves with near-constant advertisements for a 'No on' this and 'Yes on' that, which can feel overwhelming and confusing for the prospective voter. To organize some of that confusion, this article highlights each ballot proposition and provides a brief, objective overview of their potential effects if passed into law.

All information on the voter initiatives has been gathered directly from the California Secretary of State's website.

PROPOSITION 1

Constitutional Right to Reproductive Freedom

Designed as a constitutional amendment and an extension of California's current right to privacy, this initiative would strengthen reproductive liberties in the state by enshrining the existing laws into the state constitution. If passed, it would make it much harder for the state to restrict access to services and products such as abortion or contraceptives. It could also act as a countermeasure against a theoretical federal ban. Whether or not voters approve Prop 1, California's current laws on abortion and contraceptives will remain unchanged.

PROPOSITION 26

In-Person Roulette, Dice Games and Sports Wagering on Tribal Lands

One of two legal sports gambling ballot propositions, if passed Prop 26 would make in-person sports betting legal at

select racetracks and tribal casinos. Tribal casinos would also be allowed to offer roulette and games played with dice if voters approve the initiative. Fiscally, Prop 25 could increase state revenue by tens of millions, which could fund regulatory and enforcement costs. It would also provide private individuals and entities with new ways to seek enforcement of gambling laws through lawsuits.

PROPOSITION 27

Online and Mobile Sports Wagering Outside Tribal Lands

The second of the two sports gambling initiatives, Prop 27, differs from 26 in that rather than legalizing sports gambling strictly on tribal lands, it would be permitted online and on mobile gambling apps. Californians 21 years of age or older could participate in sports gambling on major sportsbooks like FanDuel and Draftkings, both of whom are significant supporters of this ballot initiative. Those providing the betting service would be

required to pay the state a share of sports bets made, which would be directed to regulatory costs, homelessness programs and non-gaming tribes. A new state unit will also be created to regulate state betting if the initiative is approved.

PROPOSITION 28

Additional Funding for Arts and Music Education in Public Schools

More straightforward than the other initiatives up for a vote this election season, Prop 28 says precisely what it is. If the electorate approves, additional funding, specifically for arts education, would be provided to public schools. The costs for this additional funding are estimated to be around \$1 billion annually for the state.

PROPOSITION 29

On-Site Licensed Medical Professional at Kidney Dialysis Clinics

Prop 29 is a healthcare-based initiative statute drafted to improve the quality of dialysis care in California. If it were to be

approved, the proposed law would require dialysis clinics to have a physician, nurse practitioner or physician assistant on-site during treatment. Clinics may apply for a one-year exception to the law on the grounds of a shortage of qualified medical staff to oversee the care process. Prop 29 would also require disclosure of infection date and any ownership share physicians may have in providing clinics to reveal any potential conflict of interest.

PROPOSITION 30

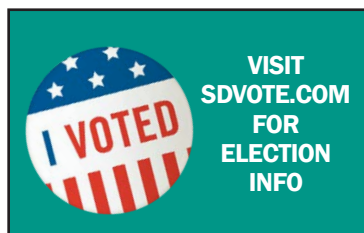
Funding for Programs to Reduce Air Pollution and Prevent Wildfires by Increasing Tax on Personal Income Over \$2 Million Initiative Statute

Increasing income tax by 1.75 percent on personal income above \$2 million annually will provide between \$3.5 and \$5 billion of new state revenue, specifically for zero-emission vehicle programs and wildfire response and prevention. Prop 30 acts as a fiscal and environmental action bill, providing new funding for the state on the condition that it be reserved for the environmental policy objectives of the prospective law.

PROPOSITION 31

Flavored Tobacco Products Ban

The single referendum among the seven ballot initiatives, Prop 31, allows California voters to weigh in on a 2020 law prohibiting the sale of certain flavored tobacco products. Voting yes on the referendum would approve it for passage into law and outlaw the sale of flavored tobacco products and tobacco product flavor enhancers in stores and vending machines. A no vote on the referendum would effectively end the 2020 ban and allow in-person stores and vending machines to continue selling prior mentioned flavored tobacco products. 🐦



BY GIDEON FOGT | ILLUSTRATION BY FADI VICTOR

With elections looming large, many Californians, Grossmont students included, are gearing up to cast their ballots in another crucial midterm cycle. One local race students will want to keep their eye on is the one for the Area 1 and 2 Trustee seats on the Grossmont-Cuyamaca Community College District Board of Trustees.

Voters will have an option between two individuals for each seat where the winner will serve a two-year term with a maximum limit of four years, including re-election.

Area 1 features a race between businesswoman Dawn Ivy and public school teacher Desiree Klaar. In contrast, Area 2 showcases a choice between public health administrator Megan Dunn and the only incumbent of the candidates, Debbie Justeson.

While not as flashy of a title as "State Superintendent," a trustee member still carries much significance and crucial responsibility in the academic lives of the constituents they serve.

Governing Board members are primarily responsible for maintaining and advocating for the district through its policy-making and oversight of fiscal health. They are also in charge of appointing and delegating power to a chancellor who will help lead and protect the district and the elected trustees.

According to the board's adopted duties and responsibilities as defined in the Education Code, some of the other roles they play include:

Establish policies that define the institutional mission and set prudent, ethical and legal standards

for college operations.

Assure the board operates in an open, accessible, welcoming spirit and maintains an anti-racist culture.

Establish policies that ensure the district operates in an anti-racist manner.

Monitor institutional performance and educational quality.

With the board's defined powers oriented towards direct administration of the District, their actions inevitably affect students and other members of the campus population through their leadership and the performance of their duties. Voting in trustee races allows for weighing in on how the two community colleges should be led and whether or not the current leadership is performing to the highest degree.

Considering the Governing Board's direct effect on their college experience, students should keep this local election at the top of their minds when they place their votes this November.

For students interested in voting, early ballot drop-off for the election begins on Oct. 10, and voter registration closes on Oct. 24. Same-day registration is also available at the San Diego Registrar of Voters for individuals who missed the deadline and still wish to cast a ballot. Election day is Nov. 8, with polls open from 7 a.m. to 8 p.m.

Student voters who wish to find ballot box locations or learn more about their local and statewide elections can find the information on the San Diego Registrar of Voters website at sdvote.com or by contacting their local election authorities. 🐦

CAN'T BE TOUCHED, CAN'T BE STOPPED

Grossmont women's volleyball team is on fire
and has no intention other than being the best in the state.

What a month it has been for the Grossmont Women's Volleyball squad, as they have been on a mission to solidify themselves as the best team in the Pacific Coast Athletic Conference.

At press time, the team was currently on a seven-game winning streak and lead the conference. After taking down No.4 in the state, San Diego Mesa, on Sept. 30 in a 3-0 clean sweep, the Griffins find themselves in a perfect position to climb the rankings.

This team is loaded with talent across the board, and it is clear Head Coach Brooke Callahan is doing an excellent job of cultivating this talent from the athletes on this team. There's so much talent on this team, like Brooke Miller, Lauren Dumo and Chelsea Trendler, who are all top performers in the state. But one woman in particular grabs your attention when watching this team, and that is Outside Hitter Madison Bogle. She has dominated her opponents and is coming off a PCAC Female Athlete of the Week award for her performance in early September, where she racked up 37 kills and 35 digs. Bogle is currently ranked No. 14 in the state for kills per set and No. 18 in total kills.

"Oh my god it is so much fun watching them play," Grossmont Griffin Destiny Elias said. "I just walked in to see what was going on and was completely drawn in watching them play. (Bogle) is really fun to watch, and the energy she brings out there really shows. I do not know anything about volleyball, but it is really cool to watch her jump up and smash the crap out of the ball into the other team's face."

After watching this squad take down their opponents and work as a team at such a high level, It is truly a testament to the coaching and determination that has brought them such success up to this point. Grossmont has put together an incredible season with a 9-3 overall record and is currently undefeated in the conference.

It feels like this squad is cooking up something special and has a solid chance to add the first state championship for women's indoor volleyball. The Griffins have nearly two more months of games left to play, all of which are conference matchups. They have a real shot at finishing their conference play undefeated from the performances they have put on so far. 🦅



OCTOBER SCHEDULE

OCT. 5 at **SAN DIEGO CITY** [FINAL W 3-0]
OCT. 7 at **IMPERIAL VALLEY** [FINAL W 3-0]
OCT. 12 at **CUYAMACA**
OCT. 14 vs. **SAN DIEGO MIRAMAR**
OCT. 19 at **PALOMAR**
OCT. 21 at **MIRA COSTA**
OCT. 28 vs. **SOUTHWESTERN**



STORY, PHOTOS AND LAYOUT
BY JOSEPH SALCIDO



October marks Breast Cancer Awareness Month.

With October being Breast Cancer Awareness Month, it's essential to do routine checkups and take precautions to lower the risk of breast cancer. The American Cancer Society gives some helpful tips to prevent breast cancer as well:

- Get to and stay at a healthy weight.
- Be physically active.
- Avoid or limit alcohol.
- Closely observe to look for early signs.
- Self-test for breast cancer.
- Test for genetic breast cancer risk.

Doctors also recommend breast cancer screenings with yearly mammograms, as well as possibly even doing breast MRIs.

—LIAM KLINGENSMITH



Health & Nursing Students – looking for some practical study space?

Visit the Herrick Community Health Care Library

We have more than 20 anatomical models to assist in your hands-on learning!

We are a public library featuring:

- Access to Gale Health Reference Center Academic
- Access to Gale Health and Wellness Resource Center
- Access to TRC Natural Medicines Database
- Private study rooms

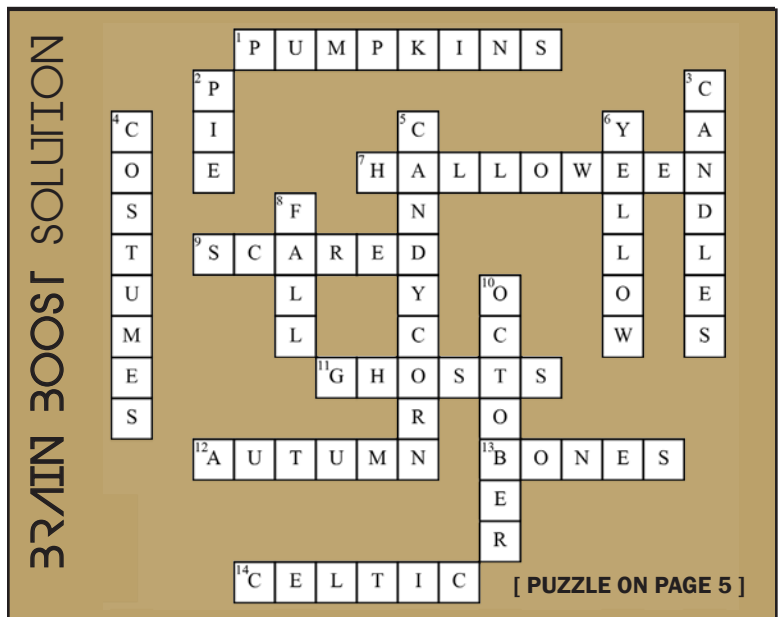
9001 Wakarusa St.
La Mesa, CA 91942
619-825-5010

info@herricklibrary.org
www.herricklibrary.org



Library Hours:

9:00 a.m. - 5:30 p.m. Mon, Wed, Fri
9:00 a.m. - 8:00 p.m. Tues, Thurs
9:00 a.m. - 1:00 p.m. Saturday
Closed Sunday



988 SUICIDE & CRISIS
LIFELINE

24/7 CALL, TEXT, CHAT

If you or someone you know is struggling with mental health or in deep crisis, do not hesitate: **Help is available.** Call or text 988 to be connected to the Suicide & Crisis Lifeline today. You can also go to 988lifeline.org to learn more.

Further help is also available on campus at the Health and Wellness Center, where you can schedule an appointment in-person or virtually with one of Grossmont's dedicated therapists.

BY GIDEON FOGT

REEL TALK

HALLOWEEN MOVIES

Get in the spooky spirit with one of these new releases.



WEREWOLF BY NIGHT

| Review by Liam Klingensmith

While Marvel has been missing the mark on content lately, their newest short film is the best thing they've put out since *Endgame*. *Werewolf by Night* is a black and white ode to the classic horror genre, while still having an action packed story for the current age. The story follows multiple monster hunters who get thrown in to a competition for a new mysterious power. This project is the first time that the Marvel Cinematic Universe shows pretty graphic violence in a project that isn't rated R. Luckily, the risk paid off because it's a very refreshing approach to the universe most superhero fans know. Michael Giacchino, director and music composer, proves he has enough knowledge of film to make something amazing, and hopefully Marvel will keep him around. Overall, this is a fantastic short film for Halloween and will surely usher in a new and darker era for Marvel Studios.



HOCUS POCUS 2

| Review by Joseph Salcido

This movie is about sisterhood, wrapped up in a Halloween night adventure with some familiar characters. The original was better, but let's not pretend that it was a masterpiece work of art. The sequel packs a good amount of nostalgia and is exactly what you'd expect. If you're a nostalgic person and you like a couple head nods to the original movie, you'll appreciate it.



SMILE

| Review by Joseph Salcido

What a great movie! It has been a while since I have walked out of the theater satisfied by a horror flick. There were plenty of jump scares and the flow of the plot moved along nicely. If you're familiar with the movie "It Follows" then you will be very familiar with this kind of horror. I really think the premise of this movie came across very well and unlike most horror movies I've had to watch, this did not leave me hanging with a sudden ending. Be aware that this movie will more than likely leave you with some nightmares for at least a week or two.

